



STAGE DE PRÉPARATION COLLECTIF CAP 2016

DU LUNDI 6 AU VENDREDI 10 FÉVRIER 2012
RABAT (COMPLEXE DE L'ASFAR)

OBJECTIFS DU STAGE :

- ✓ DYNAMIQUE DE GROUPE
- ✓ AUGMENTATION DE LA CHARGE D'ENTRAÎNEMENT
- ✓ PRENDRE LE TEMPS DE PRATIQUER DES ACTIVITÉS ANNEXES NÉCESSAIRES À LA PERFORMANCE : PRÉPARATION PHYSIQUE ET AUTRES ACTIVITÉS
- ✓ CHANGER D'ENVIRONNEMENT
- ✓ EVALUATION MÉDICALE ET MORPHO STATIQUE

LE PROGRAMME PRÉVISIONNEL

	Lundi 6 février	Mardi 7 février	Mercredi 8 février	Jeudi 9 février	Vendredi 10 février
7h					
8h		PDJ 8H30	PDJ 8H30	PDJ 8H30	PDJ 8H30
9h		Préparation Physique	Préparation Physique	Préparation Physique	Préparation Physique
10h		Natation 10h30/12h30	Natation 10h30/12h30	Natation 10h30/12h30	Natation 10h30/12h30
11h					
12h		Repas 13h	Repas 13h	Repas 13h	Repas 13h
13h					
14h	Arrivée et Installation				Préparation Physique
15h	Préparation Physique	Préparation Physique	Activité extra-sportive	Préparation Physique	Natation 15h/17h
16h					
17h	Natation 16h/18h30	Natation 16h/18h30		Natation 16h/18h30	Départ
18h			Préparation Physique		
19h	Etirements	Etirements	Natation	Etirements	
20h	Repas 20h	Repas 20h	Repas 20h	Repas 20h	
21h					

Préparation Physique : activité physique / échauffement à sec / réveil musculaire le matin

FRMN - PERFORMANCE

UNE ÉVALUATION MÉDICALE (TESTS D'EFFORT ET EVALUATION MORPHO-STATIQUE) AURA LIEU AU COURS DU STAGE POUR CHAQUE NAGEUR.

UNE PRÉSENTATION DES CRITÈRES DE SÉLECTION POUR LES COMPÉTITIONS INTERNATIONALES 2012 SERA ÉGALEMENT PROPOSÉE.

NAGEURS SÉLECTIONNÉ(E)S

NAGEUSES ET NAGEURS S'ENTRAÎNANT AU MAROC TOUTE L'ANNÉE

✓ **LES NAGEUSES ET NAGEURS APPARTENANT AU PROGRAMME HAUT NIVEAU**

✓ **LES NAGEUSES OU NAGEURS AYANT RÉALISÉ UNE PERFORMANCE EN BASSIN DE 25M DEPUIS LE DÉBUT DE LA SAISON 2011/2012 CORRESPONDANT À 400 POINTS SUR LA TABLE DE COTATION FINA 2011 POUR LES NAGEURS NÉ(E)S EN 1998. LA COTATION AUGMENTE DE 25 POINTS PAR ANNÉE D'ÂGE.**

EXEMPLE : NAGEURS NÉ(E)S EN 1997 = 425 POINTS, NAGEURS NÉ(E)S EN 1996 = 450 POINTS, NAGEURS NÉ(E)S EN 1995 = 475 POINTS.....(GRILLE DE COTATION JOINTE EN ANNEXE)

✓ **LES NAGEUSES OU NAGEURS NÉ(E)S EN 1999 ET AYANT DÉJÀ RÉALISÉ UNE COTATION DE 400 POINTS**

LISTE NOMINATIVE JOINTE EN ANNEXE

✓ **TOUTEFOIS, LES NAGEURS QUI RÉALISERONT LES CRITÈRES DE SÉLECTION CI-DESSUS LORS DU CHAMPIONNAT DU MAROC 2012 EN BASSIN DE 25 M SERONT ÉGALEMENT CONVIÉS À CE STAGE.**

ENCADREMENT

ENTRAÎNEMENT EN NATATION

ABDELLATIF AKIL

ABDERRAHMANE BEKKAOUI

NOUREDDINE HAOUATI

MOHAMED RACHIDI

PRÉPARATION PHYSIQUE

VALÉRIE TORRENTE, KINÉSITHÉRAPEUTE (EQUIPE DE FRANCE DE NATATION ET COMITÉ NATIONAL OLYMPIQUE ET SPORTIF FRANÇAIS)

LES ENTRAÎNEURS DE CLUB DES NAGEURS SÉLECTIONNÉ(E)S SERONT CONVIÉS À PARTICIPER AU STAGE À COMPTER DU MERCREDI 8 FÉVRIER. (UN ENTRAÎNEUR PAR CLUB)

CONTACT

DIRECTRICE TECHNIQUE NATIONALE :

SÉVERINE ROSSET

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Filles

	NOM PRENOM	ANNEE	CLUB
1	ANIK Myriam	97	ADM
2	BENBATI Fatima Zahra	97	ADM
3	EL BANAR Marwa	95	ADM
4	RIDOUANE Hasnaa	98	CCC
5	BOULAAMANE Imane	89	CNJ
6	BADA Meryem	94	CODM
7	EL MAHMEDI KENZA	99	CODM
8	LAISSAOUI Kenza	97	CODM
9	ABZI Yousra	96	MAS
10	BAJAJI Ghita	97	R.C.A.NATATION
11	LOUARDI Maha	97	R.C.A.NATATION
12	MOUFAKKIR Fatima Ezzahra	97	R.C.A.NATATION
13	ZOUHAIRI Siham	95	R.C.A.NATATION
14	CHAKRI Rim	97	TSC
15	RAJI Boutaina	93	TSC
16	ASSOUAB Ghita	95	USCM
17	BELAFIA Sofia	96	USCM
18	EL ABDI Rania	94	USCM
19	EL KHIATI Azzahrae	98	USCM
20	EL MASSNAOUI Yasmine	97	USCM
21	MAHFOUD Lina	95	USCM
22	OUAZANI CHAHDI Sanae	97	USCM
23	SALEK Houda	97	USCM
24	SALEK Fadwa	97	USCM
25	EL FATMI Salma	97	USF
26	FIRAS Yousra	96	WAC
27	MOUFID Omaima	95	WAC

Garçons

	NOM PRENOM	ANNEE	CLUB
1	LAHRICHI Driss	97	ADM
2	ARIGUI Salaheddine	94	ASFAR
3	BENNANI Saad	96	CNJ
4	BOULAAMANE Khalil	95	CNJ
5	AZIZ ALAOUI Ali	94	CODM
6	BATAHI Nouaâmane	94	CODM
7	HAMOUCHEANE Souhail	97	CODM
8	SABER Said	95	CODM
9	WICHOU Omar	95	R.C.A.NATATION
10	RCHID Youness	93	TSC
11	CHABADI El Mehdi	97	USCM
12	KOUAME Amine	86	USF
13	RIHANI Amine	97	USF

Toutefois, les nageurs qui réaliseront les critères de sélection ci-dessus lors du Championnat du Maroc 2012 en bassin de 25 m seront également conviés à ce stage.

Cotation

Année	Points
1998	400
1997	425
1996	450
1995	475
1994	500
1993	525
1992	550
1991	575
1990	600
1989	625
1988	650
1987	675
1986	700
1985	725
1984	750
1983	775
1982	800
....

Les temps correspondant apparaissent dans la grille jointe ci-après

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
800	25.04	54.94	1:59.75	4:13.05	8:41.94	16:40.35	27.68	59.49	2:09.45	31.02	1:07.54	2:24.96	26.26	59.30	2:10.10	1:02.19	2:14.22	4:41.19	800
799	25.05	54.97	1:59.80	4:13.16	8:42.16	16:40.77	27.69	59.51	2:09.51	31.03	1:07.56	2:25.02	26.27	59.32	2:10.16	1:02.22	2:14.27	4:41.31	799
798	25.06	54.99	1:59.85	4:13.27	8:42.37	16:41.19	27.70	59.54	2:09.56	31.04	1:07.59	2:25.08	26.28	59.35	2:10.21	1:02.25	2:14.33	4:41.43	798
797	25.07	55.01	1:59.90	4:13.37	8:42.59	16:41.61	27.71	59.56	2:09.62	31.06	1:07.62	2:25.14	26.29	59.37	2:10.26	1:02.27	2:14.38	4:41.54	797
796	25.08	55.04	1:59.95	4:13.48	8:42.81	16:42.03	27.73	59.59	2:09.67	31.07	1:07.65	2:25.20	26.30	59.39	2:10.32	1:02.30	2:14.44	4:41.66	796
795	25.09	55.06	2:00.00	4:13.58	8:43.03	16:42.45	27.74	59.61	2:09.73	31.08	1:07.68	2:25.26	26.31	59.42	2:10.37	1:02.32	2:14.50	4:41.78	795
794	25.10	55.08	2:00.05	4:13.69	8:43.25	16:42.87	27.75	59.64	2:09.78	31.10	1:07.71	2:25.32	26.32	59.44	2:10.43	1:02.35	2:14.55	4:41.90	794
793	25.11	55.11	2:00.10	4:13.80	8:43.47	16:43.29	27.76	59.66	2:09.83	31.11	1:07.73	2:25.38	26.33	59.47	2:10.48	1:02.38	2:14.61	4:42.02	793
792	25.12	55.13	2:00.15	4:13.90	8:43.69	16:43.71	27.77	59.69	2:09.89	31.12	1:07.76	2:25.44	26.35	59.49	2:10.54	1:02.40	2:14.67	4:42.14	792
791	25.13	55.15	2:00.20	4:14.01	8:43.91	16:44.13	27.78	59.71	2:09.94	31.14	1:07.79	2:25.50	26.36	59.52	2:10.59	1:02.43	2:14.72	4:42.25	791
790	25.15	55.17	2:00.25	4:14.12	8:44.13	16:44.56	27.80	59.74	2:10.00	31.15	1:07.82	2:25.57	26.37	59.54	2:10.65	1:02.45	2:14.78	4:42.37	790
789	25.16	55.20	2:00.30	4:14.23	8:44.35	16:44.98	27.81	59.76	2:10.05	31.16	1:07.85	2:25.63	26.38	59.57	2:10.70	1:02.48	2:14.84	4:42.49	789
788	25.17	55.22	2:00.35	4:14.33	8:44.58	16:45.41	27.82	59.79	2:10.11	31.18	1:07.88	2:25.69	26.39	59.60	2:10.76	1:02.51	2:14.89	4:42.61	788
787	25.18	55.24	2:00.41	4:14.44	8:44.80	16:45.83	27.83	59.82	2:10.16	31.19	1:07.91	2:25.75	26.40	59.62	2:10.81	1:02.53	2:14.95	4:42.73	787
786	25.19	55.27	2:00.46	4:14.55	8:45.02	16:46.26	27.84	59.84	2:10.22	31.20	1:07.94	2:25.81	26.41	59.65	2:10.87	1:02.56	2:15.01	4:42.85	786
785	25.20	55.29	2:00.51	4:14.66	8:45.24	16:46.68	27.85	59.87	2:10.27	31.22	1:07.96	2:25.87	26.42	59.67	2:10.92	1:02.59	2:15.07	4:42.97	785
784	25.21	55.32	2:00.56	4:14.76	8:45.47	16:47.11	27.87	59.89	2:10.33	31.23	1:07.99	2:25.94	26.44	59.70	2:10.98	1:02.61	2:15.12	4:43.09	784
783	25.22	55.34	2:00.61	4:14.87	8:45.69	16:47.54	27.88	59.92	2:10.39	31.24	1:08.02	2:26.00	26.45	59.72	2:11.04	1:02.64	2:15.18	4:43.21	783
782	25.23	55.36	2:00.66	4:14.98	8:45.91	16:47.97	27.89	59.94	2:10.44	31.26	1:08.05	2:26.06	26.46	59.75	2:11.09	1:02.67	2:15.24	4:43.33	782
781	25.24	55.39	2:00.71	4:15.09	8:46.14	16:48.40	27.90	59.97	2:10.50	31.27	1:08.08	2:26.12	26.47	59.77	2:11.15	1:02.69	2:15.30	4:43.45	781
780	25.25	55.41	2:00.76	4:15.20	8:46.36	16:48.83	27.91	59.99	2:10.55	31.28	1:08.11	2:26.18	26.48	59.80	2:11.20	1:02.72	2:15.35	4:43.57	780
779	25.26	55.43	2:00.82	4:15.31	8:46.59	16:49.26	27.93	1:00.02	2:10.61	31.30	1:08.14	2:26.25	26.49	59.82	2:11.26	1:02.75	2:15.41	4:43.70	779
778	25.27	55.46	2:00.87	4:15.42	8:46.81	16:49.69	27.94	1:00.05	2:10.66	31.31	1:08.17	2:26.31	26.50	59.85	2:11.32	1:02.77	2:15.47	4:43.82	778
777	25.29	55.48	2:00.92	4:15.53	8:47.04	16:50.13	27.95	1:00.07	2:10.72	31.32	1:08.20	2:26.37	26.51	59.88	2:11.37	1:02.80	2:15.53	4:43.94	777
776	25.30	55.50	2:00.97	4:15.64	8:47.27	16:50.56	27.96	1:00.10	2:10.78	31.34	1:08.23	2:26.44	26.53	59.90	2:11.43	1:02.83	2:15.59	4:44.06	776
775	25.31	55.53	2:01.02	4:15.75	8:47.49	16:51.00	27.97	1:00.12	2:10.83	31.35	1:08.26	2:26.50	26.54	59.93	2:11.49	1:02.86	2:15.64	4:44.18	775
774	25.32	55.55	2:01.08	4:15.86	8:47.72	16:51.43	27.99	1:00.15	2:10.89	31.36	1:08.28	2:26.56	26.55	59.95	2:11.54	1:02.88	2:15.70	4:44.31	774
773	25.33	55.58	2:01.13	4:15.97	8:47.95	16:51.87	28.00	1:00.17	2:10.95	31.38	1:08.31	2:26.62	26.56	59.98	2:11.60	1:02.91	2:15.76	4:44.43	773
772	25.34	55.60	2:01.18	4:16.08	8:48.17	16:52.30	28.01	1:00.20	2:11.00	31.39	1:08.34	2:26.69	26.57	1:00.00	2:11.66	1:02.94	2:15.82	4:44.55	772
771	25.35	55.62	2:01.23	4:16.19	8:48.40	16:52.74	28.02	1:00.23	2:11.06	31.40	1:08.37	2:26.75	26.58	1:00.03	2:11.71	1:02.96	2:15.88	4:44.67	771
770	25.36	55.65	2:01.28	4:16.30	8:48.63	16:53.18	28.03	1:00.25	2:11.11	31.42	1:08.40	2:26.81	26.59	1:00.06	2:11.77	1:02.99	2:15.94	4:44.80	770
769	25.37	55.67	2:01.34	4:16.41	8:48.86	16:53.62	28.05	1:00.28	2:11.17	31.43	1:08.43	2:26.88	26.61	1:00.08	2:11.83	1:03.02	2:16.00	4:44.92	769
768	25.38	55.70	2:01.39	4:16.52	8:49.09	16:54.06	28.06	1:00.30	2:11.23	31.44	1:08.46	2:26.94	26.62	1:00.11	2:11.88	1:03.05	2:16.06	4:45.04	768
767	25.39	55.72	2:01.44	4:16.63	8:49.32	16:54.50	28.07	1:00.33	2:11.29	31.46	1:08.49	2:27.01	26.63	1:00.13	2:11.94	1:03.07	2:16.11	4:45.17	767
766	25.41	55.75	2:01.50	4:16.74	8:49.55	16:54.94	28.08	1:00.36	2:11.34	31.47	1:08.52	2:27.07	26.64	1:00.16	2:12.00	1:03.10	2:16.17	4:45.29	766
765	25.42	55.77	2:01.55	4:16.86	8:49.78	16:55.38	28.10	1:00.38	2:11.40	31.48	1:08.55	2:27.13	26.65	1:00.19	2:12.06	1:03.13	2:16.23	4:45.42	765
764	25.43	55.79	2:01.60	4:16.97	8:50.01	16:55.82	28.11	1:00.41	2:11.46	31.50	1:08.58	2:27.20	26.66	1:00.21	2:12.11	1:03.16	2:16.29	4:45.54	764
763	25.44	55.82	2:01.65	4:17.08	8:50.24	16:56.27	28.12	1:00.44	2:11.51	31.51	1:08.61	2:27.26	26.68	1:00.24	2:12.17	1:03.18	2:16.35	4:45.67	763
762	25.45	55.84	2:01.71	4:17.19	8:50.47	16:56.71	28.13	1:00.46	2:11.57	31.53	1:08.64	2:27.33	26.69	1:00.27	2:12.23	1:03.21	2:16.41	4:45.79	762
761	25.46	55.87	2:01.76	4:17.31	8:50.71	16:57.16	28.14	1:00.49	2:11.63	31.54	1:08.67	2:27.39	26.70	1:00.29	2:12.29	1:03.24	2:16.47	4:45.92	761
760	25.47	55.89	2:01.81	4:17.42	8:50.94	16:57.60	28.16	1:00.52	2:11.69	31.55	1:08.70	2:27.46	26.71	1:00.32	2:12.34	1:03.27	2:16.53	4:46.04	760
759	25.48	55.92	2:01.87	4:17.53	8:51.17	16:58.05	28.17	1:00.54	2:11.75	31.57	1:08.73	2:27.52	26.72	1:00.34	2:12.40	1:03.29	2:16.59	4:46.17	759
758	25.49	55.94	2:01.92	4:17.65	8:51.41	16:58.50	28.18	1:00.57	2:11.80	31.58	1:08.76	2:27.59	26.73	1:00.37	2:12.46	1:03.32	2:16.65	4:46.29	758
757	25.51	55.97	2:01.98	4:17.76	8:51.64	16:58.95	28.19	1:00.60	2:11.86	31.60	1:08.79	2:27.65	26.75	1:00.40	2:12.52	1:03.35	2:16.71	4:46.42	757
756	25.52	55.99	2:02.03	4:17.87	8:51.87	16:59.40	28.21	1:00.62	2:11.92	31.61	1:08.82	2:27.72	26.76	1:00.42	2:12.58	1:03.38	2:16.77	4:46.54	756
755	25.53	56.01	2:02.08	4:17.99	8:52.11	16:59.85	28.22	1:00.65	2:11.98	31.62	1:08.85	2:27.78	26.77	1:00.45	2:12.64	1:03.41	2:16.83	4:46.67	755

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
754	25.54	56.04	2:02.14	4:18.10	8:52.34	17:00.30	28.23	1:00.68	2:12.04	31.64	1:08.88	2:27.85	26.78	1:00.48	2:12.70	1:03.43	2:16.89	4:46.80	754
753	25.55	56.06	2:02.19	4:18.21	8:52.58	17:00.75	28.24	1:00.70	2:12.09	31.65	1:08.91	2:27.91	26.79	1:00.50	2:12.75	1:03.46	2:16.95	4:46.92	753
752	25.56	56.09	2:02.24	4:18.33	8:52.82	17:01.20	28.26	1:00.73	2:12.15	31.67	1:08.94	2:27.98	26.80	1:00.53	2:12.81	1:03.49	2:17.01	4:47.05	752
751	25.57	56.11	2:02.30	4:18.44	8:53.05	17:01.65	28.27	1:00.76	2:12.21	31.68	1:08.97	2:28.04	26.82	1:00.56	2:12.87	1:03.52	2:17.07	4:47.18	751
750	25.58	56.14	2:02.35	4:18.56	8:53.29	17:02.11	28.28	1:00.78	2:12.27	31.69	1:09.01	2:28.11	26.83	1:00.59	2:12.93	1:03.55	2:17.14	4:47.31	750
749	25.60	56.16	2:02.41	4:18.67	8:53.53	17:02.56	28.29	1:00.81	2:12.33	31.71	1:09.04	2:28.17	26.84	1:00.61	2:12.99	1:03.57	2:17.20	4:47.43	749
748	25.61	56.19	2:02.46	4:18.79	8:53.76	17:03.02	28.31	1:00.84	2:12.39	31.72	1:09.07	2:28.24	26.85	1:00.64	2:13.05	1:03.60	2:17.26	4:47.56	748
747	25.62	56.21	2:02.52	4:18.90	8:54.00	17:03.47	28.32	1:00.86	2:12.45	31.74	1:09.10	2:28.31	26.86	1:00.67	2:13.11	1:03.63	2:17.32	4:47.69	747
746	25.63	56.24	2:02.57	4:19.02	8:54.24	17:03.93	28.33	1:00.89	2:12.51	31.75	1:09.13	2:28.37	26.88	1:00.69	2:13.17	1:03.66	2:17.38	4:47.82	746
745	25.64	56.26	2:02.63	4:19.14	8:54.48	17:04.39	28.34	1:00.92	2:12.57	31.76	1:09.16	2:28.44	26.89	1:00.72	2:13.23	1:03.69	2:17.44	4:47.95	745
744	25.65	56.29	2:02.68	4:19.25	8:54.72	17:04.85	28.36	1:00.95	2:12.62	31.78	1:09.19	2:28.51	26.90	1:00.75	2:13.29	1:03.72	2:17.50	4:48.08	744
743	25.67	56.31	2:02.74	4:19.37	8:54.96	17:05.31	28.37	1:00.97	2:12.68	31.79	1:09.22	2:28.57	26.91	1:00.78	2:13.35	1:03.75	2:17.56	4:48.21	743
742	25.68	56.34	2:02.79	4:19.48	8:55.20	17:05.77	28.38	1:01.00	2:12.74	31.81	1:09.25	2:28.64	26.92	1:00.80	2:13.41	1:03.77	2:17.63	4:48.34	742
741	25.69	56.37	2:02.85	4:19.60	8:55.44	17:06.23	28.40	1:01.03	2:12.80	31.82	1:09.28	2:28.71	26.94	1:00.83	2:13.47	1:03.80	2:17.69	4:48.47	741
740	25.70	56.39	2:02.90	4:19.72	8:55.68	17:06.69	28.41	1:01.06	2:12.86	31.84	1:09.31	2:28.77	26.95	1:00.86	2:13.53	1:03.83	2:17.75	4:48.60	740
739	25.71	56.42	2:02.96	4:19.83	8:55.92	17:07.15	28.42	1:01.08	2:12.92	31.85	1:09.35	2:28.84	26.96	1:00.88	2:13.59	1:03.86	2:17.81	4:48.73	739
738	25.72	56.44	2:03.01	4:19.95	8:56.16	17:07.62	28.43	1:01.11	2:12.98	31.86	1:09.38	2:28.91	26.97	1:00.91	2:13.65	1:03.89	2:17.87	4:48.86	738
737	25.73	56.47	2:03.07	4:20.07	8:56.41	17:08.08	28.45	1:01.14	2:13.04	31.88	1:09.41	2:28.97	26.99	1:00.94	2:13.71	1:03.92	2:17.94	4:48.99	737
736	25.75	56.49	2:03.12	4:20.19	8:56.65	17:08.55	28.46	1:01.17	2:13.10	31.89	1:09.44	2:29.04	27.00	1:00.97	2:13.77	1:03.95	2:18.00	4:49.12	736
735	25.76	56.52	2:03.18	4:20.31	8:56.89	17:09.01	28.47	1:01.19	2:13.16	31.91	1:09.47	2:29.11	27.01	1:00.99	2:13.83	1:03.98	2:18.06	4:49.25	735
734	25.77	56.54	2:03.24	4:20.42	8:57.14	17:09.48	28.49	1:01.22	2:13.22	31.92	1:09.50	2:29.18	27.02	1:01.02	2:13.89	1:04.00	2:18.12	4:49.38	734
733	25.78	56.57	2:03.29	4:20.54	8:57.38	17:09.95	28.50	1:01.25	2:13.28	31.94	1:09.53	2:29.24	27.03	1:01.05	2:13.95	1:04.03	2:18.19	4:49.51	733
732	25.79	56.60	2:03.35	4:20.66	8:57.63	17:10.42	28.51	1:01.28	2:13.35	31.95	1:09.57	2:29.31	27.05	1:01.08	2:14.01	1:04.06	2:18.25	4:49.64	732
731	25.80	56.62	2:03.40	4:20.78	8:57.87	17:10.89	28.52	1:01.31	2:13.41	31.97	1:09.60	2:29.38	27.06	1:01.11	2:14.07	1:04.09	2:18.31	4:49.77	731
730	25.82	56.65	2:03.46	4:20.90	8:58.12	17:11.36	28.54	1:01.33	2:13.47	31.98	1:09.63	2:29.45	27.07	1:01.13	2:14.13	1:04.12	2:18.38	4:49.91	730
729	25.83	56.67	2:03.52	4:21.02	8:58.36	17:11.83	28.55	1:01.36	2:13.53	31.99	1:09.66	2:29.52	27.08	1:01.16	2:14.19	1:04.15	2:18.44	4:50.04	729
728	25.84	56.70	2:03.57	4:21.14	8:58.61	17:12.30	28.56	1:01.39	2:13.59	32.01	1:09.69	2:29.59	27.10	1:01.19	2:14.26	1:04.18	2:18.50	4:50.17	728
727	25.85	56.72	2:03.63	4:21.26	8:58.85	17:12.77	28.58	1:01.42	2:13.65	32.02	1:09.73	2:29.65	27.11	1:01.22	2:14.32	1:04.21	2:18.57	4:50.31	727
726	25.86	56.75	2:03.69	4:21.38	8:59.10	17:13.25	28.59	1:01.45	2:13.71	32.04	1:09.76	2:29.72	27.12	1:01.25	2:14.38	1:04.24	2:18.63	4:50.44	726
725	25.88	56.78	2:03.74	4:21.50	8:59.35	17:13.72	28.60	1:01.47	2:13.77	32.05	1:09.79	2:29.79	27.13	1:01.27	2:14.44	1:04.27	2:18.69	4:50.57	725
724	25.89	56.80	2:03.80	4:21.62	8:59.60	17:14.20	28.62	1:01.50	2:13.84	32.07	1:09.82	2:29.86	27.15	1:01.30	2:14.50	1:04.30	2:18.76	4:50.71	724
723	25.90	56.83	2:03.86	4:21.74	8:59.85	17:14.67	28.63	1:01.53	2:13.90	32.08	1:09.85	2:29.93	27.16	1:01.33	2:14.57	1:04.33	2:18.82	4:50.84	723
722	25.91	56.86	2:03.92	4:21.86	9:00.10	17:15.15	28.64	1:01.56	2:13.96	32.10	1:09.89	2:30.00	27.17	1:01.36	2:14.63	1:04.36	2:18.89	4:50.97	722
721	25.92	56.88	2:03.97	4:21.98	9:00.35	17:15.63	28.66	1:01.59	2:14.02	32.11	1:09.92	2:30.07	27.18	1:01.39	2:14.69	1:04.39	2:18.95	4:51.11	721
720	25.94	56.91	2:04.03	4:22.10	9:00.60	17:16.11	28.67	1:01.62	2:14.08	32.13	1:09.95	2:30.14	27.20	1:01.42	2:14.75	1:04.42	2:19.01	4:51.24	720
719	25.95	56.93	2:04.09	4:22.22	9:00.85	17:16.59	28.68	1:01.64	2:14.14	32.14	1:09.98	2:30.21	27.21	1:01.44	2:14.81	1:04.45	2:19.08	4:51.38	719
718	25.96	56.96	2:04.14	4:22.34	9:01.10	17:17.07	28.70	1:01.67	2:14.21	32.16	1:10.02	2:30.28	27.22	1:01.47	2:14.88	1:04.48	2:19.14	4:51.51	718
717	25.97	56.99	2:04.20	4:22.47	9:01.35	17:17.55	28.71	1:01.70	2:14.27	32.17	1:10.05	2:30.35	27.23	1:01.50	2:14.94	1:04.51	2:19.21	4:51.65	717
716	25.98	57.01	2:04.26	4:22.59	9:01.60	17:18.04	28.72	1:01.73	2:14.33	32.19	1:10.08	2:30.42	27.25	1:01.53	2:15.00	1:04.54	2:19.27	4:51.78	716
715	26.00	57.04	2:04.32	4:22.71	9:01.85	17:18.52	28.74	1:01.76	2:14.39	32.20	1:10.11	2:30.49	27.26	1:01.56	2:15.07	1:04.57	2:19.34	4:51.92	715
714	26.01	57.07	2:04.38	4:22.83	9:02.11	17:19.00	28.75	1:01.79	2:14.46	32.22	1:10.15	2:30.56	27.27	1:01.59	2:15.13	1:04.60	2:19.40	4:52.06	714
713	26.02	57.09	2:04.43	4:22.96	9:02.36	17:19.49	28.76	1:01.82	2:14.52	32.23	1:10.18	2:30.63	27.29	1:01.62	2:15.19	1:04.63	2:19.47	4:52.19	713
712	26.03	57.12	2:04.49	4:23.08	9:02.61	17:19.98	28.78	1:01.85	2:14.58	32.25	1:10.21	2:30.70	27.30	1:01.64	2:15.25	1:04.66	2:19.53	4:52.33	712
711	26.04	57.15	2:04.55	4:23.20	9:02.87	17:20.46	28.79	1:01.88	2:14.65	32.26	1:10.24	2:30.77	27.31	1:01.67	2:15.32	1:04.69	2:19.60	4:52.47	711
710	26.06	57.17	2:04.61	4:23.33	9:03.12	17:20.95	28.80	1:01.90	2:14.71	32.28	1:10.28	2:30.84	27.32	1:01.70	2:15.38	1:04.72	2:19.66	4:52.60	710
709	26.07	57.20	2:04.67	4:23.45	9:03.38	17:21.44	28.82	1:01.93	2:14.77	32.29	1:10.31	2:30.91	27.34	1:01.73	2:15.45	1:04.75	2:19.73	4:52.74	709

