

## CHMPIONNATS DU MAROC RELAIS - 22/07/2010 - CASABLANCA - Grand bassin

## 1. 4 x 100 m 4 NAGES MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
1.	ASSOUAB Adil	MAR	1992	USCM	4:17.07 (0.69)	600
	FAWZI Badreddine	MAR	1991			600
	HANNA Badreddine	MAR	1987			600
	FAWZI Amine	MAR	1986			600
2.	KOUAME Amine	MAR	1986	USF	4:18.18 (0.70)	593
	ATEMNI Mehdi	MAR	1989			593
	SLAOUI Mehdi	MAR	1990			593
	SAIDI Hamza	MAR	1991			593
3.	BADIS Yacine	MAR	1991	CODM	4:20.52 (0.77)	577
	BENTASSIL Badr	MAR	1991			577
	DIRHOUSI Amine	MAR	1990			577
	GHAZAL Hamza	MAR	1989			577
4.	BOULAAMANE Khalil	MAR	1995	CNJ	4:21.70 (0.68)	569
	HAFDI Mohamed Amine	MAR	1994			569
	EDDAHANI Idriss	MAR	1992			569
	ELLAKHMI Youssef	MAR	1990			569
5.	IBANI Wadie	MAR	1994	A.S.F.A.R	4:32.37 (0.71)	505
	ZERAIDI Issam	MAR	1992			505
	ZERAIDI Mehdi	MAR	1994			505
	LAABIRI Otmane	MAR	1994			505
6.	BAHI Aissam	MAR	1986	R.C.A.NATATION	4:36.72 (0.71)	481
	MANFALOTI Mohamed	MAR	1988			481
	ABOULOARD Fayçal	MAR	1981			481
	HANINE EI Mehdi	MAR	1993			481
7.	EL KHALFI Zouhair	MAR	1993	KACM	4:52.26 (0.94)	408
	AIBOUD BENCHAKROUNE Mohamed F	MAR	1993			408
	HACHAD Anas	MAR	1992			408
	CHEQBOUB Mohamed	MAR	1992			408
8.	EL BANAR Badr	MAR	1993	ADM	4:57.62 (0.34)	387
	RCHID Youness	MAR	1993			387
	HAMMIOUI Idriss	MAR	1995			387
	TOUCHENT Oussama	MAR	1996			387

## CHMPIONNATS DU MAROC RELAIS - 22/07/2010 - CASABLANCA - Grand bassin

**2. 4 x 100 m 4 NAGES DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
1.	BADA Meryem	MAR	1994	CODM	4:56.14 (0.75)	549
	TALOUKA Oumaima	MAR	1995			549
	CHBIHI Noufissa	MAR	1990			549
	KROUM Houda	MAR	1993			549
2.	EL HAZZAZ Zineb	MAR	1993	WAC	4:58.72 (0.79)	535
	AGOUZOUL Zineb	MAR	1993			535
	RAMOND Shahrazad	MAR	1990			535
	RAJI Boutaina	MAR	1994			535
3.	LYAGOUBI Kenza	MAR	1994	USCM	5:02.20 (0.79)	516
	ELLAIA Rania	MAR	1996			516
	EL ABDI Rania	MAR	1994			516
	MAHFOUD Lina	MAR	1995			516
4.	EL BEKRI Sara	MAR	1987	R.C.A.NATATION	5:14.09 (0.86)	460
	ZOUHAIRI Siham	MAR	1995			460
	KHALILY Ikram	MAR	1993			460
	EL KHAYAT Zineb	MAR	1996			460
5.	ENNASSIRI Lina	MAR	1996	MAS	5:27.06 (1.08)	407
	ABZI Yousra	MAR	1996			407
	ENNASSIRI Dina	MAR	1996			407
	BOUAMAMA Khawla	MAR	1994			407
6.	CHARIF OUZZANI Wiame	MAR	1995	CNJ	5:39.07 (0.80)	366
	BOULAAMANE Marwa	MAR	1993			366
	MARHFOUR Hajar	MAR	1995			366
	AMEZIANE EL HASSANI Rhita	MAR	1994			366