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
708	26.08	57.23	2:04.73	4:23.57	9:03.63	17:21.93	28.83	1:01.96	2:14.84	32.31	1:10.34	2:30.98	27.35	1:01.76	2:15.51	1:04.78	2:19.79	4:52.88	708
707	26.09	57.25	2:04.79	4:23.70	9:03.89	17:22.42	28.84	1:01.99	2:14.90	32.32	1:10.38	2:31.05	27.36	1:01.79	2:15.57	1:04.81	2:19.86	4:53.02	707
706	26.11	57.28	2:04.84	4:23.82	9:04.15	17:22.91	28.86	1:02.02	2:14.96	32.34	1:10.41	2:31.12	27.37	1:01.82	2:15.64	1:04.84	2:19.93	4:53.16	706
705	26.12	57.31	2:04.90	4:23.95	9:04.40	17:23.41	28.87	1:02.05	2:15.03	32.35	1:10.44	2:31.20	27.39	1:01.85	2:15.70	1:04.87	2:19.99	4:53.29	705
704	26.13	57.34	2:04.96	4:24.07	9:04.66	17:23.90	28.88	1:02.08	2:15.09	32.37	1:10.48	2:31.27	27.40	1:01.88	2:15.77	1:04.90	2:20.06	4:53.43	704
703	26.14	57.36	2:05.02	4:24.20	9:04.92	17:24.40	28.90	1:02.11	2:15.15	32.38	1:10.51	2:31.34	27.41	1:01.91	2:15.83	1:04.93	2:20.13	4:53.57	703
702	26.16	57.39	2:05.08	4:24.32	9:05.18	17:24.89	28.91	1:02.14	2:15.22	32.40	1:10.54	2:31.41	27.43	1:01.94	2:15.89	1:04.96	2:20.19	4:53.71	702
701	26.17	57.42	2:05.14	4:24.45	9:05.44	17:25.39	28.93	1:02.17	2:15.28	32.42	1:10.58	2:31.48	27.44	1:01.97	2:15.96	1:04.99	2:20.26	4:53.85	701
700	26.18	57.44	2:05.20	4:24.57	9:05.70	17:25.89	28.94	1:02.20	2:15.35	32.43	1:10.61	2:31.55	27.45	1:01.99	2:16.02	1:05.02	2:20.33	4:53.99	700
699	26.19	57.47	2:05.26	4:24.70	9:05.96	17:26.38	28.95	1:02.23	2:15.41	32.45	1:10.64	2:31.63	27.47	1:02.02	2:16.09	1:05.06	2:20.39	4:54.13	699
698	26.21	57.50	2:05.32	4:24.83	9:06.22	17:26.88	28.97	1:02.26	2:15.48	32.46	1:10.68	2:31.70	27.48	1:02.05	2:16.15	1:05.09	2:20.46	4:54.27	698
697	26.22	57.53	2:05.38	4:24.95	9:06.48	17:27.38	28.98	1:02.29	2:15.54	32.48	1:10.71	2:31.77	27.49	1:02.08	2:16.22	1:05.12	2:20.53	4:54.41	697
696	26.23	57.55	2:05.44	4:25.08	9:06.74	17:27.88	28.99	1:02.32	2:15.61	32.49	1:10.75	2:31.84	27.51	1:02.11	2:16.28	1:05.15	2:20.59	4:54.55	696
695	26.24	57.58	2:05.50	4:25.21	9:07.00	17:28.39	29.01	1:02.35	2:15.67	32.51	1:10.78	2:31.92	27.52	1:02.14	2:16.35	1:05.18	2:20.66	4:54.69	695
694	26.26	57.61	2:05.56	4:25.33	9:07.26	17:28.89	29.02	1:02.38	2:15.74	32.52	1:10.81	2:31.99	27.53	1:02.17	2:16.41	1:05.21	2:20.73	4:54.84	694
693	26.27	57.64	2:05.62	4:25.46	9:07.53	17:29.39	29.04	1:02.41	2:15.80	32.54	1:10.85	2:32.06	27.55	1:02.20	2:16.48	1:05.24	2:20.80	4:54.98	693
692	26.28	57.67	2:05.68	4:25.59	9:07.79	17:29.90	29.05	1:02.44	2:15.87	32.56	1:10.88	2:32.14	27.56	1:02.23	2:16.55	1:05.27	2:20.86	4:55.12	692
691	26.29	57.69	2:05.74	4:25.72	9:08.05	17:30.41	29.06	1:02.47	2:15.93	32.57	1:10.92	2:32.21	27.57	1:02.26	2:16.61	1:05.31	2:20.93	4:55.26	691
690	26.31	57.72	2:05.80	4:25.85	9:08.32	17:30.91	29.08	1:02.50	2:16.00	32.59	1:10.95	2:32.28	27.58	1:02.29	2:16.68	1:05.34	2:21.00	4:55.40	690
689	26.32	57.75	2:05.86	4:25.97	9:08.58	17:31.42	29.09	1:02.53	2:16.06	32.60	1:10.98	2:32.36	27.60	1:02.32	2:16.74	1:05.37	2:21.07	4:55.55	689
688	26.33	57.78	2:05.92	4:26.10	9:08.85	17:31.93	29.11	1:02.56	2:16.13	32.62	1:11.02	2:32.43	27.61	1:02.35	2:16.81	1:05.40	2:21.14	4:55.69	688
687	26.34	57.81	2:05.98	4:26.23	9:09.12	17:32.44	29.12	1:02.59	2:16.20	32.63	1:11.05	2:32.50	27.63	1:02.38	2:16.88	1:05.43	2:21.21	4:55.83	687
686	26.36	57.83	2:06.05	4:26.36	9:09.38	17:32.95	29.14	1:02.62	2:16.26	32.65	1:11.09	2:32.58	27.64	1:02.41	2:16.94	1:05.46	2:21.27	4:55.98	686
685	26.37	57.86	2:06.11	4:26.49	9:09.65	17:33.46	29.15	1:02.65	2:16.33	32.67	1:11.12	2:32.65	27.65	1:02.44	2:17.01	1:05.50	2:21.34	4:56.12	685
684	26.38	57.89	2:06.17	4:26.62	9:09.92	17:33.98	29.16	1:02.68	2:16.39	32.68	1:11.16	2:32.73	27.67	1:02.47	2:17.08	1:05.53	2:21.41	4:56.27	684
683	26.40	57.92	2:06.23	4:26.75	9:10.19	17:34.49	29.18	1:02.71	2:16.46	32.70	1:11.19	2:32.80	27.68	1:02.51	2:17.14	1:05.56	2:21.48	4:56.41	683
682	26.41	57.95	2:06.29	4:26.88	9:10.46	17:35.01	29.19	1:02.74	2:16.53	32.71	1:11.23	2:32.88	27.69	1:02.54	2:17.21	1:05.59	2:21.55	4:56.55	682
681	26.42	57.97	2:06.35	4:27.01	9:10.72	17:35.52	29.21	1:02.77	2:16.59	32.73	1:11.26	2:32.95	27.71	1:02.57	2:17.28	1:05.62	2:21.62	4:56.70	681
680	26.43	58.00	2:06.42	4:27.14	9:10.99	17:36.04	29.22	1:02.80	2:16.66	32.75	1:11.30	2:33.03	27.72	1:02.60	2:17.34	1:05.66	2:21.69	4:56.85	680
679	26.45	58.03	2:06.48	4:27.27	9:11.26	17:36.56	29.23	1:02.83	2:16.73	32.76	1:11.33	2:33.10	27.73	1:02.63	2:17.41	1:05.69	2:21.76	4:56.99	679
678	26.46	58.06	2:06.54	4:27.40	9:11.54	17:37.08	29.25	1:02.86	2:16.80	32.78	1:11.37	2:33.18	27.75	1:02.66	2:17.48	1:05.72	2:21.83	4:57.14	678
677	26.47	58.09	2:06.60	4:27.54	9:11.81	17:37.60	29.26	1:02.89	2:16.86	32.79	1:11.40	2:33.25	27.76	1:02.69	2:17.55	1:05.75	2:21.90	4:57.28	677
676	26.49	58.12	2:06.66	4:27.67	9:12.08	17:38.12	29.28	1:02.93	2:16.93	32.81	1:11.44	2:33.33	27.77	1:02.72	2:17.61	1:05.79	2:21.97	4:57.43	676
675	26.50	58.15	2:06.73	4:27.80	9:12.35	17:38.64	29.29	1:02.96	2:17.00	32.83	1:11.47	2:33.40	27.79	1:02.75	2:17.68	1:05.82	2:22.04	4:57.58	675
674	26.51	58.17	2:06.79	4:27.93	9:12.62	17:39.16	29.31	1:02.99	2:17.07	32.84	1:11.51	2:33.48	27.80	1:02.78	2:17.75	1:05.85	2:22.11	4:57.72	674
673	26.53	58.20	2:06.85	4:28.07	9:12.90	17:39.69	29.32	1:03.02	2:17.13	32.86	1:11.54	2:33.55	27.82	1:02.81	2:17.82	1:05.88	2:22.18	4:57.87	673
672	26.54	58.23	2:06.92	4:28.20	9:13.17	17:40.21	29.34	1:03.05	2:17.20	32.88	1:11.58	2:33.63	27.83	1:02.84	2:17.89	1:05.92	2:22.25	4:58.02	672
671	26.55	58.26	2:06.98	4:28.33	9:13.45	17:40.74	29.35	1:03.08	2:17.27	32.89	1:11.61	2:33.71	27.84	1:02.88	2:17.96	1:05.95	2:22.32	4:58.17	671
670	26.57	58.29	2:07.04	4:28.46	9:13.72	17:41.27	29.37	1:03.11	2:17.34	32.91	1:11.65	2:33.78	27.86	1:02.91	2:18.02	1:05.98	2:22.39	4:58.31	670
669	26.58	58.32	2:07.10	4:28.60	9:14.00	17:41.80	29.38	1:03.14	2:17.41	32.92	1:11.69	2:33.86	27.87	1:02.94	2:18.09	1:06.01	2:22.46	4:58.46	669
668	26.59	58.35	2:07.17	4:28.73	9:14.27	17:42.33	29.39	1:03.18	2:17.48	32.94	1:11.72	2:33.94	27.88	1:02.97	2:18.16	1:06.05	2:22.53	4:58.61	668
667	26.61	58.38	2:07.23	4:28.87	9:14.55	17:42.86	29.41	1:03.21	2:17.54	32.96	1:11.76	2:34.01	27.90	1:03.00	2:18.23	1:06.08	2:22.60	4:58.76	667
666	26.62	58.41	2:07.30	4:29.00	9:14.83	17:43.39	29.42	1:03.24	2:17.61	32.97	1:11.79	2:34.09	27.91	1:03.03	2:18.30	1:06.11	2:22.67	4:58.91	666
665	26.63	58.44	2:07.36	4:29.14	9:15.11	17:43.92	29.44	1:03.27	2:17.68	32.99	1:11.83	2:34.17	27.93	1:03.06	2:18.37	1:06.15	2:22.75	4:59.06	665
664	26.65	58.46	2:07.42	4:29.27	9:15.38	17:44.46	29.45	1:03.30	2:17.75	33.01	1:11.86	2:34.25	27.94	1:03.10	2:18.44	1:06.18	2:22.82	4:59.21	664
663	26.66	58.49	2:07.49	4:29.41	9:15.66	17:44.99	29.47	1:03.33	2:17.82	33.02	1:11.90	2:34.32	27.95	1:03.13	2:18.51	1:06.21	2:22.89	4:59.36	663

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
662	26.67	58.52	2:07.55	4:29.54	9:15.94	17:45.53	29.48	1:03.37	2:17.89	33.04	1:11.94	2:34.40	27.97	1:03.16	2:18.58	1:06.25	2:22.96	4:59.51	662
661	26.69	58.55	2:07.62	4:29.68	9:16.22	17:46.06	29.50	1:03.40	2:17.96	33.06	1:11.97	2:34.48	27.98	1:03.19	2:18.65	1:06.28	2:23.03	4:59.66	661
660	26.70	58.58	2:07.68	4:29.81	9:16.50	17:46.60	29.51	1:03.43	2:18.03	33.07	1:12.01	2:34.56	28.00	1:03.22	2:18.72	1:06.31	2:23.11	4:59.81	660
659	26.71	58.61	2:07.74	4:29.95	9:16.79	17:47.14	29.53	1:03.46	2:18.10	33.09	1:12.05	2:34.63	28.01	1:03.25	2:18.79	1:06.35	2:23.18	4:59.97	659
658	26.73	58.64	2:07.81	4:30.09	9:17.07	17:47.68	29.54	1:03.49	2:18.17	33.11	1:12.08	2:34.71	28.03	1:03.29	2:18.86	1:06.38	2:23.25	5:00.12	658
657	26.74	58.67	2:07.87	4:30.22	9:17.35	17:48.22	29.56	1:03.53	2:18.24	33.12	1:12.12	2:34.79	28.04	1:03.32	2:18.93	1:06.41	2:23.32	5:00.27	657
656	26.75	58.70	2:07.94	4:30.36	9:17.63	17:48.76	29.57	1:03.56	2:18.31	33.14	1:12.16	2:34.87	28.05	1:03.35	2:19.00	1:06.45	2:23.40	5:00.42	656
655	26.77	58.73	2:08.00	4:30.50	9:17.92	17:49.31	29.59	1:03.59	2:18.38	33.16	1:12.19	2:34.95	28.07	1:03.38	2:19.07	1:06.48	2:23.47	5:00.57	655
654	26.78	58.76	2:08.07	4:30.64	9:18.20	17:49.85	29.60	1:03.62	2:18.45	33.17	1:12.23	2:35.03	28.08	1:03.42	2:19.14	1:06.51	2:23.54	5:00.73	654
653	26.79	58.79	2:08.13	4:30.77	9:18.49	17:50.40	29.62	1:03.66	2:18.52	33.19	1:12.27	2:35.11	28.10	1:03.45	2:19.21	1:06.55	2:23.61	5:00.88	653
652	26.81	58.82	2:08.20	4:30.91	9:18.77	17:50.95	29.63	1:03.69	2:18.59	33.21	1:12.30	2:35.19	28.11	1:03.48	2:19.28	1:06.58	2:23.69	5:01.04	652
651	26.82	58.85	2:08.27	4:31.05	9:19.06	17:51.49	29.65	1:03.72	2:18.66	33.23	1:12.34	2:35.27	28.13	1:03.51	2:19.35	1:06.62	2:23.76	5:01.19	651
650	26.84	58.88	2:08.33	4:31.19	9:19.34	17:52.04	29.66	1:03.75	2:18.73	33.24	1:12.38	2:35.34	28.14	1:03.55	2:19.43	1:06.65	2:23.84	5:01.34	650
649	26.85	58.91	2:08.40	4:31.33	9:19.63	17:52.59	29.68	1:03.79	2:18.80	33.26	1:12.41	2:35.42	28.15	1:03.58	2:19.50	1:06.69	2:23.91	5:01.50	649
648	26.86	58.94	2:08.46	4:31.47	9:19.92	17:53.14	29.69	1:03.82	2:18.88	33.28	1:12.45	2:35.50	28.17	1:03.61	2:19.57	1:06.72	2:23.98	5:01.65	648
647	26.88	58.97	2:08.53	4:31.61	9:20.21	17:53.70	29.71	1:03.85	2:18.95	33.29	1:12.49	2:35.58	28.18	1:03.64	2:19.64	1:06.75	2:24.06	5:01.81	647
646	26.89	59.00	2:08.60	4:31.75	9:20.50	17:54.25	29.72	1:03.88	2:19.02	33.31	1:12.53	2:35.66	28.20	1:03.68	2:19.71	1:06.79	2:24.13	5:01.96	646
645	26.90	59.03	2:08.66	4:31.89	9:20.79	17:54.81	29.74	1:03.92	2:19.09	33.33	1:12.56	2:35.75	28.21	1:03.71	2:19.78	1:06.82	2:24.21	5:02.12	645
644	26.92	59.06	2:08.73	4:32.03	9:21.08	17:55.36	29.76	1:03.95	2:19.16	33.35	1:12.60	2:35.83	28.23	1:03.74	2:19.86	1:06.86	2:24.28	5:02.28	644
643	26.93	59.09	2:08.80	4:32.17	9:21.37	17:55.92	29.77	1:03.98	2:19.23	33.36	1:12.64	2:35.91	28.24	1:03.78	2:19.93	1:06.89	2:24.36	5:02.43	643
642	26.95	59.13	2:08.86	4:32.31	9:21.66	17:56.48	29.79	1:04.02	2:19.31	33.38	1:12.68	2:35.99	28.26	1:03.81	2:20.00	1:06.93	2:24.43	5:02.59	642
641	26.96	59.16	2:08.93	4:32.45	9:21.95	17:57.04	29.80	1:04.05	2:19.38	33.40	1:12.71	2:36.07	28.27	1:03.84	2:20.07	1:06.96	2:24.51	5:02.75	641
640	26.97	59.19	2:09.00	4:32.60	9:22.24	17:57.60	29.82	1:04.08	2:19.45	33.41	1:12.75	2:36.15	28.29	1:03.87	2:20.15	1:07.00	2:24.58	5:02.91	640
639	26.99	59.22	2:09.06	4:32.74	9:22.54	17:58.16	29.83	1:04.12	2:19.52	33.43	1:12.79	2:36.23	28.30	1:03.91	2:20.22	1:07.03	2:24.66	5:03.06	639
638	27.00	59.25	2:09.13	4:32.88	9:22.83	17:58.72	29.85	1:04.15	2:19.60	33.45	1:12.83	2:36.31	28.32	1:03.94	2:20.29	1:07.07	2:24.73	5:03.22	638
637	27.02	59.28	2:09.20	4:33.02	9:23.12	17:59.29	29.86	1:04.18	2:19.67	33.47	1:12.87	2:36.39	28.33	1:03.97	2:20.37	1:07.10	2:24.81	5:03.38	637
636	27.03	59.31	2:09.27	4:33.17	9:23.42	17:59.85	29.88	1:04.22	2:19.74	33.48	1:12.90	2:36.48	28.34	1:04.01	2:20.44	1:07.14	2:24.88	5:03.54	636
635	27.04	59.34	2:09.33	4:33.31	9:23.71	18:00.42	29.90	1:04.25	2:19.82	33.50	1:12.94	2:36.56	28.36	1:04.04	2:20.51	1:07.17	2:24.96	5:03.70	635
634	27.06	59.37	2:09.40	4:33.45	9:24.01	18:00.99	29.91	1:04.29	2:19.89	33.52	1:12.98	2:36.64	28.37	1:04.08	2:20.59	1:07.21	2:25.04	5:03.86	634
633	27.07	59.40	2:09.47	4:33.60	9:24.31	18:01.56	29.93	1:04.32	2:19.96	33.54	1:13.02	2:36.72	28.39	1:04.11	2:20.66	1:07.24	2:25.11	5:04.02	633
632	27.09	59.44	2:09.54	4:33.74	9:24.60	18:02.13	29.94	1:04.35	2:20.04	33.55	1:13.06	2:36.81	28.40	1:04.14	2:20.74	1:07.28	2:25.19	5:04.18	632
631	27.10	59.47	2:09.61	4:33.89	9:24.90	18:02.70	29.96	1:04.39	2:20.11	33.57	1:13.10	2:36.89	28.42	1:04.18	2:20.81	1:07.31	2:25.26	5:04.34	631
630	27.12	59.50	2:09.68	4:34.03	9:25.20	18:03.27	29.97	1:04.42	2:20.19	33.59	1:13.13	2:36.97	28.43	1:04.21	2:20.89	1:07.35	2:25.34	5:04.50	630
629	27.13	59.53	2:09.74	4:34.18	9:25.50	18:03.84	29.99	1:04.46	2:20.26	33.61	1:13.17	2:37.05	28.45	1:04.25	2:20.96	1:07.38	2:25.42	5:04.66	629
628	27.14	59.56	2:09.81	4:34.32	9:25.80	18:04.42	30.01	1:04.49	2:20.33	33.63	1:13.21	2:37.14	28.46	1:04.28	2:21.03	1:07.42	2:25.50	5:04.82	628
627	27.16	59.59	2:09.88	4:34.47	9:26.10	18:04.99	30.02	1:04.52	2:20.41	33.64	1:13.25	2:37.22	28.48	1:04.31	2:21.11	1:07.46	2:25.57	5:04.98	627
626	27.17	59.62	2:09.95	4:34.61	9:26.40	18:05.57	30.04	1:04.56	2:20.48	33.66	1:13.29	2:37.31	28.49	1:04.35	2:21.18	1:07.49	2:25.65	5:05.15	626
625	27.19	59.66	2:10.02	4:34.76	9:26.70	18:06.15	30.05	1:04.59	2:20.56	33.68	1:13.33	2:37.39	28.51	1:04.38	2:21.26	1:07.53	2:25.73	5:05.31	625
624	27.20	59.69	2:10.09	4:34.91	9:27.01	18:06.73	30.07	1:04.63	2:20.63	33.70	1:13.37	2:37.47	28.53	1:04.42	2:21.34	1:07.56	2:25.81	5:05.47	624
623	27.22	59.72	2:10.16	4:35.05	9:27.31	18:07.31	30.09	1:04.66	2:20.71	33.72	1:13.41	2:37.56	28.54	1:04.45	2:21.41	1:07.60	2:25.88	5:05.64	623
622	27.23	59.75	2:10.23	4:35.20	9:27.61	18:07.89	30.10	1:04.70	2:20.78	33.73	1:13.45	2:37.64	28.56	1:04.49	2:21.49	1:07.64	2:25.96	5:05.80	622
621	27.25	59.78	2:10.30	4:35.35	9:27.92	18:08.48	30.12	1:04.73	2:20.86	33.75	1:13.49	2:37.73	28.57	1:04.52	2:21.56	1:07.67	2:26.04	5:05.96	621
620	27.26	59.82	2:10.37	4:35.50	9:28.22	18:09.06	30.13	1:04.77	2:20.94	33.77	1:13.53	2:37.81	28.59	1:04.55	2:21.64	1:07.71	2:26.12	5:06.13	620
619	27.28	59.85	2:10.44	4:35.64	9:28.53	18:09.65	30.15	1:04.80	2:21.01	33.79	1:13.57	2:37.90	28.60	1:04.59	2:21.72	1:07.75	2:26.20	5:06.29	619
618	27.29	59.88	2:10.51	4:35.79	9:28.84	18:10.24	30.17	1:04.84	2:21.09	33.81	1:13.61	2:37.98	28.62	1:04.62	2:21.79	1:07.78	2:26.28	5:06.46	618
617	27.31	59.91	2:10.58	4:35.94	9:29.14	18:10.82	30.18	1:04.87	2:21.16	33.82	1:13.64	2:38.07	28.63	1:04.66	2:21.87	1:07.82	2:26.36	5:06.62	617

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
616	27.32	59.95	2:10.65	4:36.09	9:29.45	18:11.41	30.20	1:04.91	2:21.24	33.84	1:13.68	2:38.15	28.65	1:04.69	2:21.94	1:07.86	2:26.43	5:06.79	616
615	27.33	59.98	2:10.72	4:36.24	9:29.76	18:12.01	30.22	1:04.94	2:21.32	33.86	1:13.72	2:38.24	28.66	1:04.73	2:22.02	1:07.89	2:26.51	5:06.96	615
614	27.35	1:00.01	2:10.79	4:36.39	9:30.07	18:12.60	30.23	1:04.98	2:21.39	33.88	1:13.76	2:38.32	28.68	1:04.76	2:22.10	1:07.93	2:26.59	5:07.12	614
613	27.36	1:00.04	2:10.86	4:36.54	9:30.38	18:13.19	30.25	1:05.01	2:21.47	33.90	1:13.80	2:38.41	28.69	1:04.80	2:22.18	1:07.97	2:26.67	5:07.29	613
612	27.38	1:00.08	2:10.93	4:36.69	9:30.69	18:13.79	30.27	1:05.05	2:21.55	33.92	1:13.84	2:38.50	28.71	1:04.83	2:22.25	1:08.00	2:26.75	5:07.46	612
611	27.39	1:00.11	2:11.01	4:36.84	9:31.00	18:14.38	30.28	1:05.08	2:21.62	33.94	1:13.89	2:38.58	28.73	1:04.87	2:22.33	1:08.04	2:26.83	5:07.62	611
610	27.41	1:00.14	2:11.08	4:36.99	9:31.31	18:14.98	30.30	1:05.12	2:21.70	33.95	1:13.93	2:38.67	28.74	1:04.91	2:22.41	1:08.08	2:26.91	5:07.79	610
609	27.42	1:00.17	2:11.15	4:37.14	9:31.62	18:15.58	30.31	1:05.15	2:21.78	33.97	1:13.97	2:38.76	28.76	1:04.94	2:22.49	1:08.11	2:26.99	5:07.96	609
608	27.44	1:00.21	2:11.22	4:37.30	9:31.94	18:16.18	30.33	1:05.19	2:21.86	33.99	1:14.01	2:38.84	28.77	1:04.98	2:22.56	1:08.15	2:27.07	5:08.13	608
607	27.45	1:00.24	2:11.29	4:37.45	9:32.25	18:16.78	30.35	1:05.22	2:21.93	34.01	1:14.05	2:38.93	28.79	1:05.01	2:22.64	1:08.19	2:27.15	5:08.30	607
606	27.47	1:00.27	2:11.37	4:37.60	9:32.57	18:17.39	30.36	1:05.26	2:22.01	34.03	1:14.09	2:39.02	28.80	1:05.05	2:22.72	1:08.23	2:27.24	5:08.47	606
605	27.48	1:00.31	2:11.44	4:37.75	9:32.88	18:17.99	30.38	1:05.30	2:22.09	34.05	1:14.13	2:39.10	28.82	1:05.08	2:22.80	1:08.26	2:27.32	5:08.64	605
604	27.50	1:00.34	2:11.51	4:37.91	9:33.20	18:18.60	30.40	1:05.33	2:22.17	34.07	1:14.17	2:39.19	28.84	1:05.12	2:22.88	1:08.30	2:27.40	5:08.81	604
603	27.52	1:00.37	2:11.58	4:38.06	9:33.51	18:19.20	30.42	1:05.37	2:22.25	34.08	1:14.21	2:39.28	28.85	1:05.16	2:22.96	1:08.34	2:27.48	5:08.98	603
602	27.53	1:00.41	2:11.66	4:38.21	9:33.83	18:19.81	30.43	1:05.40	2:22.33	34.10	1:14.25	2:39.37	28.87	1:05.19	2:23.04	1:08.38	2:27.56	5:09.15	602
601	27.55	1:00.44	2:11.73	4:38.37	9:34.15	18:20.42	30.45	1:05.44	2:22.41	34.12	1:14.29	2:39.46	28.88	1:05.23	2:23.12	1:08.42	2:27.64	5:09.32	601
600	27.56	1:00.47	2:11.80	4:38.52	9:34.47	18:21.03	30.47	1:05.48	2:22.48	34.14	1:14.33	2:39.55	28.90	1:05.26	2:23.20	1:08.45	2:27.72	5:09.49	600
599	27.58	1:00.51	2:11.87	4:38.68	9:34.79	18:21.64	30.48	1:05.51	2:22.56	34.16	1:14.38	2:39.63	28.92	1:05.30	2:23.28	1:08.49	2:27.81	5:09.66	599
598	27.59	1:00.54	2:11.95	4:38.83	9:35.11	18:22.26	30.50	1:05.55	2:22.64	34.18	1:14.42	2:39.72	28.93	1:05.34	2:23.35	1:08.53	2:27.89	5:09.84	598
597	27.61	1:00.58	2:12.02	4:38.99	9:35.43	18:22.87	30.52	1:05.59	2:22.72	34.20	1:14.46	2:39.81	28.95	1:05.37	2:23.43	1:08.57	2:27.97	5:10.01	597
596	27.62	1:00.61	2:12.10	4:39.15	9:35.75	18:23.49	30.53	1:05.62	2:22.80	34.22	1:14.50	2:39.90	28.97	1:05.41	2:23.52	1:08.61	2:28.05	5:10.18	596
595	27.64	1:00.64	2:12.17	4:39.30	9:36.07	18:24.11	30.55	1:05.66	2:22.88	34.24	1:14.54	2:39.99	28.98	1:05.45	2:23.60	1:08.64	2:28.14	5:10.36	595
594	27.65	1:00.68	2:12.24	4:39.46	9:36.40	18:24.73	30.57	1:05.70	2:22.96	34.26	1:14.58	2:40.08	29.00	1:05.48	2:23.68	1:08.68	2:28.22	5:10.53	594
593	27.67	1:00.71	2:12.32	4:39.62	9:36.72	18:25.35	30.59	1:05.73	2:23.04	34.28	1:14.63	2:40.17	29.01	1:05.52	2:23.76	1:08.72	2:28.30	5:10.71	593
592	27.68	1:00.75	2:12.39	4:39.77	9:37.04	18:25.97	30.60	1:05.77	2:23.12	34.29	1:14.67	2:40.26	29.03	1:05.56	2:23.84	1:08.76	2:28.39	5:10.88	592
591	27.70	1:00.78	2:12.47	4:39.93	9:37.37	18:26.59	30.62	1:05.81	2:23.20	34.31	1:14.71	2:40.35	29.05	1:05.59	2:23.92	1:08.80	2:28.47	5:11.06	591
590	27.72	1:00.81	2:12.54	4:40.09	9:37.70	18:27.22	30.64	1:05.85	2:23.28	34.33	1:14.75	2:40.44	29.06	1:05.63	2:24.00	1:08.84	2:28.55	5:11.23	590
589	27.73	1:00.85	2:12.62	4:40.25	9:38.02	18:27.84	30.65	1:05.88	2:23.37	34.35	1:14.79	2:40.53	29.08	1:05.67	2:24.08	1:08.88	2:28.64	5:11.41	589
588	27.75	1:00.88	2:12.69	4:40.41	9:38.35	18:28.47	30.67	1:05.92	2:23.45	34.37	1:14.84	2:40.62	29.10	1:05.71	2:24.16	1:08.92	2:28.72	5:11.58	588
587	27.76	1:00.92	2:12.77	4:40.56	9:38.68	18:29.10	30.69	1:05.96	2:23.53	34.39	1:14.88	2:40.71	29.11	1:05.74	2:24.24	1:08.96	2:28.81	5:11.76	587
586	27.78	1:00.95	2:12.84	4:40.72	9:39.01	18:29.73	30.71	1:05.99	2:23.61	34.41	1:14.92	2:40.81	29.13	1:05.78	2:24.33	1:08.99	2:28.89	5:11.94	586
585	27.79	1:00.99	2:12.92	4:40.88	9:39.34	18:30.36	30.72	1:06.03	2:23.69	34.43	1:14.96	2:40.90	29.15	1:05.82	2:24.41	1:09.03	2:28.98	5:12.12	585
584	27.81	1:01.02	2:12.99	4:41.04	9:39.67	18:31.00	30.74	1:06.07	2:23.77	34.45	1:15.01	2:40.99	29.16	1:05.85	2:24.49	1:09.07	2:29.06	5:12.29	584
583	27.83	1:01.06	2:13.07	4:41.20	9:40.00	18:31.63	30.76	1:06.11	2:23.86	34.47	1:15.05	2:41.08	29.18	1:05.89	2:24.57	1:09.11	2:29.15	5:12.47	583
582	27.84	1:01.09	2:13.15	4:41.37	9:40.33	18:32.27	30.78	1:06.15	2:23.94	34.49	1:15.09	2:41.17	29.20	1:05.93	2:24.66	1:09.15	2:29.23	5:12.65	582
581	27.86	1:01.13	2:13.22	4:41.53	9:40.66	18:32.90	30.79	1:06.18	2:24.02	34.51	1:15.14	2:41.27	29.21	1:05.97	2:24.74	1:09.19	2:29.32	5:12.83	581
580	27.87	1:01.16	2:13.30	4:41.69	9:41.00	18:33.54	30.81	1:06.22	2:24.10	34.53	1:15.18	2:41.36	29.23	1:06.01	2:24.82	1:09.23	2:29.40	5:13.01	580
579	27.89	1:01.20	2:13.38	4:41.85	9:41.33	18:34.18	30.83	1:06.26	2:24.19	34.55	1:15.22	2:41.45	29.25	1:06.04	2:24.91	1:09.27	2:29.49	5:13.19	579
578	27.91	1:01.23	2:13.45	4:42.01	9:41.67	18:34.83	30.85	1:06.30	2:24.27	34.57	1:15.27	2:41.54	29.26	1:06.08	2:24.99	1:09.31	2:29.58	5:13.37	578
577	27.92	1:01.27	2:13.53	4:42.18	9:42.00	18:35.47	30.87	1:06.34	2:24.35	34.59	1:15.31	2:41.64	29.28	1:06.12	2:25.07	1:09.35	2:29.66	5:13.55	577
576	27.94	1:01.30	2:13.61	4:42.34	9:42.34	18:36.12	30.88	1:06.37	2:24.44	34.61	1:15.35	2:41.73	29.30	1:06.16	2:25.16	1:09.39	2:29.75	5:13.73	576
575	27.95	1:01.34	2:13.68	4:42.50	9:42.68	18:36.76	30.90	1:06.41	2:24.52	34.63	1:15.40	2:41.82	29.31	1:06.20	2:25.24	1:09.43	2:29.84	5:13.91	575
574	27.97	1:01.37	2:13.76	4:42.67	9:43.01	18:37.41	30.92	1:06.45	2:24.60	34.65	1:15.44	2:41.92	29.33	1:06.23	2:25.33	1:09.47	2:29.92	5:14.10	574
573	27.99	1:01.41	2:13.84	4:42.83	9:43.35	18:38.06	30.94	1:06.49	2:24.69	34.67	1:15.48	2:42.01	29.35	1:06.27	2:25.41	1:09.51	2:30.01	5:14.28	573
572	28.00	1:01.45	2:13.92	4:43.00	9:43.69	18:38.71	30.96	1:06.53	2:24.77	34.69	1:15.53	2:42.11	29.36	1:06.31	2:25.50	1:09.55	2:30.10	5:14.46	572
571	28.02	1:01.48	2:14.00	4:43.16	9:44.03	18:39.36	30.97	1:06.57	2:24.86	34.71	1:15.57	2:42.20	29.38	1:06.35	2:25.58	1:09.59	2:30.18	5:14.65	571

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
570	28.04	1:01.52	2:14.07	4:43.33	9:44.38	18:40.02	30.99	1:06.61	2:24.94	34.73	1:15.62	2:42.30	29.40	1:06.39	2:25.66	1:09.63	2:30.27	5:14.83	570
569	28.05	1:01.55	2:14.15	4:43.49	9:44.72	18:40.67	31.01	1:06.65	2:25.03	34.75	1:15.66	2:42.39	29.42	1:06.43	2:25.75	1:09.67	2:30.36	5:15.01	569
568	28.07	1:01.59	2:14.23	4:43.66	9:45.06	18:41.33	31.03	1:06.68	2:25.11	34.77	1:15.70	2:42.49	29.43	1:06.47	2:25.84	1:09.72	2:30.45	5:15.20	568
567	28.09	1:01.63	2:14.31	4:43.83	9:45.40	18:41.99	31.05	1:06.72	2:25.20	34.79	1:15.75	2:42.58	29.45	1:06.51	2:25.92	1:09.76	2:30.54	5:15.38	567
566	28.10	1:01.66	2:14.39	4:43.99	9:45.75	18:42.65	31.06	1:06.76	2:25.28	34.81	1:15.79	2:42.68	29.47	1:06.55	2:26.01	1:09.80	2:30.63	5:15.57	566
565	28.12	1:01.70	2:14.47	4:44.16	9:46.09	18:43.31	31.08	1:06.80	2:25.37	34.83	1:15.84	2:42.77	29.49	1:06.58	2:26.09	1:09.84	2:30.71	5:15.76	565
564	28.14	1:01.73	2:14.55	4:44.33	9:46.44	18:43.98	31.10	1:06.84	2:25.45	34.85	1:15.88	2:42.87	29.50	1:06.62	2:26.18	1:09.88	2:30.80	5:15.94	564
563	28.15	1:01.77	2:14.63	4:44.50	9:46.79	18:44.64	31.12	1:06.88	2:25.54	34.87	1:15.93	2:42.97	29.52	1:06.66	2:26.27	1:09.92	2:30.89	5:16.13	563
562	28.17	1:01.81	2:14.71	4:44.66	9:47.14	18:45.31	31.14	1:06.92	2:25.63	34.89	1:15.97	2:43.06	29.54	1:06.70	2:26.35	1:09.96	2:30.98	5:16.32	562
561	28.19	1:01.84	2:14.79	4:44.83	9:47.48	18:45.98	31.16	1:06.96	2:25.71	34.91	1:16.02	2:43.16	29.56	1:06.74	2:26.44	1:10.00	2:31.07	5:16.50	561
560	28.20	1:01.88	2:14.87	4:45.00	9:47.83	18:46.65	31.17	1:07.00	2:25.80	34.94	1:16.06	2:43.26	29.57	1:06.78	2:26.53	1:10.05	2:31.16	5:16.69	560
559	28.22	1:01.92	2:14.95	4:45.17	9:48.18	18:47.32	31.19	1:07.04	2:25.89	34.96	1:16.11	2:43.35	29.59	1:06.82	2:26.61	1:10.09	2:31.25	5:16.88	559
558	28.24	1:01.95	2:15.03	4:45.34	9:48.53	18:47.99	31.21	1:07.08	2:25.97	34.98	1:16.15	2:43.45	29.61	1:06.86	2:26.70	1:10.13	2:31.34	5:17.07	558
557	28.25	1:01.99	2:15.11	4:45.51	9:48.89	18:48.67	31.23	1:07.12	2:26.06	35.00	1:16.20	2:43.55	29.63	1:06.90	2:26.79	1:10.17	2:31.43	5:17.26	557
556	28.27	1:02.03	2:15.19	4:45.69	9:49.24	18:49.34	31.25	1:07.16	2:26.15	35.02	1:16.25	2:43.65	29.64	1:06.94	2:26.88	1:10.21	2:31.52	5:17.45	556
555	28.29	1:02.07	2:15.27	4:45.86	9:49.59	18:50.02	31.27	1:07.20	2:26.24	35.04	1:16.29	2:43.75	29.66	1:06.98	2:26.97	1:10.26	2:31.61	5:17.64	555
554	28.30	1:02.10	2:15.35	4:46.03	9:49.95	18:50.70	31.29	1:07.24	2:26.32	35.06	1:16.34	2:43.84	29.68	1:07.02	2:27.05	1:10.30	2:31.71	5:17.83	554
553	28.32	1:02.14	2:15.43	4:46.20	9:50.30	18:51.38	31.31	1:07.28	2:26.41	35.08	1:16.38	2:43.94	29.70	1:07.06	2:27.14	1:10.34	2:31.80	5:18.02	553
552	28.34	1:02.18	2:15.52	4:46.37	9:50.66	18:52.06	31.32	1:07.32	2:26.50	35.10	1:16.43	2:44.04	29.72	1:07.10	2:27.23	1:10.38	2:31.89	5:18.21	552
551	28.35	1:02.22	2:15.60	4:46.55	9:51.02	18:52.75	31.34	1:07.36	2:26.59	35.12	1:16.48	2:44.14	29.73	1:07.14	2:27.32	1:10.43	2:31.98	5:18.41	551
550	28.37	1:02.25	2:15.68	4:46.72	9:51.37	18:53.43	31.36	1:07.40	2:26.68	35.15	1:16.52	2:44.24	29.75	1:07.18	2:27.41	1:10.47	2:32.07	5:18.60	550
549	28.39	1:02.29	2:15.76	4:46.89	9:51.73	18:54.12	31.38	1:07.45	2:26.77	35.17	1:16.57	2:44.34	29.77	1:07.23	2:27.50	1:10.51	2:32.16	5:18.79	549
548	28.41	1:02.33	2:15.85	4:47.07	9:52.09	18:54.81	31.40	1:07.49	2:26.86	35.19	1:16.61	2:44.44	29.79	1:07.27	2:27.59	1:10.55	2:32.26	5:18.99	548
547	28.42	1:02.37	2:15.93	4:47.24	9:52.45	18:55.50	31.42	1:07.53	2:26.95	35.21	1:16.66	2:44.54	29.81	1:07.31	2:27.68	1:10.60	2:32.35	5:19.18	547
546	28.44	1:02.41	2:16.01	4:47.42	9:52.82	18:56.19	31.44	1:07.57	2:27.03	35.23	1:16.71	2:44.64	29.82	1:07.35	2:27.77	1:10.64	2:32.44	5:19.38	546
545	28.46	1:02.44	2:16.09	4:47.59	9:53.18	18:56.89	31.46	1:07.61	2:27.12	35.25	1:16.76	2:44.74	29.84	1:07.39	2:27.86	1:10.68	2:32.54	5:19.57	545
544	28.48	1:02.48	2:16.18	4:47.77	9:53.54	18:57.58	31.48	1:07.65	2:27.21	35.27	1:16.80	2:44.84	29.86	1:07.43	2:27.95	1:10.73	2:32.63	5:19.77	544
543	28.49	1:02.52	2:16.26	4:47.95	9:53.91	18:58.28	31.50	1:07.69	2:27.31	35.30	1:16.85	2:44.94	29.88	1:07.47	2:28.04	1:10.77	2:32.72	5:19.96	543
542	28.51	1:02.56	2:16.34	4:48.12	9:54.27	18:58.98	31.52	1:07.73	2:27.40	35.32	1:16.90	2:45.04	29.90	1:07.51	2:28.13	1:10.81	2:32.82	5:20.16	542
541	28.53	1:02.60	2:16.43	4:48.30	9:54.64	18:59.68	31.54	1:07.78	2:27.49	35.34	1:16.94	2:45.15	29.92	1:07.56	2:28.22	1:10.86	2:32.91	5:20.36	541
540	28.55	1:02.64	2:16.51	4:48.48	9:55.00	19:00.39	31.55	1:07.82	2:27.58	35.36	1:16.99	2:45.25	29.93	1:07.60	2:28.31	1:10.90	2:33.01	5:20.55	540
539	28.56	1:02.67	2:16.60	4:48.66	9:55.37	19:01.09	31.57	1:07.86	2:27.67	35.38	1:17.04	2:45.35	29.95	1:07.64	2:28.41	1:10.94	2:33.10	5:20.75	539
538	28.58	1:02.71	2:16.68	4:48.84	9:55.74	19:01.80	31.59	1:07.90	2:27.76	35.41	1:17.09	2:45.45	29.97	1:07.68	2:28.50	1:10.99	2:33.19	5:20.95	538
537	28.60	1:02.75	2:16.77	4:49.02	9:56.11	19:02.51	31.61	1:07.94	2:27.85	35.43	1:17.13	2:45.56	29.99	1:07.72	2:28.59	1:11.03	2:33.29	5:21.15	537
536	28.62	1:02.79	2:16.85	4:49.20	9:56.48	19:03.22	31.63	1:07.99	2:27.94	35.45	1:17.18	2:45.66	30.01	1:07.76	2:28.68	1:11.08	2:33.38	5:21.35	536
535	28.63	1:02.83	2:16.94	4:49.38	9:56.85	19:03.93	31.65	1:08.03	2:28.04	35.47	1:17.23	2:45.76	30.03	1:07.81	2:28.77	1:11.12	2:33.48	5:21.55	535
534	28.65	1:02.87	2:17.02	4:49.56	9:57.22	19:04.64	31.67	1:08.07	2:28.13	35.49	1:17.28	2:45.86	30.05	1:07.85	2:28.87	1:11.16	2:33.58	5:21.75	534
533	28.67	1:02.91	2:17.11	4:49.74	9:57.60	19:05.36	31.69	1:08.11	2:28.22	35.52	1:17.33	2:45.97	30.06	1:07.89	2:28.96	1:11.21	2:33.67	5:21.95	533
532	28.69	1:02.95	2:17.19	4:49.92	9:57.97	19:06.07	31.71	1:08.16	2:28.31	35.54	1:17.38	2:46.07	30.08	1:07.93	2:29.05	1:11.25	2:33.77	5:22.15	532
531	28.71	1:02.99	2:17.28	4:50.10	9:58.35	19:06.79	31.73	1:08.20	2:28.41	35.56	1:17.42	2:46.18	30.10	1:07.98	2:29.15	1:11.30	2:33.86	5:22.36	531
530	28.72	1:03.03	2:17.37	4:50.28	9:58.72	19:07.51	31.75	1:08.24	2:28.50	35.58	1:17.47	2:46.28	30.12	1:08.02	2:29.24	1:11.34	2:33.96	5:22.56	530
529	28.74	1:03.07	2:17.45	4:50.47	9:59.10	19:08.24	31.77	1:08.28	2:28.59	35.61	1:17.52	2:46.39	30.14	1:08.06	2:29.34	1:11.39	2:34.06	5:22.76	529
528	28.76	1:03.11	2:17.54	4:50.65	9:59.48	19:08.96	31.79	1:08.33	2:28.69	35.63	1:17.57	2:46.49	30.16	1:08.11	2:29.43	1:11.43	2:34.16	5:22.97	528
527	28.78	1:03.15	2:17.63	4:50.83	9:59.86	19:09.69	31.81	1:08.37	2:28.78	35.65	1:17.62	2:46.60	30.18	1:08.15	2:29.52	1:11.48	2:34.25	5:23.17	527
526	28.80	1:03.19	2:17.71	4:51.02	10:00.24	19:10.42	31.83	1:08.41	2:28.88	35.67	1:17.67	2:46.70	30.20	1:08.19	2:29.62	1:11.52	2:34.35	5:23.37	526
525	28.82	1:03.23	2:17.80	4:51.20	10:00.62	19:11.15	31.85	1:08.46	2:28.97	35.70	1:17.72	2:46.81	30.22	1:08.23	2:29.71	1:11.57	2:34.45	5:23.58	525