## CHMPIONNATS DU MAROC RELAIS - 22/07/2010 - CASABLANCA - Grand bassin

**3. 4 x 200 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
1.	ASSOUAB Adil	MAR	1992	USCM	8:31.95	600
	HANNA Badreddine	MAR	1987			600
	MDIDECH Hamza	MAR	1994			600
	CHENOUN Nabil	MAR	1990			600
2.	DIRHOUSI Amine	MAR	1990	CODM	8:32.39	599
	BENAMAR Otmame	MAR	1992			599
	BATAHI Nouaâmane	MAR	1994			599
	BADIS Yacine	MAR	1991			599
3.	BENMOUSSA Mohamed Chady	MAR	1993	CNJ	8:33.62	594
	BOULAAMANE Khalil	MAR	1995			594
	HAFDI Mohamed Amine	MAR	1994			594
	EDDAHANI Idriss	MAR	1992			594
4.	TERRAB Med El Ghali	MAR	1994	USF	8:56.96	520
	ATEMNI Mehdi	MAR	1989			520
	SAIDI Hamza	MAR	1991			520
	KOUAME Amine	MAR	1986			520
5.	ZAKI Souhail	MAR	1996	R.C.A.NATATION	9:41.74	409
	KHALIL Ilias	MAR	1994			409
	HANINE El Mehdi	MAR	1993			409
	BAHI Aissam	MAR	1986			409
6.	MGHARI Youssef	MAR	1985	SNF	9:46.96	398
	ZNAGUI Med Adam	MAR	1995			398
	ZAHIR Mohammed	MAR	1993			398
	SAIDI Omar	MAR	1985			398
7.	EL KHALFI Zouhair	MAR	1993	KACM	9:51.89	388
	HACHAD Anas	MAR	1992			388
	CHEQBOUB Mohamed	MAR	1992			388
	NADIFIYINE Younes Taha	MAR	1995			388

## CHMPIONNATS DU MAROC RELAIS - 22/07/2010 - CASABLANCA - Grand bassin

**4. 4 x 100 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
1.	BADA Meryem	MAR	1994	CODM	4:24.02	574
	GRIGUER Imane Rime	MAR	1991			574
	KROUM Houda	MAR	1993			574
	CHBIHI Noufissa	MAR	1990			574
2.	KHALILY Ikram	MAR	1993	R.C.A.NATATION	4:24.65	570
	EL KHAYAT Zineb	MAR	1996			570
	ZOUHAIRI Siham	MAR	1995			570
	EL BEKRI Sara	MAR	1987			570
3.	EL ABDI Rim	MAR	1994	USCM	4:31.69	527
	ASSOUAB Ghita	MAR	1995			527
	LYAGOUBI Yasmine	MAR	1995			527
	MAHFOUD Lina	MAR	1995			527
4.	ENNASSIRI Lina	MAR	1996	MAS	4:37.76	493
	BOUAMAMA Khawla	MAR	1994			493
	ENNASSIRI Dina	MAR	1996			493
	ABZI Yousra	MAR	1996			493
5.	MARHFOUR Hajar	MAR	1995	CNJ	4:38.76	487
	BOUHAFI Kenza	MAR	1994			487
	AMEZIANE EL HASSANI Rhita	MAR	1994			487
	CHARIF OUAZZANI Wiame	MAR	1995			487
6.	FIRAS Yousra	MAR	1996	ADM	4:44.78	457
	OUSSI Ikram	MAR	1995			457
	MAALOUF Yasmina	MAR	1996			457
	FIRAS Sofia	MAR	1995			457