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
524	28.83	1:03.27	2:17.89	4:51.39	10:01.00	19:11.88	31.87	1:08.50	2:29.06	35.72	1:17.77	2:46.91	30.24	1:08.28	2:29.81	1:11.61	2:34.55	5:23.78	524
523	28.85	1:03.31	2:17.98	4:51.57	10:01.38	19:12.61	31.89	1:08.55	2:29.16	35.74	1:17.82	2:47.02	30.25	1:08.32	2:29.90	1:11.66	2:34.65	5:23.99	523
522	28.87	1:03.35	2:18.06	4:51.76	10:01.76	19:13.35	31.91	1:08.59	2:29.25	35.76	1:17.87	2:47.13	30.27	1:08.37	2:30.00	1:11.71	2:34.74	5:24.20	522
521	28.89	1:03.39	2:18.15	4:51.94	10:02.15	19:14.08	31.93	1:08.63	2:29.35	35.79	1:17.92	2:47.23	30.29	1:08.41	2:30.10	1:11.75	2:34.84	5:24.41	521
520	28.91	1:03.43	2:18.24	4:52.13	10:02.54	19:14.82	31.95	1:08.68	2:29.45	35.81	1:17.97	2:47.34	30.31	1:08.45	2:30.19	1:11.80	2:34.94	5:24.61	520
519	28.93	1:03.47	2:18.33	4:52.32	10:02.92	19:15.57	31.97	1:08.72	2:29.54	35.83	1:18.02	2:47.45	30.33	1:08.50	2:30.29	1:11.84	2:35.04	5:24.82	519
518	28.94	1:03.51	2:18.42	4:52.51	10:03.31	19:16.31	32.00	1:08.76	2:29.64	35.86	1:18.07	2:47.56	30.35	1:08.54	2:30.38	1:11.89	2:35.14	5:25.03	518
517	28.96	1:03.55	2:18.51	4:52.70	10:03.70	19:17.05	32.02	1:08.81	2:29.73	35.88	1:18.12	2:47.66	30.37	1:08.58	2:30.48	1:11.94	2:35.24	5:25.24	517
516	28.98	1:03.59	2:18.60	4:52.88	10:04.09	19:17.80	32.04	1:08.85	2:29.83	35.90	1:18.17	2:47.77	30.39	1:08.63	2:30.58	1:11.98	2:35.34	5:25.45	516
515	29.00	1:03.63	2:18.69	4:53.07	10:04.48	19:18.55	32.06	1:08.90	2:29.93	35.92	1:18.22	2:47.88	30.41	1:08.67	2:30.68	1:12.03	2:35.44	5:25.66	515
514	29.02	1:03.67	2:18.78	4:53.26	10:04.87	19:19.30	32.08	1:08.94	2:30.02	35.95	1:18.27	2:47.99	30.43	1:08.72	2:30.77	1:12.08	2:35.54	5:25.87	514
513	29.04	1:03.72	2:18.87	4:53.45	10:05.26	19:20.05	32.10	1:08.99	2:30.12	35.97	1:18.32	2:48.10	30.45	1:08.76	2:30.87	1:12.12	2:35.64	5:26.08	513
512	29.06	1:03.76	2:18.96	4:53.65	10:05.66	19:20.81	32.12	1:09.03	2:30.22	36.00	1:18.37	2:48.21	30.47	1:08.81	2:30.97	1:12.17	2:35.75	5:26.30	512
511	29.08	1:03.80	2:19.05	4:53.84	10:06.05	19:21.56	32.14	1:09.08	2:30.32	36.02	1:18.42	2:48.32	30.49	1:08.85	2:31.07	1:12.22	2:35.85	5:26.51	511
510	29.10	1:03.84	2:19.14	4:54.03	10:06.45	19:22.32	32.16	1:09.12	2:30.42	36.04	1:18.47	2:48.43	30.51	1:08.90	2:31.17	1:12.26	2:35.95	5:26.72	510
509	29.11	1:03.88	2:19.23	4:54.22	10:06.85	19:23.08	32.18	1:09.17	2:30.51	36.07	1:18.52	2:48.54	30.53	1:08.94	2:31.27	1:12.31	2:36.05	5:26.93	509
508	29.13	1:03.92	2:19.32	4:54.41	10:07.24	19:23.85	32.20	1:09.21	2:30.61	36.09	1:18.58	2:48.65	30.55	1:08.99	2:31.37	1:12.36	2:36.15	5:27.15	508
507	29.15	1:03.97	2:19.41	4:54.61	10:07.64	19:24.61	32.23	1:09.26	2:30.71	36.11	1:18.63	2:48.76	30.57	1:09.03	2:31.46	1:12.41	2:36.26	5:27.36	507
506	29.17	1:04.01	2:19.50	4:54.80	10:08.04	19:25.38	32.25	1:09.30	2:30.81	36.14	1:18.68	2:48.87	30.59	1:09.08	2:31.56	1:12.45	2:36.36	5:27.58	506
505	29.19	1:04.05	2:19.60	4:55.00	10:08.44	19:26.15	32.27	1:09.35	2:30.91	36.16	1:18.73	2:48.98	30.61	1:09.12	2:31.66	1:12.50	2:36.46	5:27.80	505
504	29.21	1:04.09	2:19.69	4:55.19	10:08.85	19:26.92	32.29	1:09.40	2:31.01	36.18	1:18.78	2:49.09	30.63	1:09.17	2:31.76	1:12.55	2:36.56	5:28.01	504
503	29.23	1:04.14	2:19.78	4:55.39	10:09.25	19:27.69	32.31	1:09.44	2:31.11	36.21	1:18.83	2:49.20	30.65	1:09.22	2:31.87	1:12.60	2:36.67	5:28.23	503
502	29.25	1:04.18	2:19.87	4:55.58	10:09.65	19:28.46	32.33	1:09.49	2:31.21	36.23	1:18.89	2:49.32	30.67	1:09.26	2:31.97	1:12.65	2:36.77	5:28.45	502
501	29.27	1:04.22	2:19.97	4:55.78	10:10.06	19:29.24	32.35	1:09.53	2:31.31	36.26	1:18.94	2:49.43	30.69	1:09.31	2:32.07	1:12.69	2:36.88	5:28.67	501
500	29.29	1:04.26	2:20.06	4:55.98	10:10.46	19:30.02	32.37	1:09.58	2:31.41	36.28	1:18.99	2:49.54	30.71	1:09.35	2:32.17	1:12.74	2:36.98	5:28.88	500
499	29.31	1:04.31	2:20.15	4:56.17	10:10.87	19:30.80	32.40	1:09.63	2:31.51	36.30	1:19.04	2:49.66	30.73	1:09.40	2:32.27	1:12.79	2:37.09	5:29.10	499
498	29.33	1:04.35	2:20.25	4:56.37	10:11.28	19:31.58	32.42	1:09.67	2:31.61	36.33	1:19.10	2:49.77	30.75	1:09.45	2:32.37	1:12.84	2:37.19	5:29.32	498
497	29.35	1:04.39	2:20.34	4:56.57	10:11.69	19:32.37	32.44	1:09.72	2:31.72	36.35	1:19.15	2:49.88	30.77	1:09.49	2:32.47	1:12.89	2:37.30	5:29.55	497
496	29.37	1:04.44	2:20.44	4:56.77	10:12.10	19:33.16	32.46	1:09.77	2:31.82	36.38	1:19.20	2:50.00	30.79	1:09.54	2:32.58	1:12.94	2:37.40	5:29.77	496
495	29.39	1:04.48	2:20.53	4:56.97	10:12.51	19:33.95	32.48	1:09.81	2:31.92	36.40	1:19.26	2:50.11	30.81	1:09.59	2:32.68	1:12.99	2:37.51	5:29.99	495
494	29.41	1:04.52	2:20.63	4:57.17	10:12.93	19:34.74	32.51	1:09.86	2:32.02	36.43	1:19.31	2:50.23	30.84	1:09.63	2:32.78	1:13.04	2:37.61	5:30.21	494
493	29.43	1:04.57	2:20.72	4:57.37	10:13.34	19:35.53	32.53	1:09.91	2:32.13	36.45	1:19.36	2:50.34	30.86	1:09.68	2:32.89	1:13.09	2:37.72	5:30.43	493
492	29.45	1:04.61	2:20.82	4:57.57	10:13.76	19:36.33	32.55	1:09.96	2:32.23	36.48	1:19.42	2:50.46	30.88	1:09.73	2:32.99	1:13.14	2:37.83	5:30.66	492
491	29.47	1:04.65	2:20.91	4:57.77	10:14.17	19:37.13	32.57	1:10.00	2:32.33	36.50	1:19.47	2:50.57	30.90	1:09.77	2:33.09	1:13.18	2:37.93	5:30.88	491
490	29.49	1:04.70	2:21.01	4:57.98	10:14.59	19:37.93	32.59	1:10.05	2:32.44	36.53	1:19.53	2:50.69	30.92	1:09.82	2:33.20	1:13.23	2:38.04	5:31.11	490
489	29.51	1:04.74	2:21.10	4:58.18	10:15.01	19:38.73	32.62	1:10.10	2:32.54	36.55	1:19.58	2:50.80	30.94	1:09.87	2:33.30	1:13.28	2:38.15	5:31.33	489
488	29.53	1:04.79	2:21.20	4:58.38	10:15.43	19:39.53	32.64	1:10.15	2:32.64	36.58	1:19.63	2:50.92	30.96	1:09.92	2:33.41	1:13.33	2:38.26	5:31.56	488
487	29.55	1:04.83	2:21.30	4:58.59	10:15.85	19:40.34	32.66	1:10.19	2:32.75	36.60	1:19.69	2:51.04	30.98	1:09.97	2:33.51	1:13.38	2:38.37	5:31.79	487
486	29.57	1:04.87	2:21.39	4:58.79	10:16.27	19:41.15	32.68	1:10.24	2:32.85	36.63	1:19.74	2:51.16	31.00	1:10.01	2:33.62	1:13.43	2:38.47	5:32.01	486
485	29.59	1:04.92	2:21.49	4:59.00	10:16.69	19:41.96	32.71	1:10.29	2:32.96	36.65	1:19.80	2:51.27	31.03	1:10.06	2:33.72	1:13.49	2:38.58	5:32.24	485
484	29.61	1:04.96	2:21.59	4:59.20	10:17.12	19:42.77	32.73	1:10.34	2:33.06	36.68	1:19.85	2:51.39	31.05	1:10.11	2:33.83	1:13.54	2:38.69	5:32.47	484
483	29.63	1:05.01	2:21.68	4:59.41	10:17.54	19:43.59	32.75	1:10.39	2:33.17	36.70	1:19.91	2:51.51	31.07	1:10.16	2:33.93	1:13.59	2:38.80	5:32.70	483
482	29.65	1:05.05	2:21.78	4:59.62	10:17.97	19:44.41	32.77	1:10.44	2:33.27	36.73	1:19.96	2:51.63	31.09	1:10.21	2:34.04	1:13.64	2:38.91	5:32.93	482
481	29.67	1:05.10	2:21.88	4:59.82	10:18.40	19:45.23	32.80	1:10.48	2:33.38	36.75	1:20.02	2:51.75	31.11	1:10.26	2:34.15	1:13.69	2:39.02	5:33.16	481
480	29.69	1:05.14	2:21.98	5:00.03	10:18.83	19:46.05	32.82	1:10.53	2:33.49	36.78	1:20.07	2:51.87	31.13	1:10.30	2:34.25	1:13.74	2:39.13	5:33.39	480
479	29.71	1:05.19	2:22.08	5:00.24	10:19.26	19:46.88	32.84	1:10.58	2:33.59	36.80	1:20.13	2:51.98	31.15	1:10.35	2:34.36	1:13.79	2:39.24	5:33.62	479

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
478	29.73	1:05.23	2:22.18	5:00.45	10:19.69	19:47.70	32.86	1:10.63	2:33.70	36.83	1:20.19	2:52.10	31.18	1:10.40	2:34.47	1:13.84	2:39.35	5:33.86	478
477	29.75	1:05.28	2:22.28	5:00.66	10:20.12	19:48.53	32.89	1:10.68	2:33.81	36.85	1:20.24	2:52.22	31.20	1:10.45	2:34.58	1:13.89	2:39.46	5:34.09	477
476	29.77	1:05.33	2:22.38	5:00.87	10:20.56	19:49.36	32.91	1:10.73	2:33.92	36.88	1:20.30	2:52.35	31.22	1:10.50	2:34.68	1:13.95	2:39.58	5:34.32	476
475	29.79	1:05.37	2:22.48	5:01.08	10:20.99	19:50.20	32.93	1:10.78	2:34.02	36.91	1:20.35	2:52.47	31.24	1:10.55	2:34.79	1:14.00	2:39.69	5:34.56	475
474	29.81	1:05.42	2:22.58	5:01.29	10:21.43	19:51.03	32.96	1:10.83	2:34.13	36.93	1:20.41	2:52.59	31.26	1:10.60	2:34.90	1:14.05	2:39.80	5:34.79	474
473	29.84	1:05.46	2:22.68	5:01.50	10:21.87	19:51.87	32.98	1:10.88	2:34.24	36.96	1:20.47	2:52.71	31.29	1:10.65	2:35.01	1:14.10	2:39.91	5:35.03	473
472	29.86	1:05.51	2:22.78	5:01.72	10:22.30	19:52.71	33.00	1:10.93	2:34.35	36.98	1:20.52	2:52.83	31.31	1:10.70	2:35.12	1:14.15	2:40.03	5:35.26	472
471	29.88	1:05.56	2:22.88	5:01.93	10:22.74	19:53.56	33.03	1:10.98	2:34.46	37.01	1:20.58	2:52.95	31.33	1:10.75	2:35.23	1:14.21	2:40.14	5:35.50	471
470	29.90	1:05.60	2:22.98	5:02.14	10:23.19	19:54.40	33.05	1:11.03	2:34.57	37.04	1:20.64	2:53.08	31.35	1:10.80	2:35.34	1:14.26	2:40.25	5:35.74	470
469	29.92	1:05.65	2:23.08	5:02.36	10:23.63	19:55.25	33.07	1:11.08	2:34.68	37.06	1:20.70	2:53.20	31.37	1:10.85	2:35.45	1:14.31	2:40.37	5:35.98	469
468	29.94	1:05.70	2:23.18	5:02.57	10:24.07	19:56.10	33.10	1:11.13	2:34.79	37.09	1:20.75	2:53.32	31.40	1:10.90	2:35.56	1:14.36	2:40.48	5:36.22	468
467	29.96	1:05.74	2:23.28	5:02.79	10:24.52	19:56.96	33.12	1:11.18	2:34.90	37.12	1:20.81	2:53.45	31.42	1:10.95	2:35.67	1:14.42	2:40.60	5:36.46	467
466	29.98	1:05.79	2:23.39	5:03.01	10:24.96	19:57.81	33.14	1:11.23	2:35.01	37.14	1:20.87	2:53.57	31.44	1:11.00	2:35.78	1:14.47	2:40.71	5:36.70	466
465	30.01	1:05.84	2:23.49	5:03.22	10:25.41	19:58.67	33.17	1:11.28	2:35.12	37.17	1:20.93	2:53.69	31.46	1:11.05	2:35.89	1:14.52	2:40.82	5:36.94	465
464	30.03	1:05.88	2:23.59	5:03.44	10:25.86	19:59.53	33.19	1:11.34	2:35.23	37.20	1:20.98	2:53.82	31.49	1:11.10	2:36.01	1:14.58	2:40.94	5:37.18	464
463	30.05	1:05.93	2:23.70	5:03.66	10:26.31	20:00.39	33.22	1:11.39	2:35.34	37.22	1:21.04	2:53.94	31.51	1:11.15	2:36.12	1:14.63	2:41.06	5:37.42	463
462	30.07	1:05.98	2:23.80	5:03.88	10:26.76	20:01.26	33.24	1:11.44	2:35.45	37.25	1:21.10	2:54.07	31.53	1:11.21	2:36.23	1:14.69	2:41.17	5:37.67	462
461	30.09	1:06.03	2:23.90	5:04.10	10:27.22	20:02.13	33.26	1:11.49	2:35.57	37.28	1:21.16	2:54.19	31.55	1:11.26	2:36.34	1:14.74	2:41.29	5:37.91	461
460	30.11	1:06.07	2:24.01	5:04.32	10:27.67	20:03.00	33.29	1:11.54	2:35.68	37.30	1:21.22	2:54.32	31.58	1:11.31	2:36.46	1:14.79	2:41.41	5:38.15	460
459	30.14	1:06.12	2:24.11	5:04.54	10:28.13	20:03.87	33.31	1:11.59	2:35.79	37.33	1:21.28	2:54.45	31.60	1:11.36	2:36.57	1:14.85	2:41.52	5:38.40	459
458	30.16	1:06.17	2:24.22	5:04.76	10:28.58	20:04.74	33.34	1:11.65	2:35.91	37.36	1:21.34	2:54.57	31.62	1:11.41	2:36.68	1:14.90	2:41.64	5:38.65	458
457	30.18	1:06.22	2:24.32	5:04.98	10:29.04	20:05.62	33.36	1:11.70	2:36.02	37.38	1:21.40	2:54.70	31.65	1:11.46	2:36.80	1:14.96	2:41.76	5:38.89	457
456	30.20	1:06.27	2:24.43	5:05.20	10:29.50	20:06.50	33.38	1:11.75	2:36.13	37.41	1:21.46	2:54.83	31.67	1:11.52	2:36.91	1:15.01	2:41.88	5:39.14	456
455	30.22	1:06.32	2:24.53	5:05.43	10:29.96	20:07.39	33.41	1:11.80	2:36.25	37.44	1:21.51	2:54.96	31.69	1:11.57	2:37.03	1:15.07	2:41.99	5:39.39	455
454	30.25	1:06.36	2:24.64	5:05.65	10:30.42	20:08.27	33.43	1:11.86	2:36.36	37.47	1:21.57	2:55.09	31.72	1:11.62	2:37.14	1:15.12	2:42.11	5:39.64	454
453	30.27	1:06.41	2:24.75	5:05.88	10:30.89	20:09.16	33.46	1:11.91	2:36.48	37.49	1:21.63	2:55.21	31.74	1:11.67	2:37.26	1:15.18	2:42.23	5:39.89	453
452	30.29	1:06.46	2:24.85	5:06.10	10:31.35	20:10.05	33.48	1:11.96	2:36.59	37.52	1:21.69	2:55.34	31.76	1:11.73	2:37.37	1:15.23	2:42.35	5:40.14	452
451	30.31	1:06.51	2:24.96	5:06.33	10:31.82	20:10.95	33.51	1:12.01	2:36.71	37.55	1:21.76	2:55.47	31.79	1:11.78	2:37.49	1:15.29	2:42.47	5:40.39	451
450	30.34	1:06.56	2:25.07	5:06.56	10:32.29	20:11.84	33.53	1:12.07	2:36.82	37.58	1:21.82	2:55.60	31.81	1:11.83	2:37.61	1:15.34	2:42.59	5:40.64	450
449	30.36	1:06.61	2:25.17	5:06.78	10:32.75	20:12.74	33.56	1:12.12	2:36.94	37.61	1:21.88	2:55.73	31.83	1:11.89	2:37.72	1:15.40	2:42.71	5:40.89	449
448	30.38	1:06.66	2:25.28	5:07.01	10:33.22	20:13.64	33.58	1:12.17	2:37.06	37.63	1:21.94	2:55.86	31.86	1:11.94	2:37.84	1:15.46	2:42.83	5:41.15	448
447	30.40	1:06.71	2:25.39	5:07.24	10:33.70	20:14.55	33.61	1:12.23	2:37.17	37.66	1:22.00	2:55.99	31.88	1:11.99	2:37.96	1:15.51	2:42.96	5:41.40	447
446	30.43	1:06.76	2:25.50	5:07.47	10:34.17	20:15.45	33.63	1:12.28	2:37.29	37.69	1:22.06	2:56.13	31.90	1:12.05	2:38.08	1:15.57	2:43.08	5:41.66	446
445	30.45	1:06.81	2:25.61	5:07.70	10:34.64	20:16.36	33.66	1:12.34	2:37.41	37.72	1:22.12	2:56.26	31.93	1:12.10	2:38.20	1:15.62	2:43.20	5:41.91	445
444	30.47	1:06.86	2:25.72	5:07.93	10:35.12	20:17.28	33.68	1:12.39	2:37.53	37.75	1:22.18	2:56.39	31.95	1:12.15	2:38.31	1:15.68	2:43.32	5:42.17	444
443	30.49	1:06.91	2:25.83	5:08.16	10:35.60	20:18.19	33.71	1:12.45	2:37.65	37.77	1:22.24	2:56.52	31.98	1:12.21	2:38.43	1:15.74	2:43.44	5:42.43	443
442	30.52	1:06.96	2:25.94	5:08.39	10:36.08	20:19.11	33.73	1:12.50	2:37.77	37.80	1:22.31	2:56.66	32.00	1:12.26	2:38.55	1:15.80	2:43.57	5:42.68	442
441	30.54	1:07.01	2:26.05	5:08.63	10:36.56	20:20.03	33.76	1:12.55	2:37.88	37.83	1:22.37	2:56.79	32.02	1:12.32	2:38.67	1:15.85	2:43.69	5:42.94	441
440	30.56	1:07.06	2:26.16	5:08.86	10:37.04	20:20.95	33.78	1:12.61	2:38.00	37.86	1:22.43	2:56.92	32.05	1:12.37	2:38.79	1:15.91	2:43.82	5:43.20	440
439	30.59	1:07.11	2:26.27	5:09.09	10:37.52	20:21.88	33.81	1:12.66	2:38.12	37.89	1:22.49	2:57.06	32.07	1:12.43	2:38.91	1:15.97	2:43.94	5:43.46	439
438	30.61	1:07.16	2:26.38	5:09.33	10:38.01	20:22.81	33.84	1:12.72	2:38.24	37.92	1:22.56	2:57.19	32.10	1:12.48	2:39.03	1:16.03	2:44.06	5:43.72	438
437	30.63	1:07.21	2:26.49	5:09.57	10:38.49	20:23.74	33.86	1:12.78	2:38.36	37.95	1:22.62	2:57.33	32.12	1:12.54	2:39.16	1:16.08	2:44.19	5:43.99	437
436	30.66	1:07.27	2:26.60	5:09.80	10:38.98	20:24.68	33.89	1:12.83	2:38.49	37.98	1:22.68	2:57.46	32.15	1:12.59	2:39.28	1:16.14	2:44.31	5:44.25	436
435	30.68	1:07.32	2:26.72	5:10.04	10:39.47	20:25.61	33.91	1:12.89	2:38.61	38.00	1:22.75	2:57.60	32.17	1:12.65	2:39.40	1:16.20	2:44.44	5:44.51	435
434	30.70	1:07.37	2:26.83	5:10.28	10:39.96	20:26.56	33.94	1:12.94	2:38.73	38.03	1:22.81	2:57.73	32.20	1:12.70	2:39.52	1:16.26	2:44.57	5:44.78	434
433	30.73	1:07.42	2:26.94	5:10.52	10:40.45	20:27.50	33.97	1:13.00	2:38.85	38.06	1:22.87	2:57.87	32.22	1:12.76	2:39.64	1:16.32	2:44.69	5:45.04	433

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
432	30.75	1:07.47	2:27.05	5:10.76	10:40.95	20:28.44	33.99	1:13.06	2:38.97	38.09	1:22.94	2:58.01	32.25	1:12.82	2:39.77	1:16.38	2:44.82	5:45.31	432
431	30.77	1:07.52	2:27.17	5:11.00	10:41.44	20:29.39	34.02	1:13.11	2:39.10	38.12	1:23.00	2:58.15	32.27	1:12.87	2:39.89	1:16.43	2:44.95	5:45.57	431
430	30.80	1:07.58	2:27.28	5:11.24	10:41.94	20:30.35	34.04	1:13.17	2:39.22	38.15	1:23.07	2:58.28	32.30	1:12.93	2:40.01	1:16.49	2:45.08	5:45.84	430
429	30.82	1:07.63	2:27.40	5:11.48	10:42.44	20:31.30	34.07	1:13.23	2:39.34	38.18	1:23.13	2:58.42	32.32	1:12.99	2:40.14	1:16.55	2:45.20	5:46.11	429
428	30.85	1:07.68	2:27.51	5:11.72	10:42.94	20:32.26	34.10	1:13.28	2:39.47	38.21	1:23.19	2:58.56	32.35	1:13.04	2:40.26	1:16.61	2:45.33	5:46.38	428
427	30.87	1:07.74	2:27.63	5:11.96	10:43.44	20:33.22	34.12	1:13.34	2:39.59	38.24	1:23.26	2:58.70	32.37	1:13.10	2:40.39	1:16.67	2:45.46	5:46.65	427
426	30.89	1:07.79	2:27.74	5:12.21	10:43.94	20:34.19	34.15	1:13.40	2:39.72	38.27	1:23.32	2:58.84	32.40	1:13.16	2:40.51	1:16.73	2:45.59	5:46.92	426
425	30.92	1:07.84	2:27.86	5:12.45	10:44.45	20:35.15	34.18	1:13.45	2:39.84	38.30	1:23.39	2:58.98	32.42	1:13.21	2:40.64	1:16.79	2:45.72	5:47.19	425
424	30.94	1:07.89	2:27.97	5:12.70	10:44.95	20:36.12	34.20	1:13.51	2:39.97	38.33	1:23.46	2:59.12	32.45	1:13.27	2:40.77	1:16.85	2:45.85	5:47.47	424
423	30.97	1:07.95	2:28.09	5:12.94	10:45.46	20:37.10	34.23	1:13.57	2:40.09	38.36	1:23.52	2:59.26	32.47	1:13.33	2:40.89	1:16.91	2:45.98	5:47.74	423
422	30.99	1:08.00	2:28.21	5:13.19	10:45.97	20:38.07	34.26	1:13.63	2:40.22	38.39	1:23.59	2:59.40	32.50	1:13.39	2:41.02	1:16.97	2:46.11	5:48.01	422
421	31.02	1:08.06	2:28.32	5:13.44	10:46.48	20:39.05	34.29	1:13.69	2:40.35	38.42	1:23.65	2:59.55	32.52	1:13.45	2:41.15	1:17.03	2:46.24	5:48.29	421
420	31.04	1:08.11	2:28.44	5:13.69	10:46.99	20:40.03	34.31	1:13.74	2:40.47	38.45	1:23.72	2:59.69	32.55	1:13.50	2:41.27	1:17.10	2:46.38	5:48.57	420
419	31.07	1:08.16	2:28.56	5:13.94	10:47.51	20:41.02	34.34	1:13.80	2:40.60	38.48	1:23.79	2:59.83	32.58	1:13.56	2:41.40	1:17.16	2:46.51	5:48.84	419
418	31.09	1:08.22	2:28.68	5:14.19	10:48.03	20:42.01	34.37	1:13.86	2:40.73	38.51	1:23.85	2:59.97	32.60	1:13.62	2:41.53	1:17.22	2:46.64	5:49.12	418
417	31.12	1:08.27	2:28.80	5:14.44	10:48.54	20:43.00	34.39	1:13.92	2:40.86	38.54	1:23.92	3:00.12	32.63	1:13.68	2:41.66	1:17.28	2:46.77	5:49.40	417
416	31.14	1:08.33	2:28.92	5:14.69	10:49.06	20:44.00	34.42	1:13.98	2:40.99	38.57	1:23.99	3:00.26	32.65	1:13.74	2:41.79	1:17.34	2:46.91	5:49.68	416
415	31.17	1:08.38	2:29.04	5:14.94	10:49.58	20:45.00	34.45	1:14.04	2:41.12	38.61	1:24.05	3:00.41	32.68	1:13.80	2:41.92	1:17.40	2:47.04	5:49.96	415
414	31.19	1:08.44	2:29.16	5:15.20	10:50.11	20:46.00	34.48	1:14.10	2:41.24	38.64	1:24.12	3:00.55	32.71	1:13.86	2:42.05	1:17.47	2:47.18	5:50.24	414
413	31.22	1:08.49	2:29.28	5:15.45	10:50.63	20:47.00	34.51	1:14.16	2:41.37	38.67	1:24.19	3:00.70	32.73	1:13.92	2:42.18	1:17.53	2:47.31	5:50.52	413
412	31.24	1:08.55	2:29.40	5:15.70	10:51.16	20:48.01	34.53	1:14.22	2:41.51	38.70	1:24.26	3:00.84	32.76	1:13.98	2:42.31	1:17.59	2:47.45	5:50.81	412
411	31.27	1:08.60	2:29.52	5:15.96	10:51.68	20:49.02	34.56	1:14.28	2:41.64	38.73	1:24.33	3:00.99	32.79	1:14.04	2:42.44	1:17.65	2:47.58	5:51.09	411
410	31.29	1:08.66	2:29.64	5:16.22	10:52.21	20:50.04	34.59	1:14.34	2:41.77	38.76	1:24.39	3:01.14	32.81	1:14.10	2:42.57	1:17.72	2:47.72	5:51.38	410
409	31.32	1:08.71	2:29.76	5:16.47	10:52.74	20:51.05	34.62	1:14.40	2:41.90	38.79	1:24.46	3:01.28	32.84	1:14.16	2:42.71	1:17.78	2:47.85	5:51.66	409
408	31.34	1:08.77	2:29.88	5:16.73	10:53.28	20:52.07	34.65	1:14.46	2:42.03	38.83	1:24.53	3:01.43	32.87	1:14.22	2:42.84	1:17.84	2:47.99	5:51.95	408
407	31.37	1:08.83	2:30.01	5:16.99	10:53.81	20:53.10	34.67	1:14.52	2:42.16	38.86	1:24.60	3:01.58	32.89	1:14.28	2:42.97	1:17.91	2:48.13	5:52.24	407
406	31.39	1:08.88	2:30.13	5:17.25	10:54.35	20:54.13	34.70	1:14.58	2:42.30	38.89	1:24.67	3:01.73	32.92	1:14.34	2:43.11	1:17.97	2:48.27	5:52.53	406
405	31.42	1:08.94	2:30.25	5:17.51	10:54.89	20:55.16	34.73	1:14.64	2:42.43	38.92	1:24.74	3:01.88	32.95	1:14.40	2:43.24	1:18.04	2:48.40	5:52.82	405
404	31.45	1:09.00	2:30.38	5:17.77	10:55.43	20:56.19	34.76	1:14.71	2:42.56	38.95	1:24.81	3:02.03	32.97	1:14.46	2:43.38	1:18.10	2:48.54	5:53.11	404
403	31.47	1:09.05	2:30.50	5:18.04	10:55.97	20:57.23	34.79	1:14.77	2:42.70	38.99	1:24.88	3:02.18	33.00	1:14.52	2:43.51	1:18.17	2:48.68	5:53.40	403
402	31.50	1:09.11	2:30.63	5:18.30	10:56.51	20:58.27	34.82	1:14.83	2:42.83	39.02	1:24.95	3:02.33	33.03	1:14.59	2:43.65	1:18.23	2:48.82	5:53.69	402
401	31.52	1:09.17	2:30.75	5:18.57	10:57.06	20:59.32	34.85	1:14.89	2:42.97	39.05	1:25.02	3:02.48	33.06	1:14.65	2:43.78	1:18.30	2:48.96	5:53.99	401
400	31.55	1:09.23	2:30.88	5:18.83	10:57.60	21:00.37	34.88	1:14.95	2:43.10	39.08	1:25.09	3:02.63	33.08	1:14.71	2:43.92	1:18.36	2:49.10	5:54.28	400

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
800	21.86	48.41	1:47.04	3:49.19	7:57.65	15:15.74	24.35	52.71	1:54.30	27.19	59.90	2:09.98	23.48	52.22	1:57.53	54.67	1:58.58	4:13.68	800
799	21.87	48.43	1:47.08	3:49.29	7:57.85	15:16.12	24.36	52.74	1:54.35	27.21	59.92	2:10.04	23.49	52.24	1:57.58	54.70	1:58.62	4:13.79	799
798	21.88	48.45	1:47.13	3:49.39	7:58.05	15:16.50	24.37	52.76	1:54.39	27.22	59.95	2:10.09	23.50	52.26	1:57.63	54.72	1:58.67	4:13.89	798
797	21.89	48.47	1:47.17	3:49.48	7:58.25	15:16.89	24.38	52.78	1:54.44	27.23	59.97	2:10.15	23.51	52.28	1:57.68	54.74	1:58.72	4:14.00	797
796	21.90	48.49	1:47.22	3:49.58	7:58.45	15:17.27	24.39	52.80	1:54.49	27.24	1:00.00	2:10.20	23.52	52.31	1:57.73	54.77	1:58.77	4:14.10	796
795	21.91	48.51	1:47.26	3:49.67	7:58.65	15:17.65	24.40	52.82	1:54.54	27.25	1:00.02	2:10.25	23.53	52.33	1:57.78	54.79	1:58.82	4:14.21	795
794	21.92	48.53	1:47.31	3:49.77	7:58.85	15:18.04	24.41	52.85	1:54.59	27.26	1:00.05	2:10.31	23.54	52.35	1:57.83	54.81	1:58.87	4:14.32	794
793	21.93	48.55	1:47.35	3:49.87	7:59.06	15:18.42	24.42	52.87	1:54.63	27.27	1:00.07	2:10.36	23.55	52.37	1:57.88	54.83	1:58.92	4:14.42	793
792	21.94	48.57	1:47.40	3:49.96	7:59.26	15:18.81	24.43	52.89	1:54.68	27.29	1:00.10	2:10.42	23.56	52.39	1:57.92	54.86	1:58.97	4:14.53	792
791	21.95	48.59	1:47.44	3:50.06	7:59.46	15:19.20	24.44	52.91	1:54.73	27.30	1:00.13	2:10.47	23.57	52.42	1:57.97	54.88	1:59.02	4:14.64	791
790	---	48.61	1:47.49	3:50.16	7:59.66	15:19.59	24.45	52.94	1:54.78	27.31	1:00.15	2:10.53	23.58	52.44	1:58.02	54.90	1:59.07	4:14.75	790
789	21.96	48.63	1:47.53	3:50.25	7:59.86	15:19.97	24.46	52.96	1:54.83	27.32	1:00.18	2:10.58	23.59	52.46	1:58.07	54.93	1:59.12	4:14.85	789
788	21.97	48.65	1:47.58	3:50.35	8:00.07	15:20.36	24.47	52.98	1:54.88	27.33	1:00.20	2:10.64	23.60	52.48	1:58.12	54.95	1:59.17	4:14.96	788
787	21.98	48.67	1:47.62	3:50.45	8:00.27	15:20.75	24.48	53.00	1:54.92	27.34	1:00.23	2:10.69	23.61	52.50	1:58.17	54.97	1:59.22	4:15.07	787
786	21.99	48.69	1:47.67	3:50.55	8:00.47	15:21.14	24.49	53.03	1:54.97	27.36	1:00.25	2:10.75	23.62	52.53	1:58.22	55.00	1:59.27	4:15.18	786
785	22.00	48.71	1:47.72	3:50.65	8:00.68	15:21.53	24.51	53.05	1:55.02	27.37	1:00.28	2:10.81	23.63	52.55	1:58.27	55.02	1:59.33	4:15.29	785
784	22.01	48.73	1:47.76	3:50.74	8:00.88	15:21.93	24.52	53.07	1:55.07	27.38	1:00.30	2:10.86	23.64	52.57	1:58.32	55.04	1:59.38	4:15.39	784
783	22.02	48.75	1:47.81	3:50.84	8:01.09	15:22.32	24.53	53.09	1:55.12	27.39	1:00.33	2:10.92	23.65	52.59	1:58.37	55.07	1:59.43	4:15.50	783
782	22.03	48.77	1:47.85	3:50.94	8:01.29	15:22.71	24.54	53.12	1:55.17	27.40	1:00.36	2:10.97	23.66	52.62	1:58.43	55.09	1:59.48	4:15.61	782
781	22.04	48.79	1:47.90	3:51.04	8:01.50	15:23.10	24.55	53.14	1:55.22	27.41	1:00.38	2:11.03	23.67	52.64	1:58.48	55.11	1:59.53	4:15.72	781
780	22.05	48.82	1:47.95	3:51.14	8:01.70	15:23.50	24.56	53.16	1:55.27	27.43	1:00.41	2:11.08	23.68	52.66	1:58.53	55.14	1:59.58	4:15.83	780
779	22.06	48.84	1:47.99	3:51.24	8:01.91	15:23.89	24.57	53.18	1:55.32	27.44	1:00.43	2:11.14	23.69	52.68	1:58.58	55.16	1:59.63	4:15.94	779
778	22.07	48.86	1:48.04	3:51.33	8:02.12	15:24.29	24.58	53.21	1:55.37	27.45	1:00.46	2:11.20	23.70	52.71	1:58.63	55.19	1:59.68	4:16.05	778
777	22.08	48.88	1:48.08	3:51.43	8:02.32	15:24.69	24.59	53.23	1:55.42	27.46	1:00.48	2:11.25	23.71	52.73	1:58.68	55.21	1:59.73	4:16.16	777
776	22.09	48.90	1:48.13	3:51.53	8:02.53	15:25.08	24.60	53.25	1:55.46	27.47	1:00.51	2:11.31	23.72	52.75	1:58.73	55.23	1:59.79	4:16.27	776
775	22.10	48.92	1:48.18	3:51.63	8:02.74	15:25.48	24.61	53.27	1:55.51	27.48	1:00.54	2:11.37	23.73	52.77	1:58.78	55.26	1:59.84	4:16.38	775
774	---	48.94	1:48.22	3:51.73	8:02.94	15:25.88	24.62	53.30	1:55.56	27.50	1:00.56	2:11.42	23.74	52.80	1:58.83	55.28	1:59.89	4:16.49	774
773	22.11	48.96	1:48.27	3:51.83	8:03.15	15:26.28	24.63	53.32	1:55.61	27.51	1:00.59	2:11.48	23.75	52.82	1:58.88	55.30	1:59.94	4:16.60	773
772	22.12	48.98	1:48.32	3:51.93	8:03.36	15:26.68	24.64	53.34	1:55.66	27.52	1:00.61	2:11.54	23.76	52.84	1:58.93	55.33	1:59.99	4:16.71	772
771	22.13	49.00	1:48.36	3:52.03	8:03.57	15:27.08	24.65	53.37	1:55.71	27.53	1:00.64	2:11.59	23.77	52.87	1:58.99	55.35	2:00.04	4:16.82	771
770	22.14	49.03	1:48.41	3:52.13	8:03.78	15:27.48	24.66	53.39	1:55.76	27.54	1:00.67	2:11.65	23.78	52.89	1:59.04	55.38	2:00.10	4:16.93	770
769	22.15	49.05	1:48.46	3:52.23	8:03.99	15:27.88	24.67	53.41	1:55.81	27.56	1:00.69	2:11.71	23.79	52.91	1:59.09	55.40	2:00.15	4:17.04	769
768	22.16	49.07	1:48.50	3:52.33	8:04.20	15:28.28	24.68	53.44	1:55.86	27.57	1:00.72	2:11.76	23.80	52.93	1:59.14	55.42	2:00.20	4:17.16	768
767	22.17	49.09	1:48.55	3:52.44	8:04.41	15:28.69	24.70	53.46	1:55.91	27.58	1:00.75	2:11.82	23.81	52.96	1:59.19	55.45	2:00.25	4:17.27	767
766	22.18	49.11	1:48.60	3:52.54	8:04.62	15:29.09	24.71	53.48	1:55.97	27.59	1:00.77	2:11.88	23.82	52.98	1:59.24	55.47	2:00.30	4:17.38	766
765	22.19	49.13	1:48.65	3:52.64	8:04.83	15:29.50	24.72	53.51	1:56.02	27.60	1:00.80	2:11.94	23.83	53.00	1:59.30	55.50	2:00.36	4:17.49	765
764	22.20	49.15	1:48.69	3:52.74	8:05.04	15:29.90	24.73	53.53	1:56.07	27.62	1:00.83	2:11.99	23.84	53.03	1:59.35	55.52	2:00.41	4:17.60	764
763	22.21	49.18	1:48.74	3:52.84	8:05.25	15:30.31	24.74	53.55	1:56.12	27.63	1:00.85	2:12.05	23.85	53.05	1:59.40	55.54	2:00.46	4:17.72	763
762	22.22	49.20	1:48.79	3:52.94	8:05.47	15:30.71	24.75	53.58	1:56.17	27.64	1:00.88	2:12.11	23.86	53.07	1:59.45	55.57	2:00.51	4:17.83	762
761	22.23	49.22	1:48.84	3:53.04	8:05.68	15:31.12	24.76	53.60	1:56.22	27.65	1:00.91	2:12.17	23.87	53.10	1:59.50	55.59	2:00.57	4:17.94	761
760	22.24	49.24	1:48.88	3:53.15	8:05.89	15:31.53	24.77	53.62	1:56.27	27.66	1:00.93	2:12.22	23.88	53.12	1:59.56	55.62	2:00.62	4:18.05	760
759	22.25	49.26	1:48.93	3:53.25	8:06.11	15:31.94	24.78	53.65	1:56.32	27.68	1:00.96	2:12.28	23.89	53.14	1:59.61	55.64	2:00.67	4:18.17	759
758	22.26	49.28	1:48.98	3:53.35	8:06.32	15:32.35	24.79	53.67	1:56.37	27.69	1:00.99	2:12.34	23.90	53.17	1:59.66	55.67	2:00.73	4:18.28	758
757	22.27	49.30	1:49.03	3:53.45	8:06.53	15:32.76	24.80	53.69	1:56.42	27.70	1:01.01	2:12.40	23.91	53.19	1:59.71	55.69	2:00.78	4:18.39	757
756	22.28	49.33	1:49.08	3:53.56	8:06.75	15:33.17	24.81	53.72	1:56.47	27.71	1:01.04	2:12.46	23.93	53.21	1:59.77	55.72	2:00.83	4:18.51	756
755	22.29	49.35	1:49.12	3:53.66	8:06.96	15:33.58	24.83	53.74	1:56.53	27.72	1:01.07	2:12.52	23.94	53.24	1:59.82	55.74	2:00.89	4:18.62	755

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
754	22.30	49.37	1:49.17	3:53.76	8:07.18	15:33.99	24.84	53.77	1:56.58	27.74	1:01.09	2:12.57	23.95	53.26	1:59.87	55.76	2:00.94	4:18.74	754
753	22.31	49.39	1:49.22	3:53.87	8:07.39	15:34.41	24.85	53.79	1:56.63	27.75	1:01.12	2:12.63	23.96	53.28	1:59.93	55.79	2:00.99	4:18.85	753
752	22.32	49.41	1:49.27	3:53.97	8:07.61	15:34.82	24.86	53.81	1:56.68	27.76	1:01.15	2:12.69	23.97	53.31	1:59.98	55.81	2:01.05	4:18.97	752
751	22.33	49.44	1:49.32	3:54.07	8:07.83	15:35.24	24.87	53.84	1:56.73	27.77	1:01.17	2:12.75	23.98	53.33	2:00.03	55.84	2:01.10	4:19.08	751
750	22.34	49.46	1:49.37	3:54.18	8:08.04	15:35.65	24.88	53.86	1:56.78	27.79	1:01.20	2:12.81	23.99	53.35	2:00.09	55.86	2:01.15	4:19.20	750
749	22.35	49.48	1:49.41	3:54.28	8:08.26	15:36.07	24.89	53.88	1:56.84	27.80	1:01.23	2:12.87	24.00	53.38	2:00.14	55.89	2:01.21	4:19.31	749
748	22.36	49.50	1:49.46	3:54.39	8:08.48	15:36.48	24.90	53.91	1:56.89	27.81	1:01.26	2:12.93	24.01	53.40	2:00.19	55.91	2:01.26	4:19.43	748
747	22.37	49.52	1:49.51	3:54.49	8:08.69	15:36.90	24.91	53.93	1:56.94	27.82	1:01.28	2:12.99	24.02	53.43	2:00.25	55.94	2:01.32	4:19.54	747
746	22.38	49.55	1:49.56	3:54.60	8:08.91	15:37.32	24.92	53.96	1:56.99	27.84	1:01.31	2:13.05	24.03	53.45	2:00.30	55.96	2:01.37	4:19.66	746
745	22.39	49.57	1:49.61	3:54.70	8:09.13	15:37.74	24.94	53.98	1:57.04	27.85	1:01.34	2:13.11	24.04	53.47	2:00.35	55.99	2:01.42	4:19.77	745
744	22.40	49.59	1:49.66	3:54.81	8:09.35	15:38.16	24.95	54.00	1:57.10	27.86	1:01.37	2:13.17	24.05	53.50	2:00.41	56.01	2:01.48	4:19.89	744
743	22.41	49.61	1:49.71	3:54.91	8:09.57	15:38.58	24.96	54.03	1:57.15	27.87	1:01.39	2:13.23	24.06	53.52	2:00.46	56.04	2:01.53	4:20.01	743
742	22.42	49.63	1:49.76	3:55.02	8:09.79	15:39.00	24.97	54.05	1:57.20	27.89	1:01.42	2:13.29	24.07	53.55	2:00.52	56.06	2:01.59	4:20.12	742
741	22.43	49.66	1:49.81	3:55.12	8:10.01	15:39.42	24.98	54.08	1:57.26	27.90	1:01.45	2:13.35	24.09	53.57	2:00.57	56.09	2:01.64	4:20.24	741
740	22.44	49.68	1:49.86	3:55.23	8:10.23	15:39.85	24.99	54.10	1:57.31	27.91	1:01.48	2:13.41	24.10	53.59	2:00.62	56.11	2:01.70	4:20.36	740
739	22.45	49.70	1:49.91	3:55.33	8:10.45	15:40.27	25.00	54.13	1:57.36	27.92	1:01.50	2:13.47	24.11	53.62	2:00.68	56.14	2:01.75	4:20.48	739
738	22.46	49.72	1:49.96	3:55.44	8:10.67	15:40.70	25.01	54.15	1:57.41	27.94	1:01.53	2:13.53	24.12	53.64	2:00.73	56.16	2:01.81	4:20.59	738
737	22.47	49.75	1:50.01	3:55.55	8:10.89	15:41.12	25.03	54.18	1:57.47	27.95	1:01.56	2:13.59	24.13	53.67	2:00.79	56.19	2:01.86	4:20.71	737
736	22.48	49.77	1:50.05	3:55.65	8:11.12	15:41.55	25.04	54.20	1:57.52	27.96	1:01.59	2:13.65	24.14	53.69	2:00.84	56.22	2:01.92	4:20.83	736
735	22.49	49.79	1:50.10	3:55.76	8:11.34	15:41.97	25.05	54.22	1:57.57	27.97	1:01.62	2:13.71	24.15	53.71	2:00.90	56.24	2:01.97	4:20.95	735
734	22.50	49.81	1:50.15	3:55.87	8:11.56	15:42.40	25.06	54.25	1:57.63	27.99	1:01.64	2:13.77	24.16	53.74	2:00.95	56.27	2:02.03	4:21.07	734
733	22.51	49.84	1:50.20	3:55.98	8:11.79	15:42.83	25.07	54.27	1:57.68	28.00	1:01.67	2:13.83	24.17	53.76	2:01.01	56.29	2:02.08	4:21.18	733
732	22.52	49.86	1:50.26	3:56.08	8:12.01	15:43.26	25.08	54.30	1:57.73	28.01	1:01.70	2:13.89	24.18	53.79	2:01.06	56.32	2:02.14	4:21.30	732
731	22.53	49.88	1:50.31	3:56.19	8:12.23	15:43.69	25.09	54.32	1:57.79	28.02	1:01.73	2:13.95	24.20	53.81	2:01.12	56.34	2:02.19	4:21.42	731
730	22.54	49.91	1:50.36	3:56.30	8:12.46	15:44.12	25.11	54.35	1:57.84	28.04	1:01.76	2:14.01	24.21	53.84	2:01.17	56.37	2:02.25	4:21.54	730
729	22.55	49.93	1:50.41	3:56.41	8:12.68	15:44.55	25.12	54.37	1:57.89	28.05	1:01.78	2:14.07	24.22	53.86	2:01.23	56.39	2:02.31	4:21.66	729
728	22.56	49.95	1:50.46	3:56.51	8:12.91	15:44.98	25.13	54.40	1:57.95	28.06	1:01.81	2:14.13	24.23	53.89	2:01.28	56.42	2:02.36	4:21.78	728
727	22.57	49.97	1:50.51	3:56.62	8:13.14	15:45.42	25.14	54.42	1:58.00	28.08	1:01.84	2:14.20	24.24	53.91	2:01.34	56.45	2:02.42	4:21.90	727
726	22.58	50.00	1:50.56	3:56.73	8:13.36	15:45.85	25.15	54.45	1:58.06	28.09	1:01.87	2:14.26	24.25	53.94	2:01.40	56.47	2:02.47	4:22.02	726
725	22.59	50.02	1:50.61	3:56.84	8:13.59	15:46.28	25.16	54.47	1:58.11	28.10	1:01.90	2:14.32	24.26	53.96	2:01.45	56.50	2:02.53	4:22.14	725
724	22.60	50.04	1:50.66	3:56.95	8:13.82	15:46.72	25.17	54.50	1:58.17	28.11	1:01.93	2:14.38	24.27	53.99	2:01.51	56.52	2:02.59	4:22.26	724
723	22.61	50.07	1:50.71	3:57.06	8:14.04	15:47.16	25.19	54.52	1:58.22	28.13	1:01.95	2:14.44	24.28	54.01	2:01.56	56.55	2:02.64	4:22.38	723
722	22.62	50.09	1:50.76	3:57.17	8:14.27	15:47.59	25.20	54.55	1:58.27	28.14	1:01.98	2:14.50	24.30	54.04	2:01.62	56.58	2:02.70	4:22.50	722
721	22.63	50.11	1:50.81	3:57.28	8:14.50	15:48.03	25.21	54.57	1:58.33	28.15	1:02.01	2:14.57	24.31	54.06	2:01.68	56.60	2:02.76	4:22.63	721
720	22.64	50.14	1:50.86	3:57.39	8:14.73	15:48.47	25.22	54.60	1:58.38	28.17	1:02.04	2:14.63	24.32	54.09	2:01.73	56.63	2:02.81	4:22.75	720
719	22.65	50.16	1:50.92	3:57.50	8:14.96	15:48.91	25.23	54.62	1:58.44	28.18	1:02.07	2:14.69	24.33	54.11	2:01.79	56.66	2:02.87	4:22.87	719
718	22.67	50.18	1:50.97	3:57.61	8:15.19	15:49.35	25.24	54.65	1:58.49	28.19	1:02.10	2:14.75	24.34	54.14	2:01.84	56.68	2:02.93	4:22.99	718
717	22.68	50.21	1:51.02	3:57.72	8:15.42	15:49.79	25.26	54.67	1:58.55	28.21	1:02.13	2:14.82	24.35	54.16	2:01.90	56.71	2:02.98	4:23.11	717
716	22.69	50.23	1:51.07	3:57.83	8:15.65	15:50.23	25.27	54.70	1:58.60	28.22	1:02.16	2:14.88	24.36	54.19	2:01.96	56.73	2:03.04	4:23.24	716
715	22.70	50.25	1:51.12	3:57.94	8:15.88	15:50.68	25.28	54.73	1:58.66	28.23	1:02.18	2:14.94	24.37	54.21	2:02.01	56.76	2:03.10	4:23.36	715
714	22.71	50.28	1:51.17	3:58.05	8:16.11	15:51.12	25.29	54.75	1:58.71	28.25	1:02.21	2:15.01	24.39	54.24	2:02.07	56.79	2:03.16	4:23.48	714
713	22.72	50.30	1:51.23	3:58.16	8:16.34	15:51.56	25.30	54.78	1:58.77	28.26	1:02.24	2:15.07	24.40	54.26	2:02.13	56.81	2:03.21	4:23.60	713
712	22.73	50.32	1:51.28	3:58.27	8:16.57	15:52.01	25.32	54.80	1:58.83	28.27	1:02.27	2:15.13	24.41	54.29	2:02.19	56.84	2:03.27	4:23.73	712
711	22.74	50.35	1:51.33	3:58.38	8:16.81	15:52.46	25.33	54.83	1:58.88	28.29	1:02.30	2:15.19	24.42	54.31	2:02.24	56.87	2:03.33	4:23.85	711
710	22.75	50.37	1:51.38	3:58.50	8:17.04	15:52.90	25.34	54.85	1:58.94	28.30	1:02.33	2:15.26	24.43	54.34	2:02.30	56.89	2:03.39	4:23.98	710
709	22.76	50.39	1:51.43	3:58.61	8:17.27	15:53.35	25.35	54.88	1:58.99	28.31	1:02.36	2:15.32	24.44	54.36	2:02.36	56.92	2:03.45	4:24.10	709