## CHMPIONNATS DU MAROC RELAIS - 22/07/2010 - CASABLANCA - Grand bassin

## 5. 4 x 100 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
1.	CHENOUN Nabil	MAR	1990	USCM	3:41.20	701
	FAWZI Amine	MAR	1986			701
	ASSOUAB Adil	MAR	1992			701
	HANNA Badreddine	MAR	1987			701
2.	KOUAME Amine	MAR	1986	USF	3:49.53	627
	SLAOUI Mehdi	MAR	1990			627
	SAIDI Hamza	MAR	1991			627
	ATEMNI Mehdi	MAR	1989			627
3.	DIRHOUSI Amine	MAR	1990	CODM	3:50.59	619
	BATAHI Nouaâmane	MAR	1994			619
	BADIS Yacine	MAR	1991			619
	GHAZAL Hamza	MAR	1989			619
4.	EL HAZZAZ Mehdi	MAR	1991	WAC	3:50.70	618
	ARIGUI Salaheddine	MAR	1994			618
	KAFI Mouataz Billah	MAR	1991			618
	MAZIOUI Lounis	MAR	1994			618
5.	ELLAKHMI Youssef	MAR	1990	CNJ	3:50.75	617
	BENYACOUB Mohamed Mouâd	MAR	1987			617
	HAFDI Mohamed Amine	MAR	1994			617
	EDDAHANI Idriss	MAR	1992			617
6.	IBANI Wadie	MAR	1994	A.S.F.A.R	4:01.78	537
	LAABIRI Otmane	MAR	1994			537
	ZERAIDI Issam	MAR	1992			537
	ZERAIDI Mehdi	MAR	1994			537
7.	BAHI Aissam	MAR	1986	R.C.A.NATATION	4:04.28	520
	ABOULOARD Fayçal	MAR	1981			520
	MANFALOTI Mohamed	MAR	1988			520
	HANINE EI Mehdi	MAR	1993			520
8.	CHEQBOUB Mohamed	MAR	1992	KACM	4:17.00	447
	HACHAD Anas	MAR	1992			447
	EL KHALFI Zouhair	MAR	1993			447
	NADIFIYINE Younes Taha	MAR	1995			447
9.	RCHID Youness	MAR	1993	ADM	4:19.05	436
	TOUCHENT Oussama	MAR	1996			436
	EL BANAR Badr	MAR	1993			436
	QUITAR Bouchaib	MAR	1991			436
10.	MGHARI Youssef	MAR	1985	SNF	4:20.93	427
	SAIDI Omar	MAR	1985			427
	MOUTAOUAKEL Youssef	MAR	1994			427
	ZAHIR Mohammed	MAR	1993			427

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**6. 4 x 200 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
1.	KROUM Houda	MAR	1993	CODM	9:45.27	536
	BERRADA Soumaya	MAR	1992			536
	BADA Meryem	MAR	1994			536
	CHBIHI Noufissa	MAR	1990			536
2.	MAHFOUD Lina	MAR	1995	USCM	9:59.48	498
	ASSOUAB Ghita	MAR	1995			498
	LYAGOUBI Yasmine	MAR	1995			498
	EL ABDI Rim	MAR	1994			498
3.	MARHFOUR Hajar	MAR	1995	CNJ	10:11.36	470
	AMEZIANE EL HASSANI Rhita	MAR	1994			470
	MARHFOUR Imane	MAR	1996			470
	CHARIF OUAZZANI Wiame	MAR	1995			470
4.	BOUAMAMA Khawla	MAR	1994	MAS	10:22.56	445
	ENNASSIRI Lina	MAR	1996			445
	ENNASSIRI Dina	MAR	1996			445
	ABZI Yousra	MAR	1996			445
5.	KHALILY Ikram	MAR	1993	R.C.A.NATATION	10:58.92	375
	ZOUHAIRI Siham	MAR	1995			375
	ASSAL Rim	MAR	1995			375
	EL KHAYAT Zineb	MAR	1996			375