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
708	22.77	50.42	1:51.49	3:58.72	8:17.51	15:53.80	25.36	54.91	1:59.05	28.33	1:02.39	2:15.39	24.45	54.39	2:02.42	56.95	2:03.50	4:24.22	708
707	22.78	50.44	1:51.54	3:58.83	8:17.74	15:54.25	25.38	54.93	1:59.11	28.34	1:02.42	2:15.45	24.47	54.41	2:02.47	56.97	2:03.56	4:24.35	707
706	22.79	50.46	1:51.59	3:58.95	8:17.98	15:54.70	25.39	54.96	1:59.16	28.35	1:02.45	2:15.51	24.48	54.44	2:02.53	57.00	2:03.62	4:24.47	706
705	22.80	50.49	1:51.65	3:59.06	8:18.21	15:55.15	25.40	54.98	1:59.22	28.37	1:02.48	2:15.58	24.49	54.47	2:02.59	57.03	2:03.68	4:24.60	705
704	22.81	50.51	1:51.70	3:59.17	8:18.45	15:55.60	25.41	55.01	1:59.27	28.38	1:02.51	2:15.64	24.50	54.49	2:02.65	57.05	2:03.74	4:24.72	704
703	22.83	50.54	1:51.75	3:59.29	8:18.68	15:56.05	25.42	55.04	1:59.33	28.39	1:02.54	2:15.71	24.51	54.52	2:02.70	57.08	2:03.80	4:24.85	703
702	22.84	50.56	1:51.80	3:59.40	8:18.92	15:56.51	25.44	55.06	1:59.39	28.41	1:02.57	2:15.77	24.52	54.54	2:02.76	57.11	2:03.85	4:24.97	702
701	22.85	50.58	1:51.86	3:59.51	8:19.16	15:56.96	25.45	55.09	1:59.44	28.42	1:02.60	2:15.83	24.54	54.57	2:02.82	57.14	2:03.91	4:25.10	701
700	22.86	50.61	1:51.91	3:59.63	8:19.40	15:57.42	25.46	55.11	1:59.50	28.43	1:02.63	2:15.90	24.55	54.60	2:02.88	57.16	2:03.97	4:25.23	700
699	22.87	50.63	1:51.96	3:59.74	8:19.63	15:57.87	25.47	55.14	1:59.56	28.45	1:02.66	2:15.96	24.56	54.62	2:02.94	57.19	2:04.03	4:25.35	699
698	22.88	50.66	1:52.02	3:59.86	8:19.87	15:58.33	25.48	55.17	1:59.62	28.46	1:02.69	2:16.03	24.57	54.65	2:03.00	57.22	2:04.09	4:25.48	698
697	22.89	50.68	1:52.07	3:59.97	8:20.11	15:58.79	25.50	55.19	1:59.67	28.47	1:02.72	2:16.09	24.58	54.67	2:03.06	57.25	2:04.15	4:25.61	697
696	22.90	50.71	1:52.12	4:00.08	8:20.35	15:59.25	25.51	55.22	1:59.73	28.49	1:02.75	2:16.16	24.59	54.70	2:03.11	57.27	2:04.21	4:25.73	696
695	22.91	50.73	1:52.18	4:00.20	8:20.59	15:59.71	25.52	55.25	1:59.79	28.50	1:02.78	2:16.22	24.61	54.73	2:03.17	57.30	2:04.27	4:25.86	695
694	22.92	50.75	1:52.23	4:00.32	8:20.83	16:00.17	25.53	55.27	1:59.84	28.51	1:02.81	2:16.29	24.62	54.75	2:03.23	57.33	2:04.33	4:25.99	694
693	22.93	50.78	1:52.29	4:00.43	8:21.07	16:00.63	25.54	55.30	1:59.90	28.53	1:02.84	2:16.36	24.63	54.78	2:03.29	57.36	2:04.39	4:26.12	693
692	22.95	50.80	1:52.34	4:00.55	8:21.31	16:01.09	25.56	55.33	1:59.96	28.54	1:02.87	2:16.42	24.64	54.81	2:03.35	57.38	2:04.45	4:26.24	692
691	22.96	50.83	1:52.39	4:00.66	8:21.55	16:01.56	25.57	55.35	2:00.02	28.56	1:02.90	2:16.49	24.65	54.83	2:03.41	57.41	2:04.51	4:26.37	691
690	22.97	50.85	1:52.45	4:00.78	8:21.80	16:02.02	25.58	55.38	2:00.08	28.57	1:02.93	2:16.55	24.67	54.86	2:03.47	57.44	2:04.57	4:26.50	690
689	22.98	50.88	1:52.50	4:00.90	8:22.04	16:02.49	25.59	55.41	2:00.13	28.58	1:02.96	2:16.62	24.68	54.88	2:03.53	57.47	2:04.63	4:26.63	689
688	22.99	50.90	1:52.56	4:01.01	8:22.28	16:02.95	25.61	55.43	2:00.19	28.60	1:02.99	2:16.68	24.69	54.91	2:03.59	57.49	2:04.69	4:26.76	688
687	23.00	50.93	1:52.61	4:01.13	8:22.53	16:03.42	25.62	55.46	2:00.25	28.61	1:03.02	2:16.75	24.70	54.94	2:03.65	57.52	2:04.75	4:26.89	687
686	23.01	50.95	1:52.67	4:01.25	8:22.77	16:03.89	25.63	55.49	2:00.31	28.62	1:03.05	2:16.82	24.71	54.96	2:03.71	57.55	2:04.81	4:27.02	686
685	23.02	50.98	1:52.72	4:01.36	8:23.01	16:04.36	25.64	55.51	2:00.37	28.64	1:03.08	2:16.88	24.73	54.99	2:03.77	57.58	2:04.87	4:27.15	685
684	23.03	51.00	1:52.78	4:01.48	8:23.26	16:04.83	25.66	55.54	2:00.43	28.65	1:03.11	2:16.95	24.74	55.02	2:03.83	57.61	2:04.93	4:27.28	684
683	23.05	51.03	1:52.83	4:01.60	8:23.51	16:05.30	25.67	55.57	2:00.48	28.67	1:03.14	2:17.02	24.75	55.04	2:03.89	57.63	2:04.99	4:27.41	683
682	23.06	51.05	1:52.89	4:01.72	8:23.75	16:05.77	25.68	55.59	2:00.54	28.68	1:03.17	2:17.08	24.76	55.07	2:03.95	57.66	2:05.05	4:27.54	682
681	23.07	51.07	1:52.94	4:01.83	8:24.00	16:06.24	25.69	55.62	2:00.60	28.69	1:03.20	2:17.15	24.77	55.10	2:04.01	57.69	2:05.11	4:27.67	681
680	23.08	51.10	1:53.00	4:01.95	8:24.24	16:06.71	25.71	55.65	2:00.66	28.71	1:03.23	2:17.22	24.79	55.13	2:04.07	57.72	2:05.18	4:27.80	680
679	23.09	51.13	1:53.05	4:02.07	8:24.49	16:07.19	25.72	55.68	2:00.72	28.72	1:03.26	2:17.29	24.80	55.15	2:04.13	57.75	2:05.24	4:27.93	679
678	23.10	51.15	1:53.11	4:02.19	8:24.74	16:07.66	25.73	55.70	2:00.78	28.74	1:03.30	2:17.35	24.81	55.18	2:04.19	57.78	2:05.30	4:28.06	678
677	23.11	51.18	1:53.16	4:02.31	8:24.99	16:08.14	25.74	55.73	2:00.84	28.75	1:03.33	2:17.42	24.82	55.21	2:04.26	57.80	2:05.36	4:28.20	677
676	23.13	51.20	1:53.22	4:02.43	8:25.24	16:08.62	25.76	55.76	2:00.90	28.77	1:03.36	2:17.49	24.83	55.23	2:04.32	57.83	2:05.42	4:28.33	676
675	23.14	51.23	1:53.28	4:02.55	8:25.49	16:09.10	25.77	55.79	2:00.96	28.78	1:03.39	2:17.56	24.85	55.26	2:04.38	57.86	2:05.48	4:28.46	675
674	23.15	51.25	1:53.33	4:02.67	8:25.74	16:09.57	25.78	55.81	2:01.02	28.79	1:03.42	2:17.62	24.86	55.29	2:04.44	57.89	2:05.55	4:28.59	674
673	23.16	51.28	1:53.39	4:02.79	8:25.99	16:10.05	25.80	55.84	2:01.08	28.81	1:03.45	2:17.69	24.87	55.32	2:04.50	57.92	2:05.61	4:28.73	673
672	23.17	51.30	1:53.44	4:02.91	8:26.24	16:10.54	25.81	55.87	2:01.14	28.82	1:03.48	2:17.76	24.88	55.34	2:04.56	57.95	2:05.67	4:28.86	672
671	23.18	51.33	1:53.50	4:03.03	8:26.49	16:11.02	25.82	55.90	2:01.20	28.84	1:03.52	2:17.83	24.90	55.37	2:04.63	57.98	2:05.73	4:28.99	671
670	23.19	51.35	1:53.56	4:03.15	8:26.74	16:11.50	25.83	55.92	2:01.26	28.85	1:03.55	2:17.90	24.91	55.40	2:04.69	58.00	2:05.80	4:29.13	670
669	23.21	51.38	1:53.61	4:03.27	8:26.99	16:11.98	25.85	55.95	2:01.32	28.87	1:03.58	2:17.97	24.92	55.43	2:04.75	58.03	2:05.86	4:29.26	669
668	23.22	51.40	1:53.67	4:03.39	8:27.25	16:12.47	25.86	55.98	2:01.38	28.88	1:03.61	2:18.04	24.93	55.45	2:04.81	58.06	2:05.92	4:29.40	668
667	23.23	51.43	1:53.73	4:03.52	8:27.50	16:12.95	25.87	56.01	2:01.44	28.89	1:03.64	2:18.10	24.95	55.48	2:04.87	58.09	2:05.98	4:29.53	667
666	23.24	51.46	1:53.78	4:03.64	8:27.75	16:13.44	25.89	56.04	2:01.50	28.91	1:03.67	2:18.17	24.96	55.51	2:04.94	58.12	2:06.05	4:29.67	666
665	23.25	51.48	1:53.84	4:03.76	8:28.01	16:13.93	25.90	56.06	2:01.56	28.92	1:03.71	2:18.24	24.97	55.54	2:05.00	58.15	2:06.11	4:29.80	665
664	23.26	51.51	1:53.90	4:03.88	8:28.26	16:14.42	25.91	56.09	2:01.62	28.94	1:03.74	2:18.31	24.98	55.56	2:05.06	58.18	2:06.17	4:29.94	664
663	23.28	51.53	1:53.95	4:04.00	8:28.52	16:14.91	25.92	56.12	2:01.68	28.95	1:03.77	2:18.38	25.00	55.59	2:05.12	58.21	2:06.24	4:30.07	663

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
662	23.29	51.56	1:54.01	4:04.13	8:28.77	16:15.40	25.94	56.15	2:01.75	28.97	1:03.80	2:18.45	25.01	55.62	2:05.19	58.24	2:06.30	4:30.21	662
661	23.30	51.59	1:54.07	4:04.25	8:29.03	16:15.89	25.95	56.18	2:01.81	28.98	1:03.83	2:18.52	25.02	55.65	2:05.25	58.27	2:06.36	4:30.34	661
660	23.31	51.61	1:54.13	4:04.37	8:29.29	16:16.38	25.96	56.21	2:01.87	29.00	1:03.87	2:18.59	25.03	55.68	2:05.31	58.30	2:06.43	4:30.48	660
659	23.32	51.64	1:54.18	4:04.50	8:29.55	16:16.88	25.98	56.23	2:01.93	29.01	1:03.90	2:18.66	25.05	55.71	2:05.38	58.33	2:06.49	4:30.62	659
658	23.33	51.66	1:54.24	4:04.62	8:29.80	16:17.37	25.99	56.26	2:01.99	29.03	1:03.93	2:18.73	25.06	55.73	2:05.44	58.35	2:06.56	4:30.75	658
657	23.35	51.69	1:54.30	4:04.74	8:30.06	16:17.87	26.00	56.29	2:02.05	29.04	1:03.96	2:18.80	25.07	55.76	2:05.50	58.38	2:06.62	4:30.89	657
656	23.36	51.72	1:54.36	4:04.87	8:30.32	16:18.36	26.02	56.32	2:02.12	29.05	1:04.00	2:18.87	25.08	55.79	2:05.57	58.41	2:06.68	4:31.03	656
655	23.37	51.74	1:54.42	4:04.99	8:30.58	16:18.86	26.03	56.35	2:02.18	29.07	1:04.03	2:18.94	25.10	55.82	2:05.63	58.44	2:06.75	4:31.17	655
654	23.38	51.77	1:54.47	4:05.12	8:30.84	16:19.36	26.04	56.38	2:02.24	29.08	1:04.06	2:19.01	25.11	55.85	2:05.70	58.47	2:06.81	4:31.30	654
653	23.39	51.79	1:54.53	4:05.24	8:31.10	16:19.86	26.06	56.41	2:02.30	29.10	1:04.09	2:19.08	25.12	55.88	2:05.76	58.50	2:06.88	4:31.44	653
652	23.41	51.82	1:54.59	4:05.37	8:31.36	16:20.36	26.07	56.43	2:02.36	29.11	1:04.13	2:19.16	25.14	55.90	2:05.82	58.53	2:06.94	4:31.58	652
651	23.42	51.85	1:54.65	4:05.49	8:31.62	16:20.86	26.08	56.46	2:02.43	29.13	1:04.16	2:19.23	25.15	55.93	2:05.89	58.56	2:07.01	4:31.72	651
650	23.43	51.87	1:54.71	4:05.62	8:31.89	16:21.36	26.10	56.49	2:02.49	29.14	1:04.19	2:19.30	25.16	55.96	2:05.95	58.59	2:07.07	4:31.86	650
649	23.44	51.90	1:54.77	4:05.75	8:32.15	16:21.87	26.11	56.52	2:02.55	29.16	1:04.23	2:19.37	25.17	55.99	2:06.02	58.62	2:07.14	4:32.00	649
648	23.45	51.93	1:54.83	4:05.87	8:32.41	16:22.37	26.12	56.55	2:02.62	29.17	1:04.26	2:19.44	25.19	56.02	2:06.08	58.65	2:07.20	4:32.14	648
647	23.47	51.95	1:54.89	4:06.00	8:32.68	16:22.88	26.14	56.58	2:02.68	29.19	1:04.29	2:19.51	25.20	56.05	2:06.15	58.68	2:07.27	4:32.28	647
646	23.48	51.98	1:54.95	4:06.13	8:32.94	16:23.39	26.15	56.61	2:02.74	29.20	1:04.32	2:19.59	25.21	56.08	2:06.21	58.71	2:07.33	4:32.42	646
645	23.49	52.01	1:55.00	4:06.25	8:33.21	16:23.89	26.16	56.64	2:02.81	29.22	1:04.36	2:19.66	25.23	56.11	2:06.28	58.74	2:07.40	4:32.56	645
644	23.50	52.04	1:55.06	4:06.38	8:33.47	16:24.40	26.18	56.67	2:02.87	29.23	1:04.39	2:19.73	25.24	56.13	2:06.34	58.77	2:07.47	4:32.70	644
643	23.51	52.06	1:55.12	4:06.51	8:33.74	16:24.91	26.19	56.70	2:02.93	29.25	1:04.42	2:19.80	25.25	56.16	2:06.41	58.81	2:07.53	4:32.84	643
642	23.53	52.09	1:55.18	4:06.64	8:34.00	16:25.42	26.20	56.73	2:03.00	29.26	1:04.46	2:19.87	25.27	56.19	2:06.47	58.84	2:07.60	4:32.98	642
641	23.54	52.12	1:55.24	4:06.76	8:34.27	16:25.94	26.22	56.76	2:03.06	29.28	1:04.49	2:19.95	25.28	56.22	2:06.54	58.87	2:07.67	4:33.13	641
640	23.55	52.14	1:55.30	4:06.89	8:34.54	16:26.45	26.23	56.78	2:03.12	29.30	1:04.52	2:20.02	25.29	56.25	2:06.61	58.90	2:07.73	4:33.27	640
639	23.56	52.17	1:55.36	4:07.02	8:34.81	16:26.96	26.25	56.81	2:03.19	29.31	1:04.56	2:20.09	25.30	56.28	2:06.67	58.93	2:07.80	4:33.41	639
638	23.58	52.20	1:55.42	4:07.15	8:35.08	16:27.48	26.26	56.84	2:03.25	29.33	1:04.59	2:20.17	25.32	56.31	2:06.74	58.96	2:07.86	4:33.55	638
637	23.59	52.22	1:55.48	4:07.28	8:35.34	16:27.99	26.27	56.87	2:03.32	29.34	1:04.63	2:20.24	25.33	56.34	2:06.80	58.99	2:07.93	4:33.70	637
636	23.60	52.25	1:55.54	4:07.41	8:35.61	16:28.51	26.29	56.90	2:03.38	29.36	1:04.66	2:20.31	25.34	56.37	2:06.87	59.02	2:08.00	4:33.84	636
635	23.61	52.28	1:55.61	4:07.54	8:35.89	16:29.03	26.30	56.93	2:03.45	29.37	1:04.69	2:20.39	25.36	56.40	2:06.94	59.05	2:08.07	4:33.98	635
634	23.63	52.31	1:55.67	4:07.67	8:36.16	16:29.55	26.31	56.96	2:03.51	29.39	1:04.73	2:20.46	25.37	56.43	2:07.00	59.08	2:08.13	4:34.13	634
633	23.64	52.33	1:55.73	4:07.80	8:36.43	16:30.07	26.33	56.99	2:03.58	29.40	1:04.76	2:20.53	25.38	56.46	2:07.07	59.11	2:08.20	4:34.27	633
632	23.65	52.36	1:55.79	4:07.93	8:36.70	16:30.59	26.34	57.02	2:03.64	29.42	1:04.80	2:20.61	25.40	56.49	2:07.14	59.14	2:08.27	4:34.42	632
631	23.66	52.39	1:55.85	4:08.06	8:36.97	16:31.12	26.36	57.05	2:03.71	29.43	1:04.83	2:20.68	25.41	56.52	2:07.21	59.18	2:08.34	4:34.56	631
630	23.68	52.42	1:55.91	4:08.19	8:37.25	16:31.64	26.37	57.08	2:03.77	29.45	1:04.86	2:20.76	25.42	56.55	2:07.27	59.21	2:08.40	4:34.71	630
629	23.69	52.45	1:55.97	4:08.32	8:37.52	16:32.17	26.38	57.11	2:03.84	29.46	1:04.90	2:20.83	25.44	56.58	2:07.34	59.24	2:08.47	4:34.85	629
628	23.70	52.47	1:56.03	4:08.46	8:37.80	16:32.69	26.40	57.14	2:03.90	29.48	1:04.93	2:20.91	25.45	56.61	2:07.41	59.27	2:08.54	4:35.00	628
627	23.71	52.50	1:56.10	4:08.59	8:38.07	16:33.22	26.41	57.17	2:03.97	29.50	1:04.97	2:20.98	25.47	56.64	2:07.47	59.30	2:08.61	4:35.14	627
626	23.73	52.53	1:56.16	4:08.72	8:38.35	16:33.75	26.43	57.21	2:04.04	29.51	1:05.00	2:21.06	25.48	56.67	2:07.54	59.33	2:08.68	4:35.29	626
625	23.74	52.56	1:56.22	4:08.85	8:38.62	16:34.28	26.44	57.24	2:04.10	29.53	1:05.04	2:21.13	25.49	56.70	2:07.61	59.36	2:08.75	4:35.44	625
624	23.75	52.59	1:56.28	4:08.99	8:38.90	16:34.81	26.45	57.27	2:04.17	29.54	1:05.07	2:21.21	25.51	56.73	2:07.68	59.40	2:08.81	4:35.58	624
623	23.76	52.61	1:56.34	4:09.12	8:39.18	16:35.34	26.47	57.30	2:04.23	29.56	1:05.11	2:21.28	25.52	56.76	2:07.75	59.43	2:08.88	4:35.73	623
622	23.78	52.64	1:56.41	4:09.25	8:39.45	16:35.87	26.48	57.33	2:04.30	29.57	1:05.14	2:21.36	25.53	56.79	2:07.82	59.46	2:08.95	4:35.88	622
621	23.79	52.67	1:56.47	4:09.39	8:39.73	16:36.41	26.50	57.36	2:04.37	29.59	1:05.18	2:21.43	25.55	56.82	2:07.88	59.49	2:09.02	4:36.03	621
620	23.80	52.70	1:56.53	4:09.52	8:40.01	16:36.94	26.51	57.39	2:04.43	29.61	1:05.21	2:21.51	25.56	56.85	2:07.95	59.52	2:09.09	4:36.18	620
619	23.81	52.73	1:56.59	4:09.65	8:40.29	16:37.48	26.52	57.42	2:04.50	29.62	1:05.25	2:21.59	25.57	56.88	2:08.02	59.56	2:09.16	4:36.32	619
618	23.83	52.75	1:56.66	4:09.79	8:40.57	16:38.02	26.54	57.45	2:04.57	29.64	1:05.28	2:21.66	25.59	56.91	2:08.09	59.59	2:09.23	4:36.47	618
617	23.84	52.78	1:56.72	4:09.92	8:40.85	16:38.56	26.55	57.48	2:04.64	29.65	1:05.32	2:21.74	25.60	56.94	2:08.16	59.62	2:09.30	4:36.62	617

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
616	23.85	52.81	1:56.78	4:10.06	8:41.14	16:39.10	26.57	57.51	2:04.70	29.67	1:05.35	2:21.82	25.62	56.97	2:08.23	59.65	2:09.37	4:36.77	616
615	23.87	52.84	1:56.85	4:10.19	8:41.42	16:39.64	26.58	57.54	2:04.77	29.69	1:05.39	2:21.89	25.63	57.00	2:08.30	59.68	2:09.44	4:36.92	615
614	23.88	52.87	1:56.91	4:10.33	8:41.70	16:40.18	26.60	57.58	2:04.84	29.70	1:05.42	2:21.97	25.64	57.03	2:08.37	59.72	2:09.51	4:37.07	614
613	23.89	52.90	1:56.97	4:10.47	8:41.98	16:40.72	26.61	57.61	2:04.91	29.72	1:05.46	2:22.05	25.66	57.07	2:08.44	59.75	2:09.58	4:37.22	613
612	23.90	52.93	1:57.04	4:10.60	8:42.27	16:41.27	26.63	57.64	2:04.97	29.74	1:05.49	2:22.12	25.67	57.10	2:08.51	59.78	2:09.65	4:37.37	612
611	23.92	52.96	1:57.10	4:10.74	8:42.55	16:41.81	26.64	57.67	2:05.04	29.75	1:05.53	2:22.20	25.69	57.13	2:08.58	59.81	2:09.72	4:37.53	611
610	23.93	52.98	1:57.16	4:10.88	8:42.84	16:42.36	26.65	57.70	2:05.11	29.77	1:05.57	2:22.28	25.70	57.16	2:08.65	59.85	2:09.79	4:37.68	610
609	23.94	53.01	1:57.23	4:11.01	8:43.12	16:42.91	26.67	57.73	2:05.18	29.78	1:05.60	2:22.36	25.71	57.19	2:08.72	59.88	2:09.86	4:37.83	609
608	23.96	53.04	1:57.29	4:11.15	8:43.41	16:43.46	26.68	57.76	2:05.25	29.80	1:05.64	2:22.43	25.73	57.22	2:08.79	59.91	2:09.93	4:37.98	608
607	23.97	53.07	1:57.36	4:11.29	8:43.70	16:44.01	26.70	57.80	2:05.32	29.82	1:05.67	2:22.51	25.74	57.25	2:08.86	59.95	2:10.01	4:38.13	607
606	23.98	53.10	1:57.42	4:11.43	8:43.99	16:44.56	26.71	57.83	2:05.39	29.83	1:05.71	2:22.59	25.76	57.28	2:08.93	59.98	2:10.08	4:38.29	606
605	24.00	53.13	1:57.49	4:11.56	8:44.28	16:45.12	26.73	57.86	2:05.45	29.85	1:05.75	2:22.67	25.77	57.32	2:09.00	1:00.01	2:10.15	4:38.44	605
604	24.01	53.16	1:57.55	4:11.70	8:44.56	16:45.67	26.74	57.89	2:05.52	29.87	1:05.78	2:22.75	25.78	57.35	2:09.07	1:00.04	2:10.22	4:38.59	604
603	24.02	53.19	1:57.62	4:11.84	8:44.85	16:46.23	26.76	57.92	2:05.59	29.88	1:05.82	2:22.83	25.80	57.38	2:09.14	1:00.08	2:10.29	4:38.75	603
602	24.04	53.22	1:57.68	4:11.98	8:45.14	16:46.78	26.77	57.96	2:05.66	29.90	1:05.85	2:22.91	25.81	57.41	2:09.22	1:00.11	2:10.36	4:38.90	602
601	24.05	53.25	1:57.75	4:12.12	8:45.44	16:47.34	26.79	57.99	2:05.73	29.92	1:05.89	2:22.99	25.83	57.44	2:09.29	1:00.14	2:10.44	4:39.06	601
600	24.06	53.28	1:57.81	4:12.26	8:45.73	16:47.90	26.80	58.02	2:05.80	29.93	1:05.93	2:23.07	25.84	57.47	2:09.36	1:00.18	2:10.51	4:39.21	600
599	24.08	53.31	1:57.88	4:12.40	8:46.02	16:48.46	26.82	58.05	2:05.87	29.95	1:05.96	2:23.14	25.86	57.51	2:09.43	1:00.21	2:10.58	4:39.37	599
598	24.09	53.34	1:57.94	4:12.54	8:46.31	16:49.02	26.83	58.08	2:05.94	29.97	1:06.00	2:23.22	25.87	57.54	2:09.50	1:00.24	2:10.65	4:39.52	598
597	24.10	53.37	1:58.01	4:12.68	8:46.61	16:49.59	26.85	58.12	2:06.01	29.98	1:06.04	2:23.30	25.88	57.57	2:09.58	1:00.28	2:10.73	4:39.68	597
596	24.12	53.40	1:58.07	4:12.82	8:46.90	16:50.15	26.86	58.15	2:06.08	30.00	1:06.08	2:23.38	25.90	57.60	2:09.65	1:00.31	2:10.80	4:39.83	596
595	24.13	53.43	1:58.14	4:12.97	8:47.20	16:50.72	26.88	58.18	2:06.15	30.02	1:06.11	2:23.46	25.91	57.63	2:09.72	1:00.35	2:10.87	4:39.99	595
594	24.14	53.46	1:58.21	4:13.11	8:47.49	16:51.28	26.89	58.21	2:06.22	30.03	1:06.15	2:23.55	25.93	57.67	2:09.79	1:00.38	2:10.95	4:40.15	594
593	24.16	53.49	1:58.27	4:13.25	8:47.79	16:51.85	26.91	58.25	2:06.30	30.05	1:06.19	2:23.63	25.94	57.70	2:09.87	1:00.41	2:11.02	4:40.31	593
592	24.17	53.52	1:58.34	4:13.39	8:48.09	16:52.42	26.92	58.28	2:06.37	30.07	1:06.22	2:23.71	25.96	57.73	2:09.94	1:00.45	2:11.09	4:40.46	592
591	24.18	53.55	1:58.41	4:13.54	8:48.38	16:52.99	26.94	58.31	2:06.44	30.08	1:06.26	2:23.79	25.97	57.76	2:10.01	1:00.48	2:11.17	4:40.62	591
590	24.20	53.58	1:58.47	4:13.68	8:48.68	16:53.56	26.95	58.35	2:06.51	30.10	1:06.30	2:23.87	25.99	57.80	2:10.09	1:00.52	2:11.24	4:40.78	590
589	24.21	53.61	1:58.54	4:13.82	8:48.98	16:54.14	26.97	58.38	2:06.58	30.12	1:06.34	2:23.95	26.00	57.83	2:10.16	1:00.55	2:11.32	4:40.94	589
588	24.23	53.64	1:58.61	4:13.97	8:49.28	16:54.71	26.98	58.41	2:06.65	30.13	1:06.37	2:24.03	26.02	57.86	2:10.23	1:00.58	2:11.39	4:41.10	588
587	24.24	53.67	1:58.67	4:14.11	8:49.58	16:55.29	27.00	58.45	2:06.72	30.15	1:06.41	2:24.11	26.03	57.90	2:10.31	1:00.62	2:11.47	4:41.26	587
586	24.25	53.70	1:58.74	4:14.25	8:49.88	16:55.86	27.01	58.48	2:06.80	30.17	1:06.45	2:24.20	26.05	57.93	2:10.38	1:00.65	2:11.54	4:41.42	586
585	24.27	53.73	1:58.81	4:14.40	8:50.18	16:56.44	27.03	58.51	2:06.87	30.19	1:06.49	2:24.28	26.06	57.96	2:10.46	1:00.69	2:11.62	4:41.58	585
584	24.28	53.76	1:58.88	4:14.54	8:50.49	16:57.02	27.04	58.54	2:06.94	30.20	1:06.52	2:24.36	26.08	57.99	2:10.53	1:00.72	2:11.69	4:41.74	584
583	24.30	53.79	1:58.95	4:14.69	8:50.79	16:57.60	27.06	58.58	2:07.01	30.22	1:06.56	2:24.44	26.09	58.03	2:10.60	1:00.76	2:11.77	4:41.90	583
582	24.31	53.82	1:59.01	4:14.84	8:51.09	16:58.19	27.08	58.61	2:07.09	30.24	1:06.60	2:24.53	26.11	58.06	2:10.68	1:00.79	2:11.84	4:42.06	582
581	24.32	53.85	1:59.08	4:14.98	8:51.40	16:58.77	27.09	58.65	2:07.16	30.26	1:06.64	2:24.61	26.12	58.09	2:10.75	1:00.83	2:11.92	4:42.22	581
580	24.34	53.88	1:59.15	4:15.13	8:51.70	16:59.35	27.11	58.68	2:07.23	30.27	1:06.68	2:24.69	26.14	58.13	2:10.83	1:00.86	2:11.99	4:42.38	580
579	24.35	53.91	1:59.22	4:15.28	8:52.01	16:59.94	27.12	58.71	2:07.31	30.29	1:06.72	2:24.77	26.15	58.16	2:10.90	1:00.90	2:12.07	4:42.55	579
578	24.36	53.94	1:59.29	4:15.42	8:52.31	17:00.53	27.14	58.75	2:07.38	30.31	1:06.75	2:24.86	26.17	58.19	2:10.98	1:00.93	2:12.14	4:42.71	578
577	24.38	53.98	1:59.36	4:15.57	8:52.62	17:01.12	27.15	58.78	2:07.45	30.32	1:06.79	2:24.94	26.18	58.23	2:11.06	1:00.97	2:12.22	4:42.87	577
576	24.39	54.01	1:59.43	4:15.72	8:52.93	17:01.71	27.17	58.81	2:07.53	30.34	1:06.83	2:25.03	26.20	58.26	2:11.13	1:01.00	2:12.30	4:43.04	576
575	24.41	54.04	1:59.49	4:15.87	8:53.24	17:02.30	27.19	58.85	2:07.60	30.36	1:06.87	2:25.11	26.21	58.30	2:11.21	1:01.04	2:12.37	4:43.20	575
574	24.42	54.07	1:59.56	4:16.01	8:53.55	17:02.89	27.20	58.88	2:07.67	30.38	1:06.91	2:25.19	26.23	58.33	2:11.28	1:01.07	2:12.45	4:43.36	574
573	24.44	54.10	1:59.63	4:16.16	8:53.86	17:03.49	27.22	58.92	2:07.75	30.40	1:06.95	2:25.28	26.24	58.36	2:11.36	1:01.11	2:12.53	4:43.53	573
572	24.45	54.13	1:59.70	4:16.31	8:54.17	17:04.08	27.23	58.95	2:07.82	30.41	1:06.99	2:25.36	26.26	58.40	2:11.44	1:01.14	2:12.61	4:43.69	572
571	24.46	54.16	1:59.77	4:16.46	8:54.48	17:04.68	27.25	58.99	2:07.90	30.43	1:07.03	2:25.45	26.27	58.43	2:11.51	1:01.18	2:12.68	4:43.86	571

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
570	24.48	54.20	1:59.84	4:16.61	8:54.79	17:05.28	27.26	59.02	2:07.97	30.45	1:07.06	2:25.53	26.29	58.47	2:11.59	1:01.22	2:12.76	4:44.03	570
569	24.49	54.23	1:59.91	4:16.76	8:55.11	17:05.88	27.28	59.05	2:08.05	30.47	1:07.10	2:25.62	26.30	58.50	2:11.67	1:01.25	2:12.84	4:44.19	569
568	24.51	54.26	1:59.98	4:16.91	8:55.42	17:06.48	27.30	59.09	2:08.12	30.48	1:07.14	2:25.70	26.32	58.53	2:11.74	1:01.29	2:12.92	4:44.36	568
567	24.52	54.29	2:00.05	4:17.06	8:55.74	17:07.09	27.31	59.12	2:08.20	30.50	1:07.18	2:25.79	26.33	58.57	2:11.82	1:01.32	2:12.99	4:44.53	567
566	24.54	54.32	2:00.12	4:17.22	8:56.05	17:07.69	27.33	59.16	2:08.27	30.52	1:07.22	2:25.87	26.35	58.60	2:11.90	1:01.36	2:13.07	4:44.69	566
565	24.55	54.36	2:00.20	4:17.37	8:56.37	17:08.30	27.34	59.19	2:08.35	30.54	1:07.26	2:25.96	26.36	58.64	2:11.98	1:01.40	2:13.15	4:44.86	565
564	24.56	54.39	2:00.27	4:17.52	8:56.68	17:08.90	27.36	59.23	2:08.42	30.56	1:07.30	2:26.05	26.38	58.67	2:12.06	1:01.43	2:13.23	4:45.03	564
563	24.58	54.42	2:00.34	4:17.67	8:57.00	17:09.51	27.38	59.26	2:08.50	30.57	1:07.34	2:26.13	26.40	58.71	2:12.13	1:01.47	2:13.31	4:45.20	563
562	24.59	54.45	2:00.41	4:17.82	8:57.32	17:10.12	27.39	59.30	2:08.58	30.59	1:07.38	2:26.22	26.41	58.74	2:12.21	1:01.50	2:13.39	4:45.37	562
561	24.61	54.48	2:00.48	4:17.98	8:57.64	17:10.73	27.41	59.33	2:08.65	30.61	1:07.42	2:26.31	26.43	58.78	2:12.29	1:01.54	2:13.47	4:45.54	561
560	24.62	54.52	2:00.55	4:18.13	8:57.96	17:11.35	27.43	59.37	2:08.73	30.63	1:07.46	2:26.39	26.44	58.81	2:12.37	1:01.58	2:13.55	4:45.71	560
559	24.64	54.55	2:00.62	4:18.28	8:58.28	17:11.96	27.44	59.41	2:08.81	30.65	1:07.50	2:26.48	26.46	58.85	2:12.45	1:01.61	2:13.63	4:45.88	559
558	24.65	54.58	2:00.70	4:18.44	8:58.60	17:12.58	27.46	59.44	2:08.88	30.67	1:07.54	2:26.57	26.47	58.88	2:12.53	1:01.65	2:13.70	4:46.05	558
557	24.67	54.61	2:00.77	4:18.59	8:58.92	17:13.20	27.47	59.48	2:08.96	30.68	1:07.58	2:26.66	26.49	58.92	2:12.61	1:01.69	2:13.78	4:46.22	557
556	24.68	54.65	2:00.84	4:18.75	8:59.25	17:13.82	27.49	59.51	2:09.04	30.70	1:07.62	2:26.74	26.51	58.95	2:12.69	1:01.73	2:13.87	4:46.39	556
555	24.70	54.68	2:00.91	4:18.90	8:59.57	17:14.44	27.51	59.55	2:09.11	30.72	1:07.66	2:26.83	26.52	58.99	2:12.77	1:01.76	2:13.95	4:46.56	555
554	24.71	54.71	2:00.99	4:19.06	8:59.89	17:15.06	27.52	59.58	2:09.19	30.74	1:07.70	2:26.92	26.54	59.02	2:12.84	1:01.80	2:14.03	4:46.73	554
553	24.73	54.75	2:01.06	4:19.22	9:00.22	17:15.68	27.54	59.62	2:09.27	30.76	1:07.75	2:27.01	26.55	59.06	2:12.92	1:01.84	2:14.11	4:46.91	553
552	24.74	54.78	2:01.13	4:19.37	9:00.54	17:16.31	27.56	59.66	2:09.35	30.78	1:07.79	2:27.10	26.57	59.09	2:13.01	1:01.87	2:14.19	4:47.08	552
551	24.76	54.81	2:01.20	4:19.53	9:00.87	17:16.93	27.57	59.69	2:09.43	30.79	1:07.83	2:27.19	26.59	59.13	2:13.09	1:01.91	2:14.27	4:47.25	551
550	24.77	54.85	2:01.28	4:19.69	9:01.20	17:17.56	27.59	59.73	2:09.50	30.81	1:07.87	2:27.28	26.60	59.17	2:13.17	1:01.95	2:14.35	4:47.43	550
549	24.79	54.88	2:01.35	4:19.84	9:01.53	17:18.19	27.61	59.76	2:09.58	30.83	1:07.91	2:27.36	26.62	59.20	2:13.25	1:01.99	2:14.43	4:47.60	549
548	24.80	54.91	2:01.43	4:20.00	9:01.86	17:18.82	27.62	59.80	2:09.66	30.85	1:07.95	2:27.45	26.63	59.24	2:13.33	1:02.02	2:14.51	4:47.78	548
547	24.82	54.95	2:01.50	4:20.16	9:02.19	17:19.45	27.64	59.84	2:09.74	30.87	1:07.99	2:27.54	26.65	59.27	2:13.41	1:02.06	2:14.60	4:47.95	547
546	24.83	54.98	2:01.57	4:20.32	9:02.52	17:20.09	27.66	59.87	2:09.82	30.89	1:08.03	2:27.63	26.67	59.31	2:13.49	1:02.10	2:14.68	4:48.13	546
545	24.85	55.01	2:01.65	4:20.48	9:02.85	17:20.72	27.68	59.91	2:09.90	30.91	1:08.08	2:27.72	26.68	59.35	2:13.57	1:02.14	2:14.76	4:48.30	545
544	24.86	55.05	2:01.72	4:20.64	9:03.18	17:21.36	27.69	59.95	2:09.98	30.93	1:08.12	2:27.81	26.70	59.38	2:13.65	1:02.18	2:14.84	4:48.48	544
543	24.88	55.08	2:01.80	4:20.80	9:03.51	17:22.00	27.71	59.98	2:10.06	30.95	1:08.16	2:27.91	26.72	59.42	2:13.74	1:02.21	2:14.92	4:48.66	543
542	24.89	55.11	2:01.87	4:20.96	9:03.85	17:22.64	27.73	1:00.02	2:10.14	30.96	1:08.20	2:28.00	26.73	59.46	2:13.82	1:02.25	2:15.01	4:48.84	542
541	24.91	55.15	2:01.95	4:21.12	9:04.18	17:23.28	27.74	1:00.06	2:10.22	30.98	1:08.24	2:28.09	26.75	59.49	2:13.90	1:02.29	2:15.09	4:49.01	541
540	24.92	55.18	2:02.02	4:21.28	9:04.52	17:23.93	27.76	1:00.09	2:10.30	31.00	1:08.28	2:28.18	26.77	59.53	2:13.98	1:02.33	2:15.17	4:49.19	540
539	24.94	55.22	2:02.10	4:21.44	9:04.86	17:24.57	27.78	1:00.13	2:10.38	31.02	1:08.33	2:28.27	26.78	59.57	2:14.07	1:02.37	2:15.26	4:49.37	539
538	24.95	55.25	2:02.17	4:21.60	9:05.19	17:25.22	27.79	1:00.17	2:10.46	31.04	1:08.37	2:28.36	26.80	59.60	2:14.15	1:02.41	2:15.34	4:49.55	538
537	24.97	55.28	2:02.25	4:21.76	9:05.53	17:25.87	27.81	1:00.21	2:10.54	31.06	1:08.41	2:28.45	26.82	59.64	2:14.23	1:02.44	2:15.43	4:49.73	537
536	24.99	55.32	2:02.33	4:21.93	9:05.87	17:26.52	27.83	1:00.24	2:10.62	31.08	1:08.45	2:28.55	26.83	59.68	2:14.32	1:02.48	2:15.51	4:49.91	536
535	25.00	55.35	2:02.40	4:22.09	9:06.21	17:27.17	27.85	1:00.28	2:10.70	31.10	1:08.50	2:28.64	26.85	59.71	2:14.40	1:02.52	2:15.59	4:50.09	535
534	25.02	55.39	2:02.48	4:22.25	9:06.55	17:27.82	27.86	1:00.32	2:10.79	31.12	1:08.54	2:28.73	26.87	59.75	2:14.48	1:02.56	2:15.68	4:50.27	534
533	25.03	55.42	2:02.55	4:22.42	9:06.89	17:28.48	27.88	1:00.36	2:10.87	31.14	1:08.58	2:28.82	26.88	59.79	2:14.57	1:02.60	2:15.76	4:50.45	533
532	25.05	55.46	2:02.63	4:22.58	9:07.24	17:29.13	27.90	1:00.39	2:10.95	31.16	1:08.63	2:28.92	26.90	59.83	2:14.65	1:02.64	2:15.85	4:50.63	532
531	25.06	55.49	2:02.71	4:22.75	9:07.58	17:29.79	27.92	1:00.43	2:11.03	31.18	1:08.67	2:29.01	26.92	59.86	2:14.74	1:02.68	2:15.93	4:50.82	531
530	25.08	55.53	2:02.79	4:22.91	9:07.92	17:30.45	27.93	1:00.47	2:11.11	31.20	1:08.71	2:29.11	26.93	59.90	2:14.82	1:02.72	2:16.02	4:51.00	530
529	25.10	55.56	2:02.86	4:23.08	9:08.27	17:31.11	27.95	1:00.51	2:11.20	31.22	1:08.75	2:29.20	26.95	59.94	2:14.91	1:02.76	2:16.10	4:51.18	529
528	25.11	55.60	2:02.94	4:23.24	9:08.61	17:31.78	27.97	1:00.55	2:11.28	31.24	1:08.80	2:29.29	26.97	59.98	2:14.99	1:02.80	2:16.19	4:51.37	528
527	25.13	55.63	2:03.02	4:23.41	9:08.96	17:32.44	27.99	1:00.58	2:11.36	31.26	1:08.84	2:29.39	26.98	1:00.01	2:15.08	1:02.84	2:16.28	4:51.55	527
526	25.14	55.67	2:03.10	4:23.58	9:09.31	17:33.11	28.00	1:00.62	2:11.45	31.27	1:08.89	2:29.48	27.00	1:00.05	2:15.16	1:02.88	2:16.36	4:51.73	526
525	25.16	55.70	2:03.17	4:23.74	9:09.66	17:33.78	28.02	1:00.66	2:11.53	31.29	1:08.93	2:29.58	27.02	1:00.09	2:15.25	1:02.92	2:16.45	4:51.92	525

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
524	25.17	55.74	2:03.25	4:23.91	9:10.01	17:34.45	28.04	1:00.70	2:11.61	31.31	1:08.97	2:29.67	27.04	1:00.13	2:15.33	1:02.96	2:16.54	4:52.11	524
523	25.19	55.77	2:03.33	4:24.08	9:10.36	17:35.12	28.06	1:00.74	2:11.70	31.33	1:09.02	2:29.77	27.05	1:00.17	2:15.42	1:03.00	2:16.62	4:52.29	523
522	25.21	55.81	2:03.41	4:24.25	9:10.71	17:35.79	28.08	1:00.78	2:11.78	31.35	1:09.06	2:29.86	27.07	1:00.21	2:15.51	1:03.04	2:16.71	4:52.48	522
521	25.22	55.84	2:03.49	4:24.42	9:11.06	17:36.47	28.09	1:00.82	2:11.86	31.37	1:09.10	2:29.96	27.09	1:00.24	2:15.59	1:03.08	2:16.80	4:52.67	521
520	25.24	55.88	2:03.57	4:24.59	9:11.41	17:37.14	28.11	1:00.85	2:11.95	31.39	1:09.15	2:30.05	27.10	1:00.28	2:15.68	1:03.12	2:16.89	4:52.85	520
519	25.26	55.92	2:03.65	4:24.76	9:11.77	17:37.82	28.13	1:00.89	2:12.03	31.41	1:09.19	2:30.15	27.12	1:00.32	2:15.77	1:03.16	2:16.97	4:53.04	519
518	25.27	55.95	2:03.73	4:24.93	9:12.12	17:38.50	28.15	1:00.93	2:12.12	31.44	1:09.24	2:30.25	27.14	1:00.36	2:15.85	1:03.20	2:17.06	4:53.23	518
517	25.29	55.99	2:03.81	4:25.10	9:12.48	17:39.18	28.17	1:00.97	2:12.20	31.46	1:09.28	2:30.34	27.16	1:00.40	2:15.94	1:03.24	2:17.15	4:53.42	517
516	25.30	56.02	2:03.89	4:25.27	9:12.83	17:39.87	28.18	1:01.01	2:12.29	31.48	1:09.33	2:30.44	27.17	1:00.44	2:16.03	1:03.28	2:17.24	4:53.61	516
515	25.32	56.06	2:03.97	4:25.44	9:13.19	17:40.55	28.20	1:01.05	2:12.37	31.50	1:09.37	2:30.54	27.19	1:00.48	2:16.12	1:03.32	2:17.33	4:53.80	515
514	25.34	56.10	2:04.05	4:25.61	9:13.55	17:41.24	28.22	1:01.09	2:12.46	31.52	1:09.42	2:30.64	27.21	1:00.52	2:16.21	1:03.36	2:17.42	4:53.99	514
513	25.35	56.13	2:04.13	4:25.78	9:13.91	17:41.93	28.24	1:01.13	2:12.55	31.54	1:09.46	2:30.73	27.23	1:00.56	2:16.29	1:03.40	2:17.51	4:54.18	513
512	25.37	56.17	2:04.21	4:25.96	9:14.27	17:42.62	28.26	1:01.17	2:12.63	31.56	1:09.51	2:30.83	27.25	1:00.60	2:16.38	1:03.45	2:17.60	4:54.37	512
511	25.39	56.21	2:04.29	4:26.13	9:14.63	17:43.31	28.28	1:01.21	2:12.72	31.58	1:09.55	2:30.93	27.26	1:00.63	2:16.47	1:03.49	2:17.68	4:54.56	511
510	25.40	56.24	2:04.37	4:26.30	9:14.99	17:44.01	28.29	1:01.25	2:12.81	31.60	1:09.60	2:31.03	27.28	1:00.67	2:16.56	1:03.53	2:17.77	4:54.75	510
509	25.42	56.28	2:04.45	4:26.48	9:15.36	17:44.70	28.31	1:01.29	2:12.89	31.62	1:09.64	2:31.13	27.30	1:00.71	2:16.65	1:03.57	2:17.86	4:54.95	509
508	25.44	56.32	2:04.53	4:26.65	9:15.72	17:45.40	28.33	1:01.33	2:12.98	31.64	1:09.69	2:31.23	27.32	1:00.75	2:16.74	1:03.61	2:17.96	4:55.14	508
507	25.45	56.35	2:04.61	4:26.83	9:16.09	17:46.10	28.35	1:01.37	2:13.07	31.66	1:09.74	2:31.33	27.33	1:00.79	2:16.83	1:03.65	2:18.05	4:55.33	507
506	25.47	56.39	2:04.70	4:27.00	9:16.45	17:46.80	28.37	1:01.41	2:13.15	31.68	1:09.78	2:31.43	27.35	1:00.83	2:16.92	1:03.69	2:18.14	4:55.53	506
505	25.49	56.43	2:04.78	4:27.18	9:16.82	17:47.51	28.39	1:01.45	2:13.24	31.70	1:09.83	2:31.53	27.37	1:00.87	2:17.01	1:03.74	2:18.23	4:55.72	505
504	25.50	56.47	2:04.86	4:27.36	9:17.19	17:48.21	28.41	1:01.49	2:13.33	31.72	1:09.87	2:31.63	27.39	1:00.91	2:17.10	1:03.78	2:18.32	4:55.92	504
503	25.52	56.50	2:04.94	4:27.53	9:17.56	17:48.92	28.43	1:01.53	2:13.42	31.74	1:09.92	2:31.73	27.41	1:00.95	2:17.19	1:03.82	2:18.41	4:56.12	503
502	25.54	56.54	2:05.03	4:27.71	9:17.93	17:49.63	28.44	1:01.57	2:13.51	31.77	1:09.97	2:31.83	27.42	1:00.99	2:17.28	1:03.86	2:18.50	4:56.31	502
501	25.55	56.58	2:05.11	4:27.89	9:18.30	17:50.34	28.46	1:01.61	2:13.60	31.79	1:10.01	2:31.93	27.44	1:01.04	2:17.37	1:03.91	2:18.59	4:56.51	501
500	25.57	56.62	2:05.19	4:28.07	9:18.67	17:51.05	28.48	1:01.66	2:13.69	31.81	1:10.06	2:32.03	27.46	1:01.08	2:17.46	1:03.95	2:18.69	4:56.71	500
499	25.59	56.65	2:05.28	4:28.25	9:19.04	17:51.77	28.50	1:01.70	2:13.77	31.83	1:10.11	2:32.13	27.48	1:01.12	2:17.56	1:03.99	2:18.78	4:56.90	499
498	25.61	56.69	2:05.36	4:28.43	9:19.42	17:52.49	28.52	1:01.74	2:13.86	31.85	1:10.15	2:32.23	27.50	1:01.16	2:17.65	1:04.03	2:18.87	4:57.10	498
497	25.62	56.73	2:05.44	4:28.61	9:19.79	17:53.20	28.54	1:01.78	2:13.95	31.87	1:10.20	2:32.33	27.52	1:01.20	2:17.74	1:04.08	2:18.97	4:57.30	497
496	25.64	56.77	2:05.53	4:28.79	9:20.17	17:53.93	28.56	1:01.82	2:14.04	31.89	1:10.25	2:32.44	27.53	1:01.24	2:17.83	1:04.12	2:19.06	4:57.50	496
495	25.66	56.81	2:05.61	4:28.97	9:20.54	17:54.65	28.58	1:01.86	2:14.13	31.91	1:10.29	2:32.54	27.55	1:01.28	2:17.93	1:04.16	2:19.15	4:57.70	495
494	25.67	56.84	2:05.70	4:29.15	9:20.92	17:55.37	28.60	1:01.90	2:14.22	31.94	1:10.34	2:32.64	27.57	1:01.32	2:18.02	1:04.21	2:19.25	4:57.90	494
493	25.69	56.88	2:05.78	4:29.33	9:21.30	17:56.10	28.62	1:01.95	2:14.31	31.96	1:10.39	2:32.75	27.59	1:01.36	2:18.11	1:04.25	2:19.34	4:58.10	493
492	25.71	56.92	2:05.87	4:29.51	9:21.68	17:56.83	28.64	1:01.99	2:14.41	31.98	1:10.44	2:32.85	27.61	1:01.41	2:18.21	1:04.29	2:19.43	4:58.31	492
491	25.73	56.96	2:05.95	4:29.70	9:22.06	17:57.56	28.65	1:02.03	2:14.50	32.00	1:10.48	2:32.95	27.63	1:01.45	2:18.30	1:04.34	2:19.53	4:58.51	491
490	25.74	57.00	2:06.04	4:29.88	9:22.44	17:58.29	28.67	1:02.07	2:14.59	32.02	1:10.53	2:33.06	27.65	1:01.49	2:18.39	1:04.38	2:19.62	4:58.71	490
489	25.76	57.04	2:06.13	4:30.06	9:22.83	17:59.03	28.69	1:02.11	2:14.68	32.04	1:10.58	2:33.16	27.67	1:01.53	2:18.49	1:04.42	2:19.72	4:58.91	489
488	25.78	57.08	2:06.21	4:30.25	9:23.21	17:59.76	28.71	1:02.16	2:14.77	32.07	1:10.63	2:33.27	27.68	1:01.57	2:18.58	1:04.47	2:19.81	4:59.12	488
487	25.80	57.12	2:06.30	4:30.43	9:23.60	18:00.50	28.73	1:02.20	2:14.86	32.09	1:10.68	2:33.37	27.70	1:01.61	2:18.68	1:04.51	2:19.91	4:59.32	487
486	25.81	57.15	2:06.38	4:30.62	9:23.98	18:01.24	28.75	1:02.24	2:14.96	32.11	1:10.73	2:33.48	27.72	1:01.66	2:18.77	1:04.56	2:20.01	4:59.53	486
485	25.83	57.19	2:06.47	4:30.80	9:24.37	18:01.98	28.77	1:02.28	2:15.05	32.13	1:10.77	2:33.58	27.74	1:01.70	2:18.87	1:04.60	2:20.10	4:59.73	485
484	25.85	57.23	2:06.56	4:30.99	9:24.76	18:02.73	28.79	1:02.33	2:15.14	32.15	1:10.82	2:33.69	27.76	1:01.74	2:18.96	1:04.65	2:20.20	4:59.94	484
483	25.87	57.27	2:06.65	4:31.18	9:25.15	18:03.48	28.81	1:02.37	2:15.24	32.18	1:10.87	2:33.79	27.78	1:01.78	2:19.06	1:04.69	2:20.30	5:00.15	483
482	25.89	57.31	2:06.73	4:31.36	9:25.54	18:04.22	28.83	1:02.41	2:15.33	32.20	1:10.92	2:33.90	27.80	1:01.83	2:19.16	1:04.73	2:20.39	5:00.35	482
481	25.90	57.35	2:06.82	4:31.55	9:25.93	18:04.97	28.85	1:02.46	2:15.42	32.22	1:10.97	2:34.01	27.82	1:01.87	2:19.25	1:04.78	2:20.49	5:00.56	481
480	25.92	57.39	2:06.91	4:31.74	9:26.32	18:05.73	28.87	1:02.50	2:15.52	32.24	1:11.02	2:34.11	27.84	1:01.91	2:19.35	1:04.82	2:20.59	5:00.77	480
479	25.94	57.43	2:07.00	4:31.93	9:26.72	18:06.48	28.89	1:02.54	2:15.61	32.27	1:11.07	2:34.22	27.86	1:01.96	2:19.45	1:04.87	2:20.69	5:00.98	479

For times not printed in the table use the next slower time in the list.

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
478	25.96	57.47	2:07.09	4:32.12	9:27.11	18:07.24	28.91	1:02.59	2:15.71	32.29	1:11.12	2:34.33	27.88	1:02.00	2:19.54	1:04.92	2:20.78	5:01.19	478
477	25.98	57.51	2:07.17	4:32.31	9:27.51	18:08.00	28.93	1:02.63	2:15.80	32.31	1:11.17	2:34.44	27.90	1:02.04	2:19.64	1:04.96	2:20.88	5:01.40	477
476	25.99	57.55	2:07.26	4:32.50	9:27.91	18:08.76	28.95	1:02.67	2:15.90	32.33	1:11.22	2:34.54	27.92	1:02.09	2:19.74	1:05.01	2:20.98	5:01.61	476
475	26.01	57.59	2:07.35	4:32.69	9:28.30	18:09.52	28.97	1:02.72	2:15.99	32.36	1:11.27	2:34.65	27.93	1:02.13	2:19.84	1:05.05	2:21.08	5:01.82	475
474	26.03	57.63	2:07.44	4:32.88	9:28.70	18:10.29	28.99	1:02.76	2:16.09	32.38	1:11.32	2:34.76	27.95	1:02.17	2:19.93	1:05.10	2:21.18	5:02.04	474
473	26.05	57.67	2:07.53	4:33.08	9:29.10	18:11.06	29.01	1:02.81	2:16.18	32.40	1:11.37	2:34.87	27.97	1:02.22	2:20.03	1:05.14	2:21.28	5:02.25	473
472	26.07	57.71	2:07.62	4:33.27	9:29.50	18:11.83	29.03	1:02.85	2:16.28	32.43	1:11.42	2:34.98	27.99	1:02.26	2:20.13	1:05.19	2:21.38	5:02.46	472
471	26.09	57.75	2:07.71	4:33.46	9:29.91	18:12.60	29.05	1:02.90	2:16.37	32.45	1:11.47	2:35.09	28.01	1:02.30	2:20.23	1:05.24	2:21.48	5:02.68	471
470	26.10	57.80	2:07.80	4:33.65	9:30.31	18:13.37	29.08	1:02.94	2:16.47	32.47	1:11.52	2:35.20	28.03	1:02.35	2:20.33	1:05.28	2:21.58	5:02.89	470
469	26.12	57.84	2:07.89	4:33.85	9:30.72	18:14.15	29.10	1:02.99	2:16.57	32.49	1:11.57	2:35.31	28.05	1:02.39	2:20.43	1:05.33	2:21.68	5:03.10	469
468	26.14	57.88	2:07.98	4:34.04	9:31.12	18:14.93	29.12	1:03.03	2:16.67	32.52	1:11.62	2:35.42	28.07	1:02.44	2:20.53	1:05.37	2:21.78	5:03.32	468
467	26.16	57.92	2:08.08	4:34.24	9:31.53	18:15.71	29.14	1:03.07	2:16.76	32.54	1:11.67	2:35.53	28.09	1:02.48	2:20.63	1:05.42	2:21.88	5:03.54	467
466	26.18	57.96	2:08.17	4:34.44	9:31.94	18:16.49	29.16	1:03.12	2:16.86	32.56	1:11.72	2:35.64	28.11	1:02.53	2:20.73	1:05.47	2:21.98	5:03.75	466
465	26.20	58.00	2:08.26	4:34.63	9:32.35	18:17.28	29.18	1:03.17	2:16.96	32.59	1:11.77	2:35.75	28.13	1:02.57	2:20.83	1:05.51	2:22.08	5:03.97	465
464	26.22	58.04	2:08.35	4:34.83	9:32.76	18:18.07	29.20	1:03.21	2:17.06	32.61	1:11.83	2:35.86	28.15	1:02.62	2:20.93	1:05.56	2:22.19	5:04.19	464
463	26.24	58.09	2:08.44	4:35.03	9:33.17	18:18.86	29.22	1:03.26	2:17.16	32.63	1:11.88	2:35.98	28.17	1:02.66	2:21.03	1:05.61	2:22.29	5:04.41	463
462	26.25	58.13	2:08.54	4:35.23	9:33.58	18:19.65	29.24	1:03.30	2:17.25	32.66	1:11.93	2:36.09	28.19	1:02.71	2:21.14	1:05.66	2:22.39	5:04.63	462
461	26.27	58.17	2:08.63	4:35.42	9:34.00	18:20.44	29.26	1:03.35	2:17.35	32.68	1:11.98	2:36.20	28.21	1:02.75	2:21.24	1:05.70	2:22.49	5:04.85	461
460	26.29	58.21	2:08.72	4:35.62	9:34.41	18:21.24	29.28	1:03.39	2:17.45	32.70	1:12.03	2:36.31	28.24	1:02.80	2:21.34	1:05.75	2:22.60	5:05.07	460
459	26.31	58.25	2:08.82	4:35.82	9:34.83	18:22.04	29.31	1:03.44	2:17.55	32.73	1:12.09	2:36.43	28.26	1:02.84	2:21.44	1:05.80	2:22.70	5:05.29	459
458	26.33	58.30	2:08.91	4:36.02	9:35.25	18:22.84	29.33	1:03.49	2:17.65	32.75	1:12.14	2:36.54	28.28	1:02.89	2:21.54	1:05.85	2:22.80	5:05.51	458
457	26.35	58.34	2:09.00	4:36.23	9:35.67	18:23.64	29.35	1:03.53	2:17.75	32.78	1:12.19	2:36.66	28.30	1:02.93	2:21.65	1:05.89	2:22.91	5:05.73	457
456	26.37	58.38	2:09.10	4:36.43	9:36.09	18:24.45	29.37	1:03.58	2:17.85	32.80	1:12.24	2:36.77	28.32	1:02.98	2:21.75	1:05.94	2:23.01	5:05.96	456
455	26.39	58.42	2:09.19	4:36.63	9:36.51	18:25.26	29.39	1:03.62	2:17.95	32.82	1:12.30	2:36.89	28.34	1:03.03	2:21.86	1:05.99	2:23.12	5:06.18	455
454	26.41	58.47	2:09.29	4:36.83	9:36.93	18:26.07	29.41	1:03.67	2:18.06	32.85	1:12.35	2:37.00	28.36	1:03.07	2:21.96	1:06.04	2:23.22	5:06.41	454
453	26.43	58.51	2:09.38	4:37.04	9:37.36	18:26.88	29.43	1:03.72	2:18.16	32.87	1:12.40	2:37.12	28.38	1:03.12	2:22.06	1:06.09	2:23.33	5:06.63	453
452	26.45	58.55	2:09.48	4:37.24	9:37.78	18:27.70	29.46	1:03.77	2:18.26	32.90	1:12.46	2:37.23	28.40	1:03.17	2:22.17	1:06.14	2:23.43	5:06.86	452
451	26.47	58.60	2:09.57	4:37.45	9:38.21	18:28.52	29.48	1:03.81	2:18.36	32.92	1:12.51	2:37.35	28.42	1:03.21	2:22.27	1:06.19	2:23.54	5:07.08	451
450	26.49	58.64	2:09.67	4:37.65	9:38.64	18:29.34	29.50	1:03.86	2:18.46	32.95	1:12.56	2:37.46	28.44	1:03.26	2:22.38	1:06.23	2:23.64	5:07.31	450
449	26.51	58.68	2:09.76	4:37.86	9:39.07	18:30.16	29.52	1:03.91	2:18.57	32.97	1:12.62	2:37.58	28.46	1:03.31	2:22.48	1:06.28	2:23.75	5:07.54	449
448	26.52	58.73	2:09.86	4:38.06	9:39.50	18:30.99	29.54	1:03.95	2:18.67	32.99	1:12.67	2:37.70	28.49	1:03.35	2:22.59	1:06.33	2:23.86	5:07.77	448
447	26.54	58.77	2:09.96	4:38.27	9:39.93	18:31.81	29.57	1:04.00	2:18.77	33.02	1:12.73	2:37.82	28.51	1:03.40	2:22.70	1:06.38	2:23.97	5:08.00	447
446	26.56	58.81	2:10.05	4:38.48	9:40.36	18:32.64	29.59	1:04.05	2:18.88	33.04	1:12.78	2:37.93	28.53	1:03.45	2:22.80	1:06.43	2:24.07	5:08.23	446
445	26.58	58.86	2:10.15	4:38.69	9:40.80	18:33.48	29.61	1:04.10	2:18.98	33.07	1:12.83	2:38.05	28.55	1:03.50	2:22.91	1:06.48	2:24.18	5:08.46	445
444	26.60	58.90	2:10.25	4:38.90	9:41.23	18:34.31	29.63	1:04.15	2:19.08	33.09	1:12.89	2:38.17	28.57	1:03.54	2:23.02	1:06.53	2:24.29	5:08.69	444
443	26.62	58.95	2:10.35	4:39.11	9:41.67	18:35.15	29.65	1:04.19	2:19.19	33.12	1:12.94	2:38.29	28.59	1:03.59	2:23.12	1:06.58	2:24.40	5:08.92	443
442	26.64	58.99	2:10.45	4:39.32	9:42.11	18:35.99	29.68	1:04.24	2:19.29	33.14	1:13.00	2:38.41	28.61	1:03.64	2:23.23	1:06.63	2:24.51	5:09.16	442
441	26.66	59.04	2:10.54	4:39.53	9:42.55	18:36.83	29.70	1:04.29	2:19.40	33.17	1:13.05	2:38.53	28.64	1:03.69	2:23.34	1:06.68	2:24.62	5:09.39	441
440	26.68	59.08	2:10.64	4:39.74	9:42.99	18:37.68	29.72	1:04.34	2:19.51	33.19	1:13.11	2:38.65	28.66	1:03.73	2:23.45	1:06.73	2:24.72	5:09.62	440
439	26.71	59.13	2:10.74	4:39.95	9:43.43	18:38.53	29.74	1:04.39	2:19.61	33.22	1:13.16	2:38.77	28.68	1:03.78	2:23.56	1:06.78	2:24.83	5:09.86	439
438	26.73	59.17	2:10.84	4:40.16	9:43.88	18:39.38	29.77	1:04.44	2:19.72	33.24	1:13.22	2:38.89	28.70	1:03.83	2:23.67	1:06.83	2:24.94	5:10.09	438
437	26.75	59.22	2:10.94	4:40.38	9:44.32	18:40.23	29.79	1:04.49	2:19.82	33.27	1:13.28	2:38.91	28.72	1:03.88	2:23.78	1:06.88	2:25.06	5:10.33	437
436	26.77	59.26	2:11.04	4:40.59	9:44.77	18:41.09	29.81	1:04.54	2:19.93	33.29	1:13.33	2:39.13	28.74	1:03.93	2:23.89	1:06.94	2:25.17	5:10.57	436
435	26.79	59.31	2:11.14	4:40.81	9:45.21	18:41.95	29.84	1:04.59	2:20.04	33.32	1:13.39	2:39.25	28.77	1:03.98	2:24.00	1:06.99	2:25.28	5:10.80	435
434	26.81	59.35	2:11.24	4:41.02	9:45.66	18:42.81	29.86	1:04.63	2:20.14	33.35	1:13.44	2:39.38	28.79	1:04.03	2:24.11	1:07.04	2:25.39	5:11.04	434
433	26.83	59.40	2:11.34	4:41.24	9:46.11	18:43.67	29.88	1:04.68	2:20.25	33.37	1:13.50	2:39.50	28.81	1:04.08	2:24.22	1:07.09	2:25.50	5:11.28	433

Pt.	50 Fr	100 Fr	200 Fr	400 Fr	800 Fr	1500 Fr	50 Bk	100 Bk	200 Bk	50 Br	100 Br	200 Br	50 Bu	100 Bu	200 Bu	100 Me	200 Me	400 Me	Pt.
432	26.85	59.44	2:11.45	4:41.45	9:46.57	18:44.54	29.90	1:04.73	2:20.36	33.40	1:13.56	2:39.62	28.83	1:04.13	2:24.33	1:07.14	2:25.61	5:11.52	432
431	26.87	59.49	2:11.55	4:41.67	9:47.02	18:45.41	29.93	1:04.78	2:20.47	33.42	1:13.61	2:39.74	28.86	1:04.18	2:24.44	1:07.19	2:25.73	5:11.76	431
430	26.89	59.54	2:11.65	4:41.89	9:47.47	18:46.28	29.95	1:04.83	2:20.58	33.45	1:13.67	2:39.87	28.88	1:04.23	2:24.55	1:07.25	2:25.84	5:12.00	430
429	26.91	59.58	2:11.75	4:42.11	9:47.93	18:47.15	29.97	1:04.89	2:20.69	33.47	1:13.73	2:39.99	28.90	1:04.28	2:24.67	1:07.30	2:25.95	5:12.25	429
428	26.93	59.63	2:11.85	4:42.33	9:48.39	18:48.03	30.00	1:04.94	2:20.80	33.50	1:13.79	2:40.12	28.92	1:04.33	2:24.78	1:07.35	2:26.06	5:12.49	428
427	26.95	59.67	2:11.96	4:42.55	9:48.85	18:48.91	30.02	1:04.99	2:20.91	33.53	1:13.84	2:40.24	28.94	1:04.38	2:24.89	1:07.40	2:26.18	5:12.73	427
426	26.97	59.72	2:12.06	4:42.77	9:49.31	18:49.79	30.04	1:05.04	2:21.02	33.55	1:13.90	2:40.37	28.97	1:04.43	2:25.00	1:07.46	2:26.29	5:12.98	426
425	27.00	59.77	2:12.16	4:42.99	9:49.77	18:50.68	30.07	1:05.09	2:21.13	33.58	1:13.96	2:40.49	28.99	1:04.48	2:25.12	1:07.51	2:26.41	5:13.22	425
424	27.02	59.81	2:12.27	4:43.21	9:50.23	18:51.56	30.09	1:05.14	2:21.24	33.61	1:14.02	2:40.62	29.01	1:04.53	2:25.23	1:07.56	2:26.52	5:13.47	424
423	27.04	59.86	2:12.37	4:43.44	9:50.70	18:52.46	30.11	1:05.19	2:21.35	33.63	1:14.08	2:40.75	29.04	1:04.58	2:25.35	1:07.61	2:26.64	5:13.72	423
422	27.06	59.91	2:12.48	4:43.66	9:51.16	18:53.35	30.14	1:05.24	2:21.46	33.66	1:14.13	2:40.87	29.06	1:04.63	2:25.46	1:07.67	2:26.75	5:13.96	422
421	27.08	59.96	2:12.58	4:43.88	9:51.63	18:54.25	30.16	1:05.29	2:21.57	33.68	1:14.19	2:41.00	29.08	1:04.68	2:25.58	1:07.72	2:26.87	5:14.21	421
420	27.10	1:00.00	2:12.69	4:44.11	9:52.10	18:55.15	30.19	1:05.35	2:21.69	33.71	1:14.25	2:41.13	29.10	1:04.73	2:25.69	1:07.78	2:26.99	5:14.46	420
419	27.12	1:00.05	2:12.79	4:44.34	9:52.57	18:56.05	30.21	1:05.40	2:21.80	33.74	1:14.31	2:41.26	29.13	1:04.78	2:25.81	1:07.83	2:27.10	5:14.71	419
418	27.15	1:00.10	2:12.90	4:44.56	9:53.04	18:56.95	30.23	1:05.45	2:21.91	33.77	1:14.37	2:41.38	29.15	1:04.83	2:25.92	1:07.88	2:27.22	5:14.96	418
417	27.17	1:00.15	2:13.00	4:44.79	9:53.52	18:57.86	30.26	1:05.50	2:22.02	33.79	1:14.43	2:41.51	29.17	1:04.89	2:26.04	1:07.94	2:27.34	5:15.21	417
416	27.19	1:00.20	2:13.11	4:45.02	9:53.99	18:58.77	30.28	1:05.55	2:22.14	33.82	1:14.49	2:41.64	29.20	1:04.94	2:26.16	1:07.99	2:27.46	5:15.47	416
415	27.21	1:00.24	2:13.22	4:45.25	9:54.47	18:59.69	30.31	1:05.61	2:22.25	33.85	1:14.55	2:41.77	29.22	1:04.99	2:26.27	1:08.05	2:27.57	5:15.72	415
414	27.23	1:00.29	2:13.32	4:45.48	9:54.95	19:00.60	30.33	1:05.66	2:22.37	33.87	1:14.61	2:41.90	29.24	1:05.04	2:26.39	1:08.10	2:27.69	5:15.97	414
413	27.25	1:00.34	2:13.43	4:45.71	9:55.43	19:01.52	30.36	1:05.71	2:22.48	33.90	1:14.67	2:42.03	29.27	1:05.09	2:26.51	1:08.16	2:27.81	5:16.23	413
412	27.28	1:00.39	2:13.54	4:45.94	9:55.91	19:02.45	30.38	1:05.77	2:22.60	33.93	1:14.73	2:42.16	29.29	1:05.15	2:26.63	1:08.21	2:27.93	5:16.48	412
411	27.30	1:00.44	2:13.65	4:46.17	9:56.39	19:03.37	30.41	1:05.82	2:22.71	33.96	1:14.79	2:42.30	29.32	1:05.20	2:26.75	1:08.27	2:28.05	5:16.74	411
410	27.32	1:00.49	2:13.76	4:46.40	9:56.88	19:04.30	30.43	1:05.87	2:22.83	33.98	1:14.85	2:42.43	29.34	1:05.25	2:26.87	1:08.32	2:28.17	5:17.00	410
409	27.34	1:00.54	2:13.86	4:46.63	9:57.36	19:05.23	30.45	1:05.93	2:22.94	34.01	1:14.91	2:42.56	29.36	1:05.31	2:26.99	1:08.38	2:28.29	5:17.26	409
408	27.37	1:00.59	2:13.97	4:46.87	9:57.85	19:06.17	30.48	1:05.98	2:23.06	34.04	1:14.97	2:42.69	29.39	1:05.36	2:27.11	1:08.43	2:28.41	5:17.51	408
407	27.39	1:00.64	2:14.08	4:47.10	9:58.34	19:07.11	30.50	1:06.03	2:23.18	34.07	1:15.03	2:42.83	29.41	1:05.41	2:27.23	1:08.49	2:28.54	5:17.77	407
406	27.41	1:00.69	2:14.19	4:47.34	9:58.83	19:08.05	30.53	1:06.09	2:23.30	34.09	1:15.10	2:42.96	29.44	1:05.47	2:27.35	1:08.55	2:28.66	5:18.04	406
405	27.43	1:00.74	2:14.30	4:47.58	9:59.32	19:08.99	30.55	1:06.14	2:23.41	34.12	1:15.16	2:43.09	29.46	1:05.52	2:27.47	1:08.60	2:28.78	5:18.30	405
404	27.46	1:00.79	2:14.41	4:47.81	9:59.82	19:09.94	30.58	1:06.20	2:23.53	34.15	1:15.22	2:43.23	29.48	1:05.57	2:27.59	1:08.66	2:28.90	5:18.56	404
403	27.48	1:00.84	2:14.53	4:48.05	10:00.31	19:10.89	30.61	1:06.25	2:23.65	34.18	1:15.28	2:43.36	29.51	1:05.63	2:27.71	1:08.72	2:29.02	5:18.82	403
402	27.50	1:00.89	2:14.64	4:48.29	10:00.81	19:11.84	30.63	1:06.31	2:23.77	34.21	1:15.34	2:43.50	29.53	1:05.68	2:27.83	1:08.77	2:29.15	5:19.09	402
401	27.52	1:00.94	2:14.75	4:48.53	10:01.31	19:12.80	30.66	1:06.36	2:23.89	34.24	1:15.41	2:43.63	29.56	1:05.74	2:27.96	1:08.83	2:29.27	5:19.35	401
400	27.55	1:00.99	2:14.86	4:48.77	10:01.81	19:13.76	30.68	1:06.42	2:24.01	34.26	1:15.47	2:43.77	29.58	1:05.79	2:28.08	1:08.89	2:29.40	5:19.62	